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The Complete Sports Medicine Book for Women—Mona Shangold and Gabe Mirkin. Two physicians address health issues unique to female athletes and offer advice on choosing the right activity, incorporating upper-body weight training and keeping fit during pregnancy. This guide includes a discussion of the hazards of beta blockers, growth hormones and anabolic steroids. Shangold directs the Sports Gynecology and Women's Life Cycle Center at Hahnemann University; Mirkin is a fitness broadcaster and columnist. S&S, 1992, 240 p., paperback, \$13.00.

Global Warming: Understanding the Forecast—Andrew Revkin. Chronicles the history of the atmosphere and climate and explains how rising levels of carbon dioxide and other greenhouse gases are gradually turning up the global thermostat. Revkin describes two possible futures: one in which we ignore the warnings and one in which individuals and government stop playing "climate roulette." He concludes with 20 suggestions for reducing the risk of global warming. With 125 color photographs, 25 black-and-white photographs and specially commissioned illustrations. Abbeville Press, 1992, 180 p., hardcover, \$29.95.

Heredity and Your Family's Health—Aubrey Milunsky. This nontechnical guide to the risks of inheritable disease explains the principles of genetic inheritance and what one can do to prevent or minimize the effects of harmful genes. The author, a professor of pediatrics, obstetrics and gynecology, and pathology, offers advice on the use of genetic counseling before conception, what tests are available and what options exist. Johns Hopkins, 1992, 512 p., paperback, \$18.95.

Scientific Literacy and the Myth of the Scientific Method—Henry H. Bauer. What direction should public universities take as we approach the 21st century? Why and to what extent should society support basic scientific research? The author addresses the issue of the declining scientific and research literacy in the United States and attempts to inform readers about the place of science and technology in today's world. U of Ill Pr, 1992, 180 p., hardcover, \$24.95.

The Secret Ring: Freud's Inner Circle and the Politics of Psychoanalysis—Phyllis Grosskurth. This account of Freud's Secret Committee, a small group that governed the psychoanalytic movement from 1912 to 1927, is based in part on unpublished material. Grosskurth describes the main figures in the psychoanalytic movement in the years before the Holocaust, how Freud exerted control over them, how they fought with one another and competed for his favor, and how, ultimately, they laid the foundations of international psychoanalysis. Addison-Wesley, 1991, 245 p., hardcover, \$22.95.

Taking Out the Trash: A No-Nonsense Guide to Recycling—Jennifer Carless. This comprehensive overview of recycling describes how individuals, businesses and communities can help alleviate America's garbage crisis. The author, a writer specializing in environmental issues, discusses common and uncommon recyclable materials, describes simple lifestyle changes to reduce the amount of nonrecoverable material in the waste stream and urges readers to consider recyclable materials as resources, not garbage. Island CA, 1992, 249 p., paperback, \$16.00.

Today's Children: Creating a Future for a Generation in Crisis—David A. Hamburg. The president of the Carnegie Corporation examines how the American family has changed in the last 30 years, highlighting a lack of prenatal and infant health care, inadequacies of public education and the surge of dual-income and single-parent families. He summarizes research on the essential requirements for effective childhood and adolescent development, suggests practical ways to meet those requirements, describes programs that have worked and clarifies the effects of continued neglect. Random, 1992, 376 p., hardcover, \$25.00.

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HarperCollins, 1992, 152 pages, paperback, 5 1/8" x 8", \$8.99

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