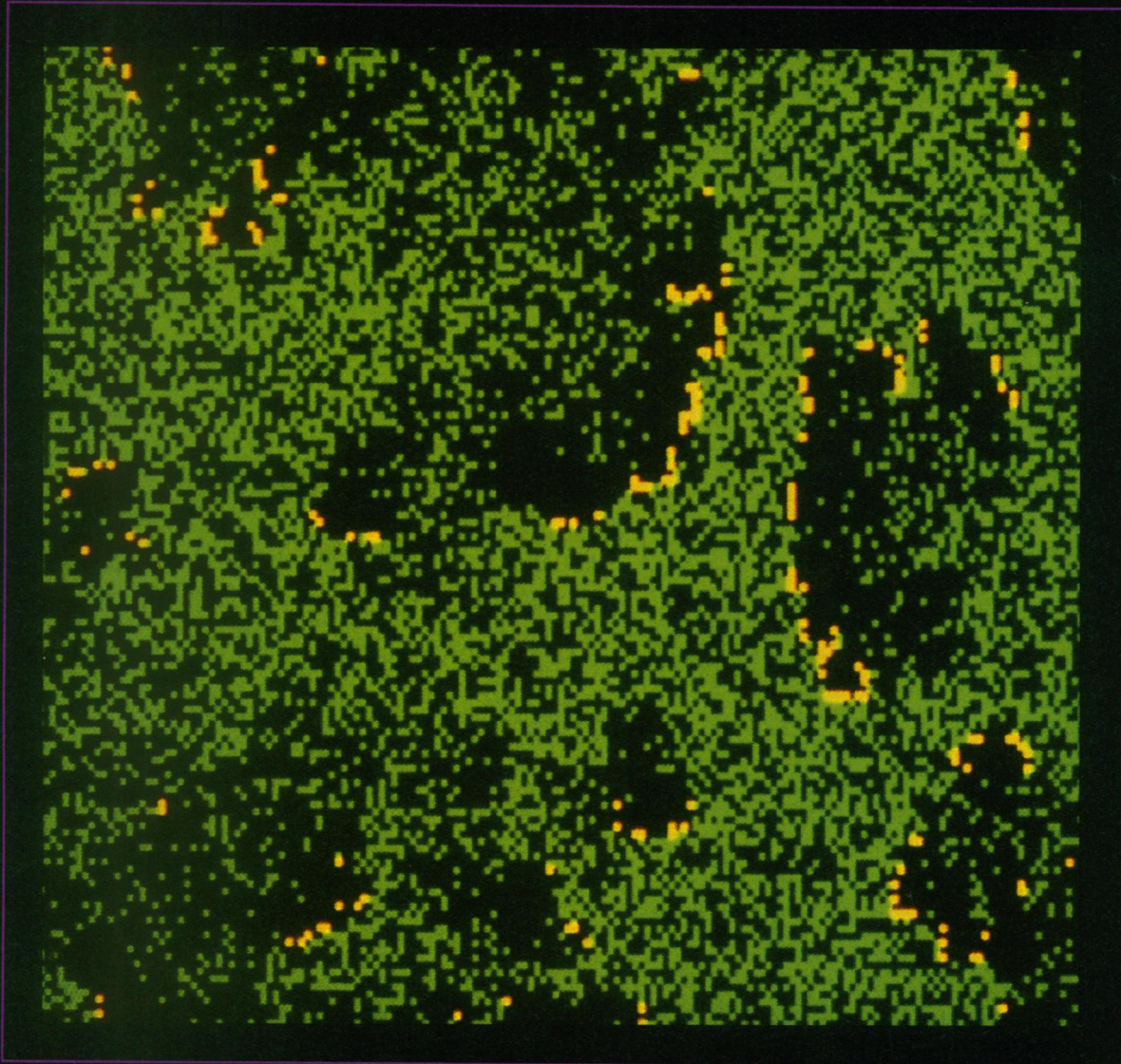


The Weekly Newsmagazine of Science

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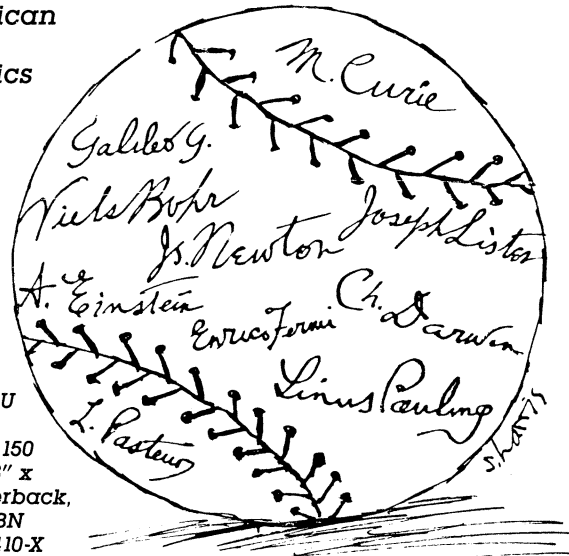
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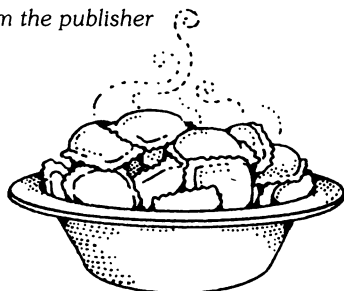
The Surgeon General's Report on Nutrition and Health 1988



Diseases such as coronary heart disease, stroke, cancer and diabetes remain leading causes of death and disability in the United States. Substantial scientific research over the past few decades indicates that diet can play an important role in prevention of such conditions. The Public Health Service has now reviewed this research and has produced a comprehensive