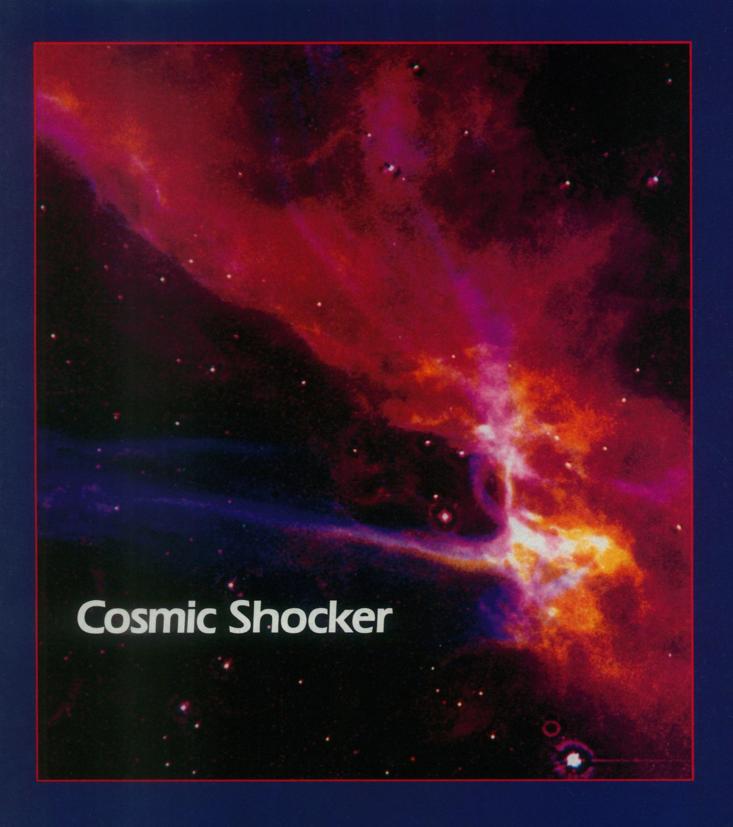
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## SIENCE NEVS

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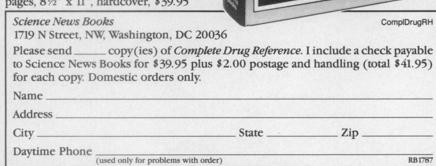


Newly updated for 1993, Complete Drug Reference is the most thorough, objective, and authoritative guide to prescription and overthe-counter drugs available to U.S. and Canadian consumers.

Complete Drug Reference enables you to be fully informed about the drugs and medicines you take and thus avoid unnecessary complications and reactions from their use. The 24-page Medicine Chart photographs of more than 1,400 of the most frequently used prescription medicines — both brand-name and generic — show capsules and tablets in full color.

- from Consumer Reports

Consumer Reports Books, 1992, 1713 pages, 8½" x 11", hardcover, \$39.95



comprehensive. Organized alphabetically by generic name, the entries also include brand names — more than 6,000 in all. Each entry covers:

• The generic name of the drug, its var-

- The generic name of the drug, its various brand names, and a description of what it does
- · Proper use of the drug
- Foods, beverages, other medicines, and activities to avoid while taking the drug
- Possible side effects, and what to do if they occur

UNBIASED. Complete Drug Reference is the only drug guide containing independent information that represents the consensus of hundreds of medical experts, including outstanding physicians, pharmacists, dentists, nurses, microbiologists, and other professionals particularly qualified to judge the merits of drugs and the standard of information that should apply to their use.

UP-TO-DATE AND CONCISE. Based on experience as well as the results of clinical studies, it includes all clinically relevant information. The reviews are conducted continuously throughout the year, ensuring that the information is current.

## Reversing **Memory**

Proven Methods for Regaining. Strengthening. and Preserving Your Memory

Vernon H. Mark, MD. FACS

with Jeffrey P. Mark, M.Sc.

"Of great interest to anyone who has ever wished for a great physician to explain how the brain works and what can be done to keep it 'clean and clear.'"

-Christine O'Hara, Ph.D., Director Center for Psychological and Rehabilitation Services, Atlanta

Dr Vernon H. Mark, a famed neurosurgeon, outlines new tests, new diagnoses and new treatments that mean hope for millions who suffer from memory loss.

Depression, stress, substance abuse and overmedication are increasingly common as causes of memory loss that can be reversed with proper treatment. Even Alzheimer's disease, for which we have not yet found a cure, can often be slowed or

helped. Dr. Mark emphasizes that as many as 30 percent of the cases diagnosed as Alzheimer's disease may indeed be other problems that can be treated.

Reversing Memory Loss provides a step-by-step program for finding the real underlying causes of confusion and memory loss, and for working out a balanced plan of treatment to restore or preserve competence and memory.

-from the publisher

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