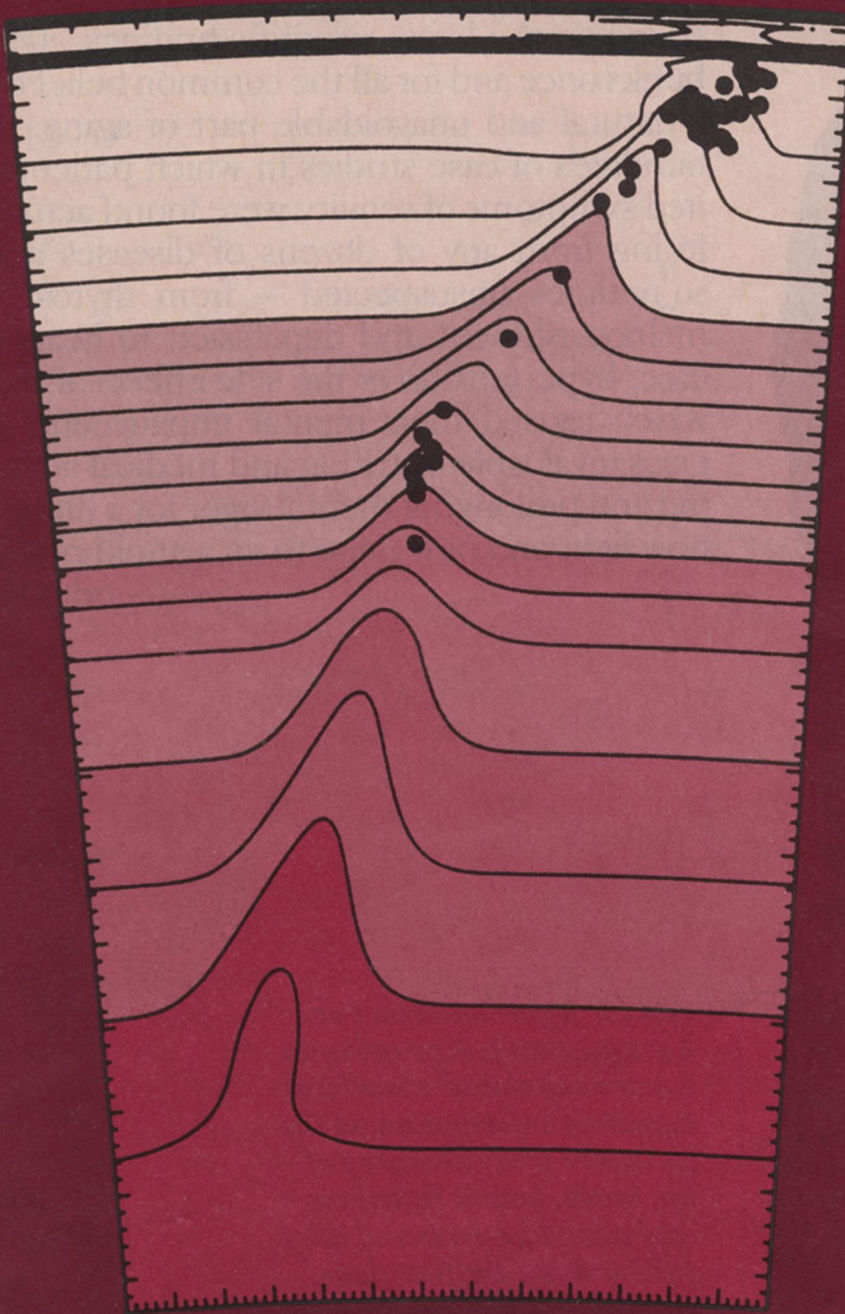


The Weekly Newsmagazine of Science

# SCIENCE NEWS

August 16, 1986  
Vol. 130, No. 7  
Pages 97-112



Tectonic  
Plates:  
How  
Low  
Do  
They  
Go?

# AGING MYTHS

## Reversible Causes of Mind and Memory Loss

By SIEGFRIED KRA



Based on the latest scientific findings, *Aging Myths* debunks once and for all the common belief that senility is a natural and unavoidable part of aging. Kra recounts hundreds of case studies in which patients who exhibited symptoms of senility were found actually to be suffering from any of dozens of diseases and disorders, sometimes unsuspected — from thyroid imbalances, malnourishment and depression to heart or lung disease, hypertension or the side effects of medications — which caused their mental impairment. *Aging Myths* gives invaluable nutrition and medical advice on retaining and prolonging mental vigor for a lifetime, bringing new light and new hope to an age-old problem.

— from the publisher

Science News Book Order Service  
1719 N Street, NW  
Washington, DC 20036

Please send \_\_\_\_\_ copy(ies) of *Aging Myths*. I include a check payable to Science News Book Order Service for \$17.95 plus \$1.00 handling (total \$18.95) for each copy. Domestic orders only.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

RB564

*“Not for hypochondriacs or the squeamish. Kra assumes we are capable of absorbing a mass of information on the structure and chemistry of the brain, how it functions and ages; also how and why it sometimes malfunctions.”*

— *Kirkus Reviews*

McGraw-Hill,  
1986, 9<sup>3</sup>/<sub>4</sub>" x 6<sup>3</sup>/<sub>4</sub>",  
278 pages, hardcover,  
\$17.95

