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Alzheimer's: A Caregiver's Guide and Sourcebook — Howard Gruetzner. The director of Elder Services at the Heart of Texas Region Mental Health Mental Retardation Center details developments in treatment and care options for Alzheimer's patients. He addresses such concerns as symptoms of Alzheimer's, the broad range of treatments and supportive services available, the emerging importance of the family in the successful care of Alzheimer's patients, techniques for managing personal stress, and ways to understand feelings and the impact of grief. Wiley, 1992, 308 p., paperback, \$14.95.

The Body Book: How Your Body Gets Built, Learns, Repairs Itself, and Makes You Who You Are—Sara Stein. This owner's manual, written for kids age 11 and up, is profusely illustrated with black-and-white photographs and illustrations of the body inside and out. The author of *The Science Book* and *The Evolution Book* addresses such topics as genes, the appendix, the remnants of a tail, how the senses work, and how one sandwich can feed 40 trillion cells. Workman, 1992, 294 p., paperback, \$11.95.

Dangerous Birds: A Naturalist's Aviary — Janet Lembke. The author of *River Time* and *Looking for Eagles* offers a collection of essays on birds that fly over her front yard, the Lower Neuse River in North Carolina. The title essay was inspired by her discovery that one of her neighbors shot robins for the table, while another waged a vendetta against bluejays. Other topics include her attempt to rescue an injured kingfisher, a field trip to search for the vanishing red-cockaded woodpecker, and "Thirteen Ways of Looking at a Grackle." Lyons & Burford, 1992, 192 p., hard-cover, \$21.95.

Healing the Planet: Strategies for Resolving the Environmental Crisis — Paul R. Ehrlich and Anne H. Ehrlich. The authors of *The Population Explosion* highlight what they consider to be the most critical environmental problems and suggest ways to alleviate them. Topics include overpopulation, global warming, ozone depletion, destruction of land, and pollution of waters. Addison-Wesley, 1992, 366 p., paperback, \$12.95.

A History of the Mind: Evolution and the Birth of Consciousness — Nicholas Humphrey. A research scientist draws on philosophy, evolutionary theory, and experimental psychology to trace the evolution of human consciousness. He explores the division between objective knowledge of the world and subjective feelings of the self and focuses on the latter, describing how sensory consciousness — our awareness of "what it's like to be ourselves" — may have developed out of the bodily responses of pain and pleasure of our primitive ancestors. S&S, 1992, 238 p., hard-cover, \$22.00.

A Nature Journal: A Naturalist's Year on Long Island — Dennis Puleston. A leader of ecology groups for the National Audubon Society chronicles a year in the wilderness regions of Long Island. This month-by-month journal, generously illustrated with watercolors by the author, describes such events as the blooming of the first dandelions in February, the male woodcock's courtship flight, and the September migration of monarch butterflies. Norton, 1992, 127 p., hardcover, \$25.00.

"Nice Guys Finish Seventh": False Phrases, Spurious Sayings, and Familiar Misquotations — Ralph Keyes. Misquotations in history, politics, show business, sports, literature, and academia are the focus of this book, the title of which comes from a misquotation. The author shows that sayings, phrases, and quotations such as "war is hell," "blood, sweat, and tears," and "you can't trust anyone over 30" are inaccurate, misattributed, or both. Includes bibliography, notes, and key word index. HarperCollins, 1992, 273 p., hardcover, \$18.00.

Shadows of Forgotten Ancestors: A Search for Who We Are—Carl Sagan and Ann Druyan. A Pulitzer Prize winner and the secretary of the Federation of American Scientists integrate insights of science in their effort to describe where we came from, who we are, and what our fate might be. They begin with the birth of the sun and its planets and continue to the origins of traits central to problems of today, such as sex and violence, love and altruism, hierarchy, consciousness, language, technology, and morality. Random, 1992, 505 p., hardcover, \$23.00.

Step-by-Step Organic Vegetable Gardening: The Gardening Classic Revised and Updated—Shepherd Ogden. Completely rewritten and updated by the grandson of the original author, this edition offers practical advice on growing bountiful vegetables without the use of dangerous synthetic fertilizers and pesticides. Generously illustrated with black-and-white line drawings and photographs. Includes a list of sources and a bibliography. HarperCollins, 1992, 299 p., hardcover, \$23.00.

Unveiling the Edge of Time: Black Holes, White Holes, Wormholes — John Gribbin. A prolific science writer tells the story of the theories and discoveries that have led scientists to conclude that such cosmic objects as black holes, white holes, and wormholes not only are real, but might actually provide a passage to other universes and travel through time. He describes what astronauts might see and feel while traveling through each of these space-time holes and where they would arrive after passing through a "singularity," the center of a black hole where all known laws of physics break down. Harmony, 1992, 242 p., hardcover, \$20.00.

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OCTOBER 31, 1992 301