

## **Essential Reading**

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What You Need to Know for Safe Drug Use ARRANGED IN THE FORM OF DRUG PROFILES JAMES W. LONG, M.D.

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## THE ESSENTIAL GUIDE TO

BEFORE YOU BUY OR USE A NONPRESCRIPTION DRUG YOU SHOULD KNOW

If it can treat or cure your symptom or condition If it is effective

If it is safe for your children
If it does what the manufacturer claims How much you should take-and how often How long you can treat yourself with the drug before seeing a doctor

DAVID R. ZIMMERMAN