analysis of the relationship between dietary factors and chronic disease risk. This *Surgeon General's Report on Nutrition and Health* summarizes research on the role of diet in health promotion and disease prevention. Its findings indicate the great importance of diet to health. They demonstrate that changes in present dietary practices of Americans could produce substantial gains in the health of the population. The Public Health Service is committed to improving the health of Americans through its programs in education, services and research.

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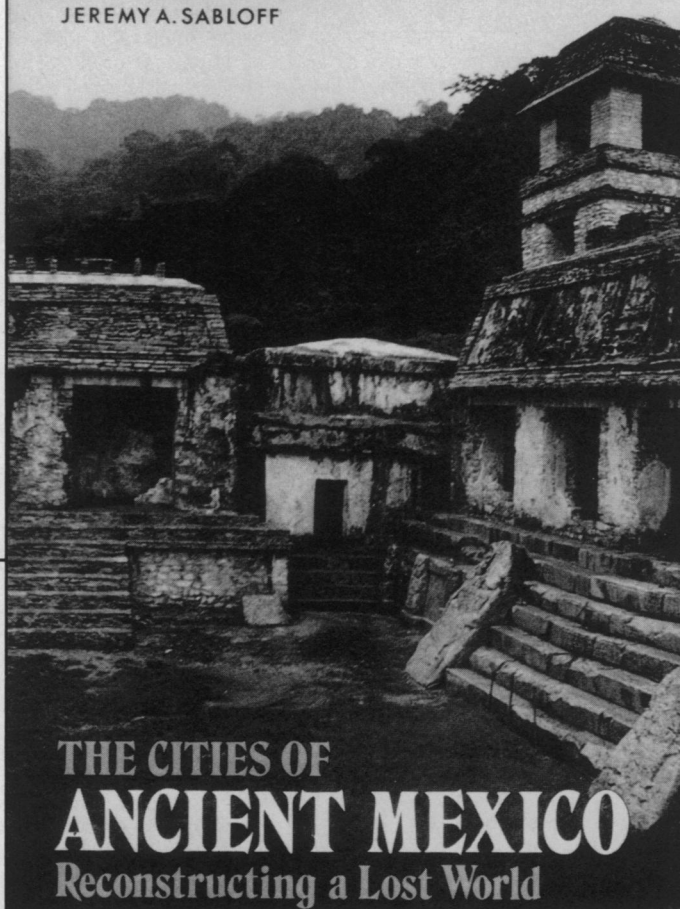
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