

Succeed with Math

Every Student's Guide To Conquering Math Anxiety

Succeed with Math is the ground-breaking practical guide that can help to conquer math anxiety and provide the tools to master mathematics in high school and college courses and in the world of work.

— from the publisher

- Explore new ways to think about mathematics.
- Discover and use the learning style that suits you best.
- Learn techniques to solve a wide variety of math problems.
- See how math is used today in business planning, social research and laboratory experiments.
- "Succeed with Math is an important undertaking with a valuable message for all youth: Don't stop your study of mathematics." — Lynn Arthur Steen, former president of the Mathematical Association of America

By Sheila Tobias

College Board, 1987, 252 pages, 6" x 9", paperback, \$12.95 ISBN 0-87447-259-8

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If the pundits are correct and laughter is the best medicine, then Hunan Hand and Other Ailments may be the latest wonder drug. This compendium of letters published in The New England JOURNAL OF MEDICINE will surely cure a frown. "Hunan Hand," by the way, is a rare and peculiar malady that sometimes afflicts people who cook Chinese food, particularly those who have just finished sanding furniture! A letter describing a patient's reaction to the syndrome quickly elicited a response from a physician with a simple treatment. Both are included herein.

— from the publisher

Edited & Compiled by **Shirley Blotnick Moskow**

"Most of the letters in "Hunan Hand" are meant to raise at least a smile, and most of them succeed. Some, indeed, are uproarious. Medical humor can be a tricky business: doctors need to know how to cheer their patients up, and how to armor themselves by seeing the funny side, but most of us have also come across examples of medical humorists who are callous or crass — to borrow a phrase that Ms. Moskow uses in another context, 'Hippocratic oafs.' On this occasion, however, such jokers have been denied admission." — The New York Times

Little, Brown & Co., 1987, 186 pages, $61/4'' \times 91/2''$ hardcover, \$15.95 ISBN 0-316-58533-5

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