



The Body Machine

CHRISTIAAN BARNARD Consulting Editor

A completely current report of everything science knows about the body, from why we need sleep to what kinds of research doctors are doing on the control of chronic pain, from what makes hair turn gray to how human fertility may be significantly improved in the years to come.

Prepared by a team of medical experts under the editorial direction of Dr. Christiaan Barnard, the renowned surgeon who performed the first human-to-human heart transplant, the Body Machine offers a clear, direct look at the human body, exploring the way it grows, develops, and regulates itself, and what conditions help maintain it at peak performance.

Profusely illustrated, 256 pages.

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