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# **Blood Enzyme Fingerprints**

➤ DISEASES of the heart, liver and other body organs may be detected by a study of the enzyme "fingerprints" of the blood.

One of the enzymes found in the blood, lactic dehydrogenase (LDH), regulates several important chemical processes in the body, Dr. Kenneth F. Gregory of Ontario Agricultural College, Guelph, Ont., Canada, reported to the American Chemical Society meeting in St. Louis.

Dr. Gregory worked with Dr. Felix Wroblewski of the Sloan-Kettering Institute for Cancer Research, New York.

Whenever a body organ is damaged by disease, its enzymes are released into the blood stream. Each body organ has its distinctive mixture of the five forms (isoenzymes) of LDH. The LDH isoenzyme in the blood serves to identify the damaged organ in much the same way fingerprints identify persons.

Since the isoenzymes of LDH differ markedly in their resistance to heat, the amount of enzyme destroyed by heating at different temperatures is used to identify the mixture. A large amount of LDH destroyed by heating the blood serum at a relatively low temperature indicates liver disease. If a large amount of the LDH is not destroyed by heating at a relatively high temperature, heart damage is indicated.

The multiple nature of LDH is expected to be of value in the study of evolution and genetic relationships. Only one of the isoenzymes of LDH is reported to be present in birds; two in fish, amphibia, and reptiles; and up to five in mammals.

• Science News Letter, 79:212 April 8, 1961

# **Chemicals Used in Drugs**

➤ CHEMICALS that hold, move or remove metals in the body are now being used in medicine, scientists were told at the American Chemical Society meeting in St. Louis.

Some metals are essential for the normal functioning of animal and plant tissues, Dr. Harold Hardman, Marquette University School of Medicine, Milwaukee, said.

Chemicals called chelating agents can combine with these metals. This ability can be used to benefit mankind, Dr. Hardman told a symposium on chelating agents in medicine.

Drugs that function as chelating agents can modify the activity of living cells when they combine with metals normally present in living organisms, Dr. Hardman said. One possibility is the removal of essential metals with a resulting change in growth and metabolism. This type of action may account for the anti-bacterial action of certain antibiotics.

Metals such as mercury and lead are not essential and may be harmful to animal tissues. They also can be combined and removed from the body by chelating agents.

High concentrations of a metal in a particular organ or tissue can be removed by chelating agents, Dr. Hardman said. Wilson's disease is characterized by unusually high concentrations of copper in liver and brain. The disease can be considerably modified by chelating agents that remove copper from the involved organs.

These agents may also be used to transfer heavy metals to an organism, for such ailments as iron deficiencies in plants or animals, Dr. Hardman said. The biological effect of a metal can be intensified when taken by the organism in the form of a chelate.

This appears to be a promising area for further research in the treatment of metal deficiencies in agriculture and medicine, Dr. Hardman concluded.

Chelating agents can also modify the effects of radiation, Dr. Jack Schubert of the Argonne National Laboratory, Lemont, Ill., reported.

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### Edited by WATSON DAVIS

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