

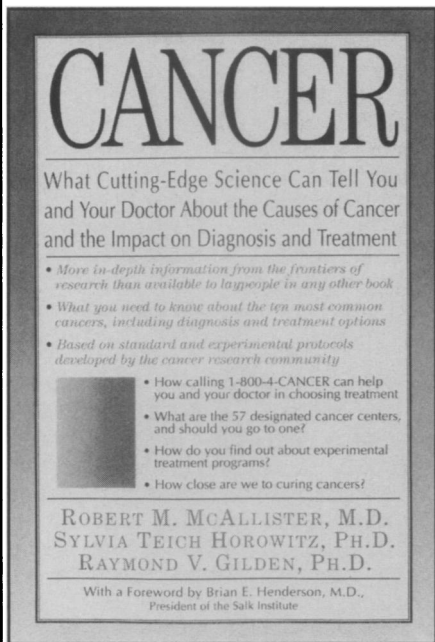
The Weekly Newsmagazine of Science

# SCIENCE NEWS

August 21, 1993  
Vol. 144, No. 8  
Pages 113-128



## *At Home With EMFs*



Basic Books, 1993, 329 pages, 6¼" x 9½",  
hardcover, \$22.00

Providing more in-depth information from the frontiers of cancer research than any other book for nonspecialists, this book is a gold mine of cutting-edge information.

Written by a physician, a biochemistry professor, and a scientist at the forefront of research, this book arms you with authoritative answers to vital questions.

The book is divided into three informative parts. Part I tells the history of scientists' efforts to understand and vanquish this ancient enemy.

Part II moves from the laboratory to the hospital to discuss the latest findings on diagnosis and treatment, including everything you need to know about participating in an experimental treatment program.

Part III draws on protocols developed by the National Cancer Institute to discuss the ten most common cancers. For each type, the authors describe symptoms, diagnosis, and stages, and present the latest information on incidence, mortality, known or possible causes, medical interventions, and significant new research.

Here is timely and authoritative information that all cancer patients, their families, and their caregivers need to know. —from *Basic Books*

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Are New Yorkers and Californians so different because they live in such different places? Why are rugged individualists drawn to extreme climes such as Alaska? Drawing on the latest research in behavioral and environmental science, *The Power of Place* explores these questions and offers fascinating insights about how we can best live in the world.

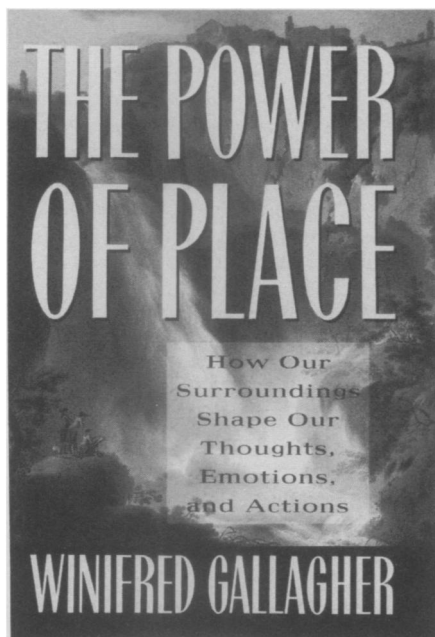
All of us are profoundly affected by the many places, indoors and out, in which we spend our lives. From the time of Hippocrates to the early twentieth century, the powerful influence of our physical surroundings on our behavior and emotions was taken for granted. Now a renewed scientific interest in the behavioral effects of environment has yielded exciting findings that will play a major role in improving our well-being, today and in the future.

Winifred Gallagher reports on our first environment, the womb, and on the important new research that shows that even the mother-infant bond is partly environmental in nature. She discusses the extraordinary effects of light on our behavior and the problems relating to light deprivation and the behavioral effects of extreme environments, from subways to mountaintops.

*The Power of Place* is an illuminating examination of connections between our internal and external worlds that affect every one of us inhabiting this beautiful, endangered planet. — from Poseidon Press

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1993, Poseidon Press, 240 pages, 6" x 9 3/4", hardcover, \$22.00



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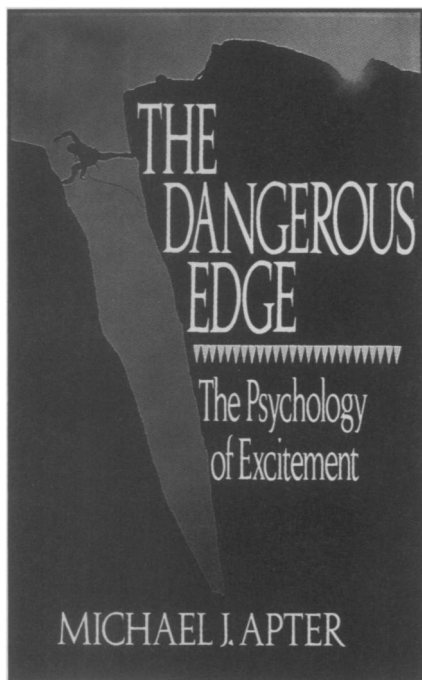
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**"Freud supposed that what human beings most wanted was a state of tranquility following the discharge of all tensions. Freud was wrong. Professor Apter rightly stresses man's need for arousal and excitement; a need so pressing that it must find an outlet even if it leads to danger and destruction." — Anthony Storr, Author of Solitude**

Why do people seek out uncomfortable, unnecessary, and often dangerous activities — skydiving, or bullfighting, or fast driving? Michael Apter offers the first comprehensive and accessible guide to the psychology of excitement, in which he explores the fascinating and complex relationship between excitement and anxiety, panic and euphoria.

*The Dangerous Edge* illuminates the varied and complicated components of the human need for excitement and convincingly depicts its major relevance to issues in contemporary society.

—from the publisher

FREE PRESS, 1992, 222 PAGES, 6¼" X 9½",  
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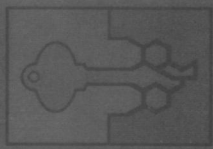
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# ALCOHOL AND THE ADDICTIVE BRAIN



**KENNETH BLUM, Ph.D.**  
IN COLLABORATION WITH  
**JAMES E. PAYNE**

A dramatically new understanding of the nature and progression of alcohol addiction is currently emerging; alcoholism as the result of an imbalance in the brain's natural production of neurotransmitters critical to our sense of well-being.

*Alcohol and the Addictive Brain* is the first account of these exciting new scientific discoveries, the implications of which are so important for alcoholics and their families. Over the centuries alcoholism has been one of the great medical mysteries, regarded as the consequence of everything from disordered family functioning to moral weakness.

The future for alcoholics and their families is at last looking brighter. Blum and Payne explore the possibilities that are just over the medical horizon: that within the next decade we will be able to identify children of alcoholics who are at risk even before birth; that eventually we will be able to repair the defective genes, and cease passing down the predisposition to alcoholism from generation to generation; that in the meantime new nutritional and pharmacological approaches may help to reverse the fundamental imbalance. *Alcohol and the Addictive Brain* is a fascinating scientific detective story with a possible happy ending.

—from the publisher

*"As a physician involved in the field of addictions for the last 25 years, I see this book as a medical classic. I would recommend it to any physician who seeks knowledge about alcoholism and the effects of this disease on the brain. I would also recommend it to patients and their families, as well as to students interested in the genetics of the disease.*

—Nicholas A. Pace, M.D.  
Assistant Professor of Clinical Medicine,  
NYU School of Medicine  
Medical Director, Pace Health Services, New York City

Free Press, 1991  
320 pages  
6½" x 9½"  
Hardcover, \$27.95

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