

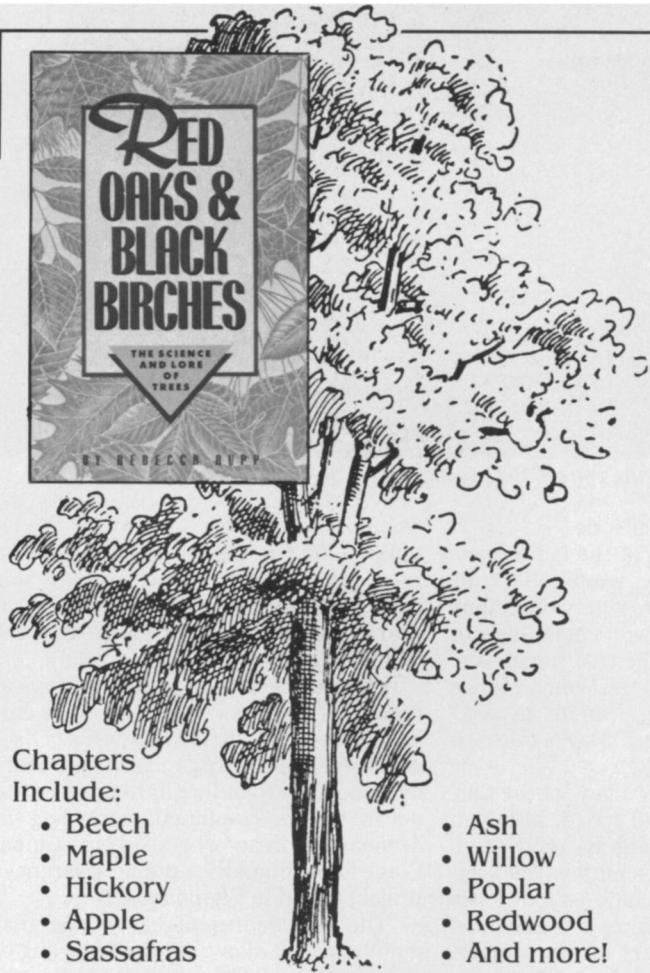
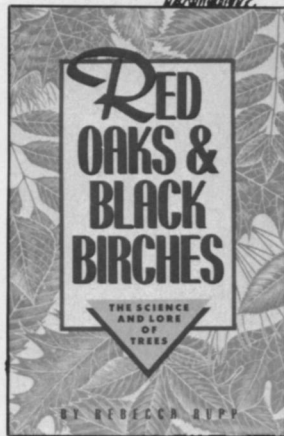
The Weekly Newsmagazine of Science

# SCIENCE NEWS

December 8, 1990  
Vol. 138, No. 23  
Pages 353-368



Newfangled  
Antivenins



Chapters Include:

- Beech
- Maple
- Hickory
- Apple
- Sassafras
- Ash
- Willow
- Poplar
- Redwood
- And more!

Did you know that oak is struck by lightning more than any other tree? That Anne Boleyn is buried in an elm crate? That Ernest Hemingway drank apple cider on safari? That you can make soap with horse chestnut conkers?

Rebecca Rupp has the knack for capturing the fun and fascination of nature — and the way people have interacted with our natural world through the centuries. She makes our most common landscape feature, the tree, suddenly come alive with legends, lore and tidbits of information. If you've always wondered why leaves turn color or why annual rings form, you'll find the answers inside — and you'll find yourself looking at trees in a whole new way!

— from the publisher

Storey Communications, 1990, 276 pages, 6" x 9", paperback, \$10.95

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RB1345



*“Your Aching Back should be read by every person afflicted with low back pain, and perhaps everybody.”*

— The New England Journal of Medicine

# YOUR ACHING BACK

— A Doctor's Guide To Relief —

By Augustus A. White III, M.D.



