

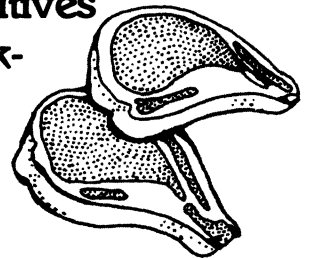
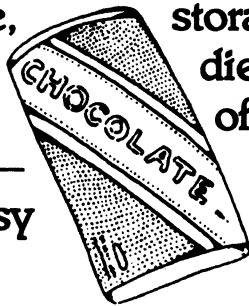


ON FOOD AND COOKING

A unique blend of culinary lore and scientific explanation about food, written by Harold McGee.



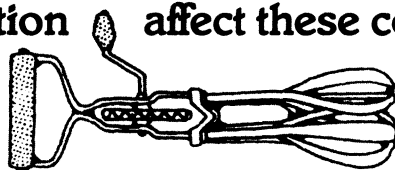
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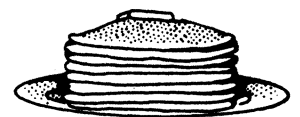
The second course offers two chapters devoted to nutrition, digestion and sensation—including food fads in the United States, hunger and thirst, taste and smell.



Enjoy a third course highlighted by water, fat, protein and carbohydrates—the building blocks of all foods—including how cooking and preparation affect these components and why certain utensils



can leave you with egg whites that wilt or pancakes that puddle.



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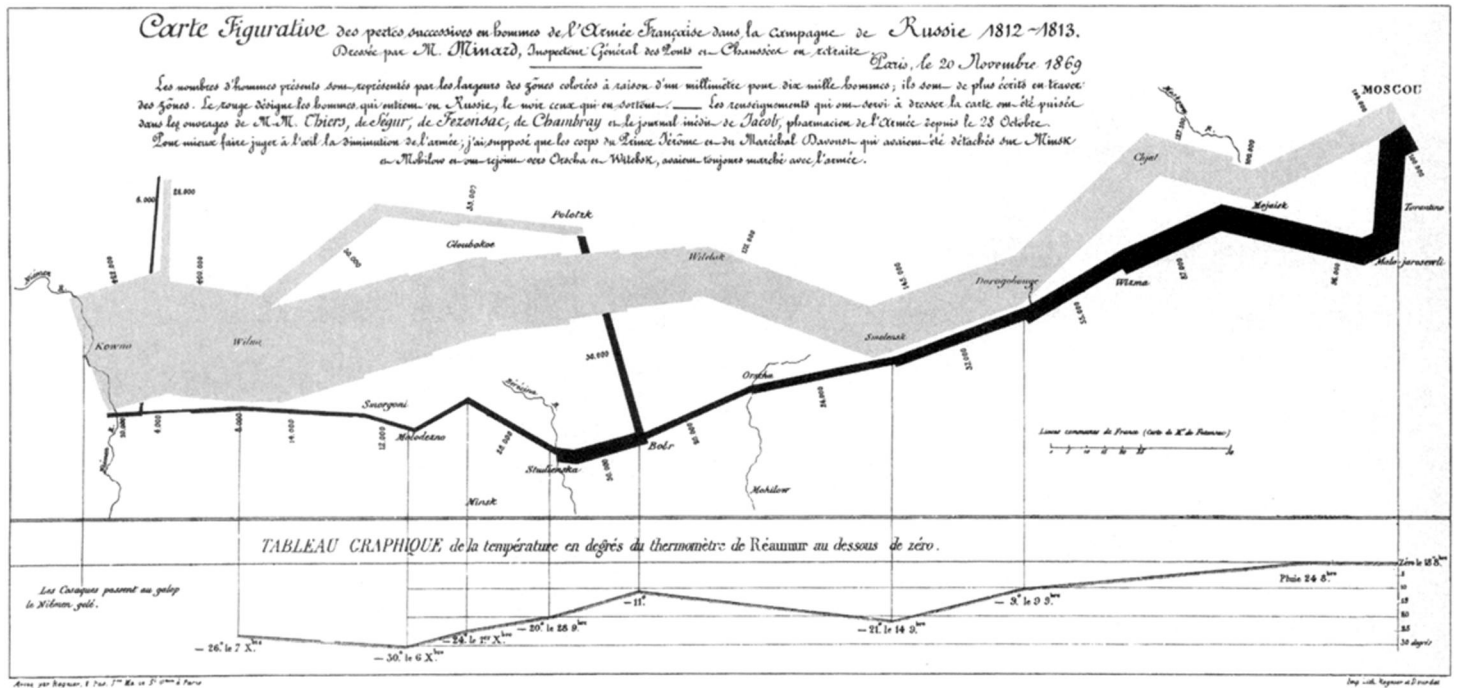
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