

OPTICAL BARGAINS

Photographers!

Adapt your camera to this Scope for excellent Telephoto shots and fascinating photos of moon!



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3" REFLECTING TELESCOPE**

... with this Complete 87 Piece "Do-it-yourself" Kit
EXCELLENT SCIENCE CLUB PROJECT!
Get Ready to See the Artificial Satellites!

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This is an actual photograph of the moon taken through our Astronomical Telescope by a 17-year-old student.

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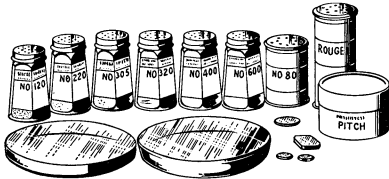


See a thrilling spark display as you set off a miniature bolt of lightning. Absolutely safe and harmless—perfect for classroom experimentation—ideal for Science Clubs. Sturdily made—stands 14" high. Turn the handle and two 9" plastic discs rotate in opposite directions. Metal collector brushes pick up the static electricity, store it in the Leyden jar type condenser until discharged by the jumping spark. Countless tricks and experiments. 24-page instruction booklet included.

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EDMUND SCIENTIFIC CORP., BARRINGTON, N. J.

PUBLIC HEALTH

Questions Fat in Diet Related to Heart Disease

► THE IDEA that the increase in coronary heart disease is related to fats in the diet was questioned by Dr. Fredrick J. Stare of Harvard University at the Golden Anniversary of the American Meat Institute.

"There may not have been an increase in fat consumption, as claimed by some," Dr. Stare said, reviewing figures comparing American diets now with those 50 years ago.

Dr. Stare made the following comments on reports about low coronary disease rates of primitive people compared to Americans and other modern peoples:

"Researches with man, particularly studies from various parts of the world where one can compare the prevalence of atherosclerosis (artery disease) in groups of people with markedly different diets, also point to the importance of diet in this disease.

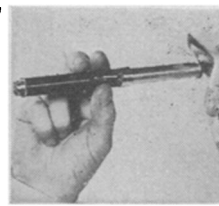
"The low fat diets of primitive groups of people differ in many other respects from our high fat diets. They are high in fiber and starch and low in sucrose (sugar). They differ in protein, vitamins and minerals. Thus, there are many other differences than fat."

Changes in body weight, diet and exercise must be considered in any discussion of coronary heart disease, Dr. Stare said.

Science News Letter, October 13, 1956

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