At last, Dr. Augustus A. White, one of the world's leading specialists in back pain and spine-related problems, has revised and updated his trusted and authoritative manual. This definitive edition of *Your Aching Back* offers the latest findings on back ailments and their treatments, giving information on:

- basic back mechanics
- the most common reasons for backache and the most likely sufferers
- the most current diagnostic techniques
- basic back self-care: nonsurgical and preventive techniques; home treatments
- surgery: the most up-to-date technology and procedures.

This comprehensive manual also includes a glossary of terms, answers to the most commonly asked questions regarding back pain, and predictions on the future of back care. More than 70 line drawings illustrate various back conditions and treatments, completing this indispensable book. — from the publisher

Simon & Schuster, 1990, 332 pages, 6" x 9", paperback, \$9.95

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YourAching

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Please send \_\_\_\_\_ copy(ies) of *Your Aching Back*. I include a check payable to Science News Books for \$9.95 plus \$2.00 postage and handling (total \$11.95) for each copy. Domestic orders only.

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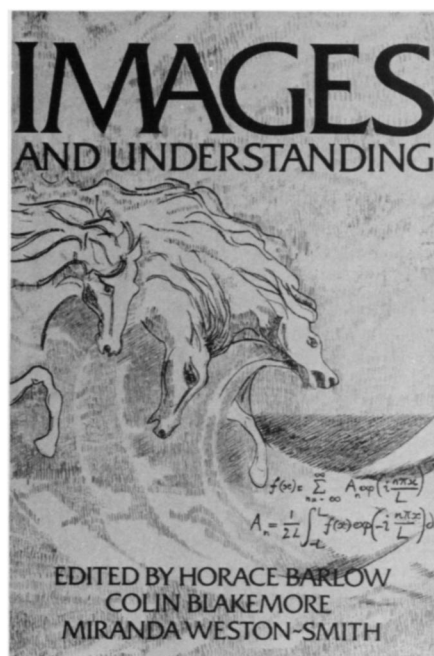
RB1343

How do you paint a picture of infinity? How do you draw a diagram explaining entropy? *Images and Understanding* explores the human problems of moving facts and ideas from one mind to another — the problem of how we see and communicate using images expressed in pictures, diagrams, words, music and dance.

For artists as well as scientists, discussion of this topic is timely; electronic and computing technology is expanding the means of generating and communicating images, while physiology and psychology are revealing the neural mechanisms of coding, perceiving and understanding them. The book is divided into six sections, each with an explanatory introduction followed by comprehensive illustrations.

*Images and Understanding* is unique in viewing the problems of imagery through the eyes of both science and art; it gives new insight into images and new ideas about understanding.

— from the publisher



ImagesUnder  
Science News Books, 1719 N St., NW, Washington, DC 20036

Please send me \_\_\_\_\_ copy(ies) of *Images and Understanding*. I include a check payable to Science News Books for \$24.95 plus \$2.00 postage and handling (total \$26.95) for each copy. Domestic orders only.

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RB1341

Cambridge Univ. Pr., 1990, 401 pages, 6¾" x 9¾",  
paperback, \$24.95

## The Complete Book of Herbs, Spices and Condiments

From Garden to Kitchen to Medicine Chest

By Carol Ann Rinzler

*The Complete Book of Herbs, Spices and Condiments* provides all the information you need to know about the many herbs, spices and condiments we use to flavor our foods. Each entry is presented not only as a seasoning, but also as an individual health product, complete with the same kind of information found in prescription or over-the-counter drugs.

Each of the more than 100 entries contains four distinct categories of information:



1. About The Plant
2. About The Herb/Spice/Condiment
3. How The Herb/Spice/Condiment Affects Your Body
4. How to Use The Herb/Spice/Condiment

Comprehensive and up to date, this book is an invaluable resource for all cooks, gardeners and health food enthusiasts.

— from the publisher

Facts on File, 1990, 199 pages, 6" x 9",  
hardcover, \$19.95

Did you know that:

- Basil can be used as an insect repellent in the garden?
- Ginger may relieve motion sickness?
- Large doses of nutmeg can produce serious toxic effects?

Science News Books BookHerbs

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