

How Do They Do It?

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- Should free throws in basketball be taken underhand or overhand?
- Is it better or worse to run in the inside lane?

In SportScience, physicist and lifelong sports enthusiast Peter Brancazio reveals the scientific principles behind these and other aspects of athletic performance and their optimal conditions. Drawing upon the latest scientific research in the field of practical physics, Brancazio explains everything from the dynamics of karate to the aerodynamics of a golf ball, from the drag of a human body in the water to the science of catching a fly ball.

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Simon and Schuster, 1984, 400 pages, 9½" x 6¼", hardback, \$18.95

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By Michael Zohary

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Coriander

Now the house of Israel called its name man-

Exodus 16.3

THE Bible tells us that the fitmous beavenly bread of the Investion in the down't the manna-was like the seeds of gard. To identify god mortal and the processor of gard. To identify god mortal tells of the processor of the Septiagent raws of the processor of the Septiagent raws of the Septiagent with god refers to worstwood ultravenisat, not contained to worstwood the Septiagent with god refers to worstwood ultravenisat, not contained to worstwood the Septiagent with god the Septiagent raws of the Se

Coriander, moreover, is never found in the desert, and its brown grains cannot be compared with the white drops of manna, which should more appropriately be equated with any of a score of common desert plants with white round seeds or firulis, or with plants whose Arabic name

The corisander is an annual hards of the Carrot family, with deeply include flavors and umbals of white flavors. In trust are globatist. 1-3 mm across, and are crowned by a radimentary, and rate cough, all parase for highest have a strong odor. It is native to larsed and occurs as a weed among water crops. Como widely cultivated on a conditional, for leaves are sometimes used fit effects except, poolings, curries and wines it also diverse tays.



Cambridge University Press, 1984, 223 pages, 934" × 7", hardback, \$16.95.

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