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Kojic Acid Provides Clue The Weekly Current To Cause of Convulsions

XPERIMENTS which demonstrate for the first time that a relatively simple and common product of sugar metabolism may have toxic results have been reported to the American Chemical Society by Dr. Theodore E. Friedemann of Chicago University's department of medicine.

Dr. Friedemann's experiments provide a clue to the cause of convulsions, for he has demonstrated that certain sugar derivatives, produced in the course of metabolism, can bring on convul-

The Chicago experimenter found that kojic acid, when injected into animals intravenously or subcutaneously in relatively small amounts, brought on drowsiness and, in some instances, sleep. Slightly larger doses produced distress and epileptiform convulsions. Still larger doses resulted in repeated fits and, eventually, death. The convulsions were markedly similar to those produced by means of large doses of in-

The symptoms of the animals on which he experimented suggested that kojic acid has a specific effect on nervous tissue, and its chemical characteristics suggested that it might have an effect on some enzyme system essential to cell respiration. Experiments carried out at his suggestion showed marked inhibition of tissue oxidations by kojic acid.

Produced By Molds

Kojic acid is easily formed from glucose by the ordinary metabolic processes of many unicellular organism. It is produced in large quantities by molds and certain aerobic bacteria, and it has

also been synthesized from glucose. The chemical structure of kojic acid is very similar to glucose, which is the building stone of ordinary cane sugar and starch. Both kojic acid and glucose have six carbon atoms and the same chemical ring structure. Kojic acid is derived from glucose through oxidation of the third carbon atom, which is followed by a splitting-out of three molecules of water. It is not a true acid, but derives its acidic properties from the phenolic hydrogen atom. Its most remarkable property, Dr. Friedemann stated, is its extremely high affinity for iron. Such a marked affinity for iron is possessed by no other sugar or protein derivative so far isolated by chemists.

The Chicago investigator pointed out that kojic acid represents an early stage in the oxidation of glucose and, in animals, might be the result of impaired metabolism, and that the conditions preceding convulsions often are such as might lead to the production in the brain of partial or intermediate oxidation products like kojic acid.

Poison From Sugar

"The possibility of autointoxication by sugar," Dr. Friedemann declared, "has never been seriously considered. Autointoxication in the truest sense is the result of poisoning by the body's own metabolic products. Many highly reactive substances have been isolated from the tissues and body fluids of animals. Most of these substances possess a complex chemical structure and practically all contain nitrogen. Our experiments show that kojic acid, a substance of simple structure and containing no nitrogen, can have a profoundly toxic action, especially on nervous tissue. When we consider the ease with which aerobic microorganisms can convert glucose from a relatively unreactive and harmless substance into a substance highly reactive and toxic by a very slight change within the molecule, and when we consider further that from 50 to 90 per cent. of our energy is derived from the metabolism of glucose (the average adult burns about one pound of glucose each day), then we should consider the possibility of autointoxication by the abnormal metabolism of carbohydrate in many clinical conditions which are accompanied or terminated by convulsions.'

Science News Letter, October 20, 1934

Only six elderly Indians alive today can speak Tonkawa, an Indian language of Texas.

In a survey of milk consumption by almost 30,000 city families in the United States, it was found that the average family bought only about half a pint daily.