

THE BOOK OF SOLO GAMES

BY
GYLES
BRANDRETH

Card games, board games, dominoes, fivestones (jacks), tiddly-winks, marbles, dice, coins and matches, tangrams, calculator games, paper and pencil games, mental games — there's a lot more to *The Book of Solo Games* than just solitaire. This is a clever and unique guide to over three hundred games for one player. Some of these games are familiar, but many more are new, and the selection is world-wide — from California to Canton. Some are cerebral and challenging; others are just simple and fun. There's also a selection of games for children.

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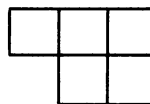
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Remove only three sticks and
leave three squares.



Harper & Row, 1986,

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The Dynamics of Nuclear Proliferation — Stephen M. Meyer, foreword by Joseph S. Nye Jr. Systematically examines the assumptions and contending hypotheses that constitute present thinking on nuclear proliferation. A more precise understanding of how the process operates should offer, the author feels, better guidance for predicting future proliferation and for controlling it. Originally published in hardback in 1984. U of Chicago Pr, 1986, 229 p., paper, \$8.95.

Epilepsy and the Family — Richard Lechtenberg. "Most people with epilepsy are able to lead virtually normal lives. Informed and understanding families are vitally important in helping them to do so," says the author. This book was written for epileptic patients and those close to them. Discusses the biological basis for diagnosis and treatment, together with many of the psychological aspects of epilepsy. Originally published in hardback in 1984. Harvard U Pr, 1986, 223 p., illus., paper, \$7.95.

The Joy of Wildflowers: A Fieldbook of Familiar Flowers of Rural and Urban Habitats in the Eastern United States — Millie B. House. In this guide to discovering and enjoying wildflowers, the plants are grouped according to habitats such as beaches, bogs, salt marshes, roadsides, vacant lots, open fields and woodlands. When appropriate, the wildflowers within each habitat are divided into blooming periods. The descriptions of the plants include information on range, use and folklore. P-H Pr, 1986, 158 p., line drawings by Lucia deLeiris, paper, \$9.95.

Managing Hypertension: The Complete Program Developed by The Cleveland Clinic — James V. Warren and Genell J. Subak-Sharpe. Provides an overview of one of the most common and serious diseases — hypertension or high blood pressure. Discusses the treatment program of The Cleveland Clinic, a leading research center for cardiovascular disease. Doubleday, 1986, 179 p., \$14.95.

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