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HENRY HOLT
RETIREMENT
SOURCEBOOK

AN INFORMATION
GUIDE FOR
PLANNING AND
MANAGING
YOUR AFFAIRS

WILBUR CROSS

A HENRY HOLT REFERENCE BOOK

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Where can adult children get information on how to care for older relatives who are lonely, infirm or disabled?

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Insightful and comprehensive!

THE HENRY HOLT RETIREMENT SOURCEBOOK is a compendium covering every aspect of life after retirement. In addition to providing a resource base for anyone who is retired or planning to, the book is also designed for family members of retirees, friends and colleagues.

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By the end of the 1990s, 50 million Americans will be over the age of 50 and 35 million will be over the age of 65. Corporate realities such as mergers and acquisitions and layoffs have forced early or involuntary retirement for many of those under age 65. In the current unstable economic climate, many of these people have changed jobs frequently and do not qualify for retirement funds. For those individuals who do qualify, many often find that corporate retirement programs are inadequate and that neither these funds nor social security income can be counted on to provide retirement security.

In his new book, **THE HENRY HOLT RETIREMENT SOURCEBOOK**, author Wilbur Cross profiles over 500 information sources of use to aging Americans with eleven overview chapters on topics such as health care, financial management, investment, travel and leisure, education, and food and nutrition. In addition, the author provides an "A to Z" listing of retirement sources, each fully annotated with a profile, and when applicable, a list of publications and other information aids. An extensive bibliography provides readers with more detailed sources of information on particular topics.

With information sources that will help you to:

- find the best place for your retirement residence
 - answer questions and concerns on important financial matters
 - locate sound counsel on legal affairs
 - develop new hobbies
 - plan nutrition and exercise programs
 - show the benefits of volunteerism and much, much more
- from the publisher

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