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The Concise Oxford Dictionary of Zoology—edited by Michael Allaby. This reference, the only one of its kind available in English, defines nearly 6,000 terms from vertebrate and invertebrate zoology, covering subjects such as ecology, evolutionary concepts, animal behavior, Earth history, cell structure, physiology, zoogeography, taxonomic principles and genetics. Particular emphasis is given to arthropods, fish, reptiles, amphibians, birds and mammals. For students, amateur naturalists and general readers. Oxford U Pr, 1991, 508 p., hardcover, \$39.95.

Diary of An Arctic Year—Stephen J. Krasemann. An engaging account of the author's year-long journey through the Arctic. Krasemann sprinkles his text with historical vignettes and captures on film dramatic ice floes, stunning rock formations and countless species of plants and animals, including memorable shots of four plover hatchlings and a bear lunging for dinner with lightning speed. For anyone interested in nature, photography or the environment. Chronicle Bks, 1991, 192 p., color illus., hardcover, \$35.00.

Earl Mindell's Herb Bible—Earl Mindell. A guide to the use of herbs to prevent, reverse or mitigate ailments and discomforts, written by the author of *Earl Mindell's Vitamin Bible*. From the thousands of herbs used throughout the world, Mindell has derived a list of the "Hot Hundred"—those he views as having the greatest potential to make a significant contribution to our lives. Includes advice on choosing and using these herbs to relieve such conditions as morning sickness, headaches and cold or flu symptoms. Mindell, an herbalist, cautions readers to consult a physician before using any herbal remedies. S&S Trade, 1992, 300 p., paperback, \$13.00.

No More Back Pain—Alfred O. Bonati and Shirley Linde. A surgeon and a medical writer offer a head-to-toe program designed to relieve back pain and avoid its recurrence. The authors explain causes of chronic as well as occasional back pain and detail an exercise and eating regimen to promote a healthy back. Pharos Books NY, 1991, 256 p., hardcover, \$17.95.

The Great White Lie: How America's Hospitals Betray Our Trust and Endanger Our Lives—Walt Bogdanich. Focusing on 16 case studies of hospital management and administration, Bogdanich, a Pulitzer prize-winning investigative reporter, examines the state of the U.S. hospital system. He offers hope for the future by detailing a new program that would give patients the information they need to pick the highest-quality hospitals with the lowest cost. He also calls for a coherent national health care program based on well-conceived policies, and for public access to a national data bank of doctors who have been disciplined for major misconduct or incompetence. For health professionals and general readers. S&S, 1991, 320 p., hardcover, \$23.00.

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