

**CHARLIE BEGAY  
COULD BE THE  
WORLD'S  
SECOND  
NAVAJO  
DOCTOR. OR HE  
COULD DROP  
OUT OF SCHOOL  
IN THE SIXTH  
GRADE.**



*you could make the difference*

Charlie Begay lives in a hogan with his grandmother 27 miles from Window Rock, Arizona. School for Charlie means a one and a half mile walk every morning to the bus. It's not so bad, except in winter. As long as his shoes hold out. Charlie is a very bright little boy. A good student. But he's very poor. When his shoes give out, Charlie will probably give up.

**YOU COULD MAKE THE DIFFERENCE**

As a Futures for Children sponsor, you can help Charlie get new shoes and clothes when necessary, but more important, you can help Charlie reach his potential. You can be his friend, correspond and visit with him. Supply the encouragement and support that will help keep him in school; that will build his self-esteem; that will guide him toward a bright, secure future.

All contributions fully tax-deductible

please return the coupon below

Yes, I (we) want to sponsor an American Indian Child

a boy  a girl  either

Enclosed is a check for \$ \_\_\_\_\_ (\$15 monthly;

\$45 quarterly; \$90 semi-annually; \$180 annually)

Here's help, not as a sponsor, but with a check for \$ \_\_\_\_\_

Please send me more information

Name \_\_\_\_\_ Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_



**FUTURES FOR CHILDREN**

4401 Montgomery Blvd. N.E., Albuquerque, N.M. 87109

SN 176 / C

# BOOKS

BOOKS is an editorial service for readers information. To order any book listed or any U.S. book in print please remit retail price, plus 25c handling charge for each book to **BOOK ORDER SERVICE**, Science News, 1719 N Street, N.W., Washington, D.C. 20036. All books sent postpaid.

**ADULT FITNESS AND CARDIAC REHABILITATION**—Philip K. Wilson, Ed.—University Park, 1975, 426 p., photographs, diagrams, tables, \$19.50. Comprehensive treatise emphasizes sound, functional advice and practical information about the organization, evaluation, operation and benefits of exercise programs in cardiovascular conditioning.

**AFRICA IN THE IRON AGE** c. 500 B.C. to A.D. 1400—Roland Oliver and Brian M. Fagan—Cambridge U Pr, 1975, 240 p., photographs, drawings, maps, \$14.95; paper, \$5.95. Historical/archaeological study describes the enormous changes taking place in Africa after 500 B.C. when the North was already in the Bronze Age, Middle Africa engaged in Stone Age farming, while south of the Sahara most men lived by hunting and food gathering.

**CUSTOMIZING YOUR BOAT**—Ian Nicolson—Van Nos Reinhold, 1975, 192 p., drawings, \$12.50. Experienced builder of yachts presents practical ideas for improving, finishing or modifying yachts and small work boats.

**THE DELPHI METHODS: Techniques and Applications**—Harold A. Linstone and Murray Turoff, Eds.—Addison-Wesley, 1975, 620 p., diagrams, tables, \$29.50; paper, \$16.50. Compendium of information on the Delphi process of estimating probable effects, and its application to technological forecasting.

**EARTH RESOURCES**—Brian J. Skinner—P-H, 1976, 2nd ed., 160 p., photographs, diagrams, tables, \$8.95; paper, \$3.95. In-depth discussion of the distribution, abundance, and recovery of the world's natural resources, with emphasis on energy sources.

**ECOLOGY AND EVOLUTION OF COMMUNITIES**—Martin L. Cody and Jared M. Diamond, Eds.—Harvard U Pr, 1975, 560 p., diagrams, tables, \$29.50. Contains 18 original contributions in the areas of evolution of species abundance and diversity, competitive strategies of resource allocation, and community structure.

**THE FOOD AND HEALTH OF WESTERN MAN**—James Lambert Mount—Halsted Pr, 1975, 282 p., diagrams, tables, \$14.95. British study of changing nutritional habits in this century, analyzes data on processing, vitamin and mineral deficiencies, trace elements, compares U.S. and British health statistics, data on heart disease, obesity and diabetes.

**A GARDENER'S GUIDE TO PLANT NAMES**—B.J. Healey—Scribner, 1975, 286 p., paper, \$3.95. Reprint (1972), lists botanical equivalents of common names, gives derivation of botanical names of more than 400 genera and their species, contains glossary of specific names or epithets, lists family groups.

**HEADACHE: Understanding, Alleviation**—James W. Lance—Scribner, 1975, 240 p., \$8.95. A factual book for the layman written by neurologist, examines every type of head pain, including four chapters on migraine.