

# Books

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**The Family Face of Schizophrenia: Practical Counsel from America's Leading Experts** — Patricia Backlar. Personal accounts of families of schizophrenics and responses from mental health professionals to their dilemmas offer practical advice and reflect many aspects of this disease, especially with regard to the challenges within the family and community and the law and hospitals. Backlar takes great care to outline the practical as well as the emotional side of this disease. She also offers sources of support and further information. Putnam Pub Group, 1994, 283 p., hardcover, \$22.95.

**The Great Power-Line Cover-Up: How the Utilities and the Government Are Trying to Hide the Cancer Hazards Posed by Electromagnetic Fields** — Paul Brodeur. Trumpeting the dangers of electromagnetic fields (EMFs), Brodeur provides case studies and the latest data available on the potential ill effects of EMFs. While his bent is clearly toward a conspiracy theory of the power companies against citizens, he offers interesting theories about the possible carcinogenic effects of EMFs and provides a great deal of compelling evidence to advance those theories. Much of this work was originally published in *THE NEW YORKER*, to which Brodeur is a regular contributor. Little, Brown, 1993, 326 p., hardcover, \$21.95.

**In the Wake of Chaos** — Stephen H. Kellert. A philosophical dissection of chaos theory, beginning with a general account of the basic premise of chaos and followed by an exploration of the interaction between methodology, epistemology, and metaphysics in nonlinear data and chaos. Discussions about determinism and its separation from predictability and the void between theoretical and practical aspects of chaos stir up some of the more intense controversies within the field. Kellert theorizes about why past groundwork for chaos theory was not exploited until recently, citing sociological hindrances; and he looks to the future of the theory. U Chicago Pr, 1993, 176 p., hardcover, \$19.95.

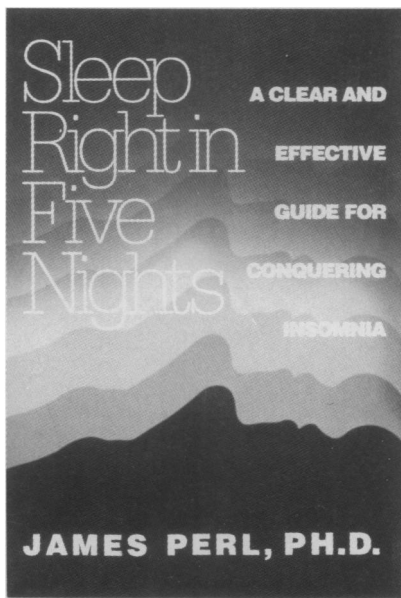
**Making Sense of Menopause — Over 150 Women and Experts Share Their Wisdom, Experience, and Commonsense Advice** — Faye Kitchener Cone. After interviewing hundreds of women, recording their experiences and questions, Cone went to the medical community to validate these stories and seek answers to the most common questions. This guidebook addresses virtually every issue surrounding menopause, including some controversial ones such as hormone replacement and alternative treatments. Personal accounts sprinkled throughout emphasize the completely different effects menopause can have from one woman to the next and offer a compassionate viewpoint. Fireside, 1993, 384 p., paperback, \$13.00.

**The Thyroid Book: What Goes Wrong and How to Treat It** — Martin I. Surks. The author clearly outlines what the thyroid is, how it functions, and the symptoms, tests, and treatments of virtually every kind of thyroid ailment, including Graves' disease, goiter, and other thyroid disorders. Ample space is devoted to pregnant women, obese persons, and elderly people, who often face special problems and who display different symptoms. Consumer Reports, 1993, 213 p., hardcover, \$24.95.

**White Ibis: Wetland Wanderer** — Keith L. Bildstein. Drawing on 10 years of research on North American ibises, Bildstein presents interesting conclusions about the importance of environmentally sound coastal wetlands. After documenting the feeding, breeding, and nesting behavior of these wading birds, he determines that adult ibises can feed in coastal brackish marshes, but because of a physiological deficiency, their young must be supplied with freshwater crayfish for nourishment. Concluding chapters apply this analysis to the ibises' desertion of Trinidad and Pumpkinseed Island, S.C. Smithsonian, 1993, 242 p., b&w photos and illus., hardcover, \$22.50.

**Why Nothing Can Travel Faster Than Light . . . and Other Explorations in Nature's Curiosity Shop** — Barry E. Zimmerman and David J. Zimmerman. A collection of essays contemplating and answering some basic scientific questions. Why do we grow old? How dense is matter in a black hole? How will the universe end? These are just a few of the current, yet timeless questions of life and nature answered here. Chronicle Bks, 1993, 309 p., paperback, \$12.95.

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