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The Animal Mind—James L. Gould and Carol Grant Gould. While not completely convinced that animals that seem to speak or possess ingenious habits actually "know" what they are doing, the Goulds present evidence indicating that some animals are capable of planning their behavior, perfecting new techniques, and learning language. The authors delineate the methods used by scientists to make these assertions and relay specific examples of experiments designed to recognize behavior that goes beyond the innate and automatically learned. Many types of animal behavior are specifically addressed and compared and contrasted to human ways of thinking. *Sci Am Lib*, 1994, 236 p., color photos and illus. and b&w photos and illus., hardcover, \$32.95.

Can You Trust a Tomato In January? The Hidden Life of Groceries and Other Secrets of the Supermarket Revealed at Last — Vince Staten. Fascinated with the evolution of the food industry from self-sufficient farms to dependency on supermarkets, Staten investigated the origins and ingredients of common edibles. Facts and folklore about a variety of foodstuffs are pulled together, including the ingredients and history of Cool Whip, the life of a chicken at Holly Farms, and how white bread becomes white. Originally published in hardcover in 1993. Touchstone Bks, 1994, 239 p., paperback, \$10.00.

The Modular Brain: How New Discoveries in Neuroscience Are Answering Age-Old Questions About Memory, Free Will, Consciousness, and Personal Identity—Richard M. Restak. A neurologist explores the latest thinking in his field about the organization of the mind. The theory of a modular brain transcends earlier theories of a hierarchical structure, suggesting instead that functions such as vision are not unitary, but involve separate, parallel processes. Restak reviews the reasons for past ideas about the relationship between mind and brain, as well as the research leading up to the modular theory. He also discusses the relevance of the modular organization theory to free will, morality, and personality. Scribners, 1994, 199 p., hardcover, \$22.00.

Physician to the Gene Pool: Genetic Lessons and Other Stories — James V. Neel. With a bent toward the biographical, Neel examines the knowledge he amassed during 50 years of genetic research. He traveled the globe studying the human genome in, among others, survivors of the atomic bombings in Japan and the Yanomama tribe in South America, which he describes as he illuminates the path genetic research has charted. Throughout, he postulates many controversial courses of action regarding population control and aging that he deems necessary in light of these discoveries. Wiley, 1994, 457 p., b&w photos, hardcover, \$24.95.

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In this sensitive, eloquent, and accessible guide, Dr. Allan Jack Edwards, a recognized expert on dementia, offers groundbreaking approaches to helping victims of this ailment and the diseases of which dementia is a symptom, including Alzheimer's disease, Parkinson's disease, Huntington's disease, multiinfarct dementia, Pick's disease, Creutzfeldt-Jakob disease, AIDS, Down's syndrome, and normal pressure hydrocephalus. Every person with a loved one who suffers from dementia can now finally understand this serious problem and learn to deal effectively with its consequences.

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Allen Jack Edwards, Ph.D.

Plenum Press, 1994
282 pages, 5 3/4" x 8 1/2"
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