

Books

Books is an editorial service for readers' information. To order any book listed or any U.S. book in print, please remit retail price, plus \$2.00 postage and handling charge for each book, to **SCIENCE NEWS BOOKS**, 1719 N Street, NW, Washington, DC 20036. All books sent postpaid. Domestic orders only. Please allow 4-6 weeks for delivery.

Are You at Risk? How to Identify and Reduce Your Risk For More than 100 Diseases and Medical Conditions—Carol Ann Rinzler. Explains for the general reader whether factors such as age, environment, gender, smoking, family history and occupation can affect a person's susceptibility to conditions such as obesity, lung cancer, migraines, strokes and lupus. For each condition, Rinzler describes practical methods of risk reduction. A helpful appendix lists organizations that provide information or referrals on many of these disorders. Facts on File, 1991, 208 p., hardcover, \$21.95.

The Astronomer's Universe: Stars, Galaxies and Cosmos—Herbert Friedman. An accessible introduction to the amazing astronomical finds of the late 20th century. Friedman, an astronomer, discusses radio waves, infrared radiation, red giants, white dwarfs, black holes, neutron stars, quasars, the search for life in the universe and more. He vividly portrays scientists past and present who have dedicated themselves to the stars; the text is sprinkled with stellar allusions drawn from songs and poetry. Includes a helpful glossary of astronomical terms. Originally published in hardcover in 1990. Ballantine, 1991, 359 p., illus., paperback, \$14.00.

The Decade of Discovery in Astronomy and Astrophysics—National Research Council. This report summarizes the current status of astronomical and astrophysical research, surveys existing programs, describes technological developments needed for future instruments and makes recommendations for ground- and space-based initiatives for the coming decade. A valuable resource for general readers interested in future research and funding priorities in these fields. Natl Acad Pr, 1991, 181 p., illus./color plates, paperback, \$24.95.

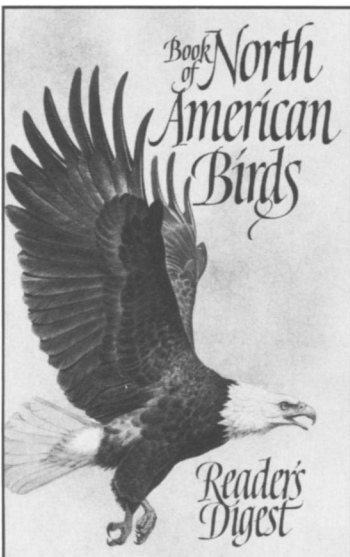
The Healing Brain: A Scientific Reader—Robert Ornstein and Charles Swencionis, Eds. Studies have shown that psychological states and life traumas can adversely affect the immune system. In this book, eminent psychiatrists, psychologists and neuroscientists describe investigations of brain-mind-body relationships that are changing scientists' perceptions of health and illness. Invaluable reading for mental health clinicians, researchers and physicians. Originally published in hardcover in 1990. Guilford Pr, 1991, 262 p., paperback, \$17.95.

The Life and Death of a Druid Prince: The Story of Lindow Man, an Archaeological Sensation—Anne Ross and Don Robins. A speculative account of the events leading to the death of the man whose 2,000-year-old torso was found well preserved in an English peat bog. Tracing the archaeological investigation as if it were a detective story, the authors reconstruct Lindow Man's life and death in the context of Celtic Britain and the threatened Druid religion. Originally published in hardcover in 1989. S&S, 1991, 176 p., illus., paperback, \$10.95.

Peterson First Guide to Rocks and Minerals—Frederick H. Pough. This simplified version of the popular "Peterson Field Guide" illustrates and describes common rocks and minerals, provides basic explanations of how and where the different types form, and explains how beginners can find and identify them. A handy, pocket-sized guide for fledgling collectors. HM, 1991, 128 p., color illus., paperback, \$4.95.

The Psychology of Jealousy and Envy—Peter Salovey, Ed. A well-referenced, scholarly overview of current research on jealousy and envy. One major section focuses on personality and other innate factors affecting an individual's likelihood of experiencing jealousy or envy; another focuses on interpersonal interaction and social constraints on the expression of jealousy. A third section examines the larger framework of family, nationality and ethnicity, discussing how this affects a person's sense of self, which in turn helps define the situations in which an individual is vulnerable to feeling envy or jealousy. Of interest to professionals and students in social psychology, clinical psychology or sociology. Guilford Pr, 1991, 293 p., hardcover, \$35.00.

When is a Pig a Hog? A Guide to Confoundingly Related English Words—Bernice Randall. Explains the subtle (and sometimes not-so-subtle) differences between terms that are often mistakenly interchanged, such as gem/jewel, number/numeral, meteor/meteorite, and centripetal/centrifugal. Subject sections include "Nature and Science," "Our Bodies and Medicine," and "The Arts." Prentice Hall Pr, 1991, 328 p., hardcover, \$19.95.



Reader's Digest Assoc., 1990, 576 pages, 6 1/2" x 11", hardcover, \$32.95

Soaring hawks, delicate hummingbirds, elegant herons — the birds of North America are an endless source of delight to anyone who enjoys nature. The **Book of North American Birds** brings you nearly 600 of these remarkable creatures — every major North American species — showcasing them in all their stunning beauty and bringing to light their myriad personalities and intriguing ways of life. Hundreds of specially commissioned paintings by world-renowned wildlife artists are accompanied by the lively, informative commentary of nature writers who have spent years pursuing the secrets of birds. This lovely volume also includes information on bird recognition, individual range maps for each species and a traveler's guide to more than 350 great birdwatching spots across North America.

— from the publisher

Order by Phone!
1-800-544-4565
(Visa or MasterCard Only)

Backyard Bird Song



Richard K. Walton & Robert W. Lawson

This audio guide introduces 28 of the most common bird species of eastern and central North America and their songs,

grouped according to song similarity. A helpful narrative explains exactly what to look for to distinguish one bird from another, and a 32-page booklet illustrates each species and briefly describes their vocalizations. An entertaining introduction to the sights and sounds of your own backyard!

Houghton Mifflin, 1991, one cassette and booklet, paperback, \$19.95

Science News Books, 1719 N Street, NW, Washington, DC 20036 BookNABirdsH BkydBirdSong

Please send me the item(s) marked below. I enclose the price of the item(s) plus \$2.00 for postage and handling per item. Domestic orders only.

— **Book of North American Birds**, \$32.95 — **Backyard Bird Song**, \$19.95

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

(used only for problems with order)

RB 1473