# Vital Lies, Simple Truths The Psychology of Self-Deception

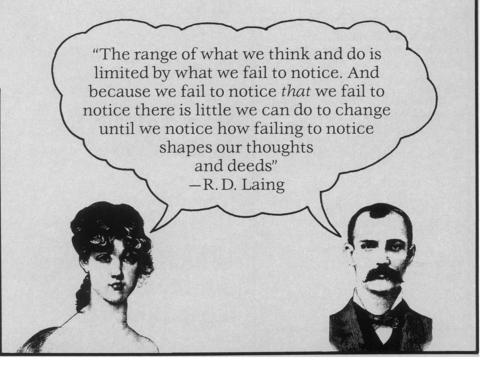
### Daniel Goleman

Everything the mind perceives is sorted, filtered and censored by the unconscious before it reaches awareness, and as much as 99 percent is never even registered. Our blind spots block these perceptions and in so doing offer us a sense of security, but at a psychological cost. The mind actively shields itself from anxiety by twisting attention away from painful truths. Thus, in an effort to avoid anxiety, the unconscious censors information, whether it be perceptions of the moment or distant memories. The result of this filtering is a soothing self-deception which diminishes anxiety — but the price to be paid is a blunted experience of life.

Goleman draws upon a wide variety of evidence from brain function to social dynamics to reveal the ways in which we skew crucial aspects of our lives, of our most intimate relationships and of our common reality.

Simon & Schuster, 1985, 287 pages, 9½" x 6½", paperback, \$8.95

Science News Bo 1719 N Street, NW Washington, DC 2	
Lies, Simple Truth payable to Science	copy(ies) of Vital as. I include a check e News Books for \$8.95 g (total \$9.95) for each ders only.
Address	
City	
State	Zip
	RB625



## Everything is Somewhere

### The Geography Quiz Book

Jack McClintock & David Helgren

When one-third of David Helgren's freshman geography class at the University of Miami couldn't locate the Pacific Ocean and seven percent could not point out Miami on the maps on their desks, a national nerve was struck. Since his quiz results were nationally publicized, Helgren has received hundreds of letters and calls — many from people wanting to be quizzed on their knowledge or learn more about geography. Everything is Somewhere contains hundreds of questions that will challenge even the most "worldly" trivia buffs.



#### Where is the oldest ship in the world?

Where would you find the largest spider?

Where are the best Panama hats made?

1	1	۲
1	N	ı

Morrow/Quill, 1986, 442 pages,  $11'' \times 8\frac{1}{2}''$ , paperback, \$10.95

Science News Books

1719 N St., NW, Washington, DC 20036

Please send \_\_\_\_ \_\_\_copy(ies) of **Every**thing is Somewhere. I include a check payable to Science News Books for \$10.95 plus \$1.00 handling (total \$11.95) for each copy. Domestic orders only.

Zip

Name

Address

City

State

RB626

What is fog?

How hot can it get in the shade?

Which is the most widely planted agricultural tree?

What are the horse latitudes?

What continent has the highest birth rate?

Which is larger — Asia or the Pacific Ocean?