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**The Hot Zone** — Richard Preston. More chilling than fiction, Preston describes the events following the discovery of the Ebola filovirus in a group of monkeys being quarantined in Reston, Va., 5 years ago. The detection of this extremely deadly, airborne virus, which triggered devastating epidemics among human populations in Zaire and Sudan, initiated a top-secret mission by the U.S. Army to destroy the monkeys and eradicate the virus. Preston investigates the possibility of such viruses attacking additional human populations. Random, 1994, 300 p., hardcover, \$23.00.

**Islands** — Robert E. Stevenson and Frank H. Talbot, eds. Three types of islands — continental, volcanic, and coral — are discussed herein, providing insights into the geologic forces that created them, the structure and stability of the seafloor on which they lie, and the oceanic and atmospheric forces that modify them. The flora, animals, and people that inhabit these islands are exhibited in superb visual and written detail, illustrating the vast diversity of island life under sometimes harsh conditions. Rodale Pr Inc, 1994, 160 p., color photos and illus., hardcover, \$35.00.

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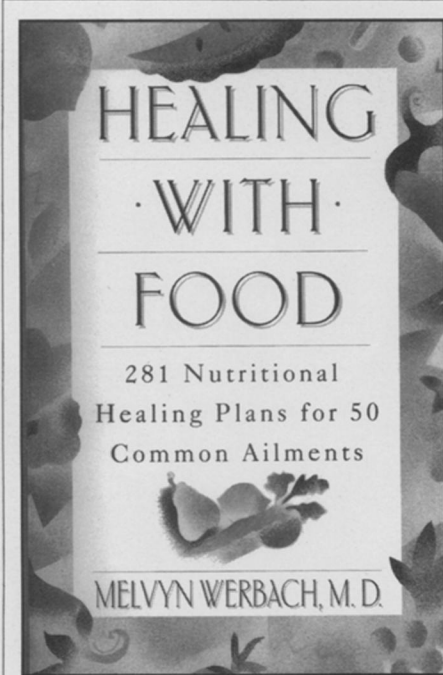
**Lost Moon: The Perilous Voyage of Apollo 13** — Jim Lovell and Jeffrey Kluger. In this captivating, firsthand account of the nearly ill-fated Apollo 13 mission of April 1970, Commander Lovell retells the harrowing events before, during, and after the explosion of Apollo's main engine. With the assistance of Discover columnist Kluger, Lovell adeptly describes the history of the Apollo program, the intricacies of space technology, and the malfunctions specific to this event. HM, 1994, 378 p., b&w plates, hardcover, \$22.95.

**The Monkey Wars** — Deborah Blum. A Pulitzer Prize-winning author delves into one of the most controversial aspects of scientific research: primate animal testing. She presents both sides of the controversy by relating her experiences with people and primates, including those with the Yerkes Regional Primate Research Center and the Animal Welfare Institute. The effects of the animal rights movement are outlined, but most important, Blum establishes a middle ground for both sides. OUP, 1994, 306 p., b&w photos, hardcover, \$25.00.

**Mountains** — Jack D. Ives, ed. Unique in its scope, this spectacularly illustrated publication encompasses all aspects of mountain structure and life. Mountains and mountain ranges from around the world are dissected on the basis of their geological formation and evolution; the adaptability of plants, animals, and humans to the various — often harsh — climates; and the methods of farming, climbing, and working with and around these land masses. Rodale Pr Inc, 1994, 160 p., color photos and illus., hardcover, \$35.00.

**Passion and Reason: Making Sense of Our Emotions** — Richard S. Lazarus and Bernice N. Lazarus. A professor of psychology and author of *Emotion and Adaptation* simplifies his earlier scholarly work for the general public by providing a biological as well as psychological definition of 15 of the most common emotions in lay terms. Through numerous composite case studies, the authors contend that there is a precise logic to human feelings. They show why each emotion exists and also how to comprehend the "plots" of each, which allows for a better understanding of how emotions operate in relation to everyday events. Concluding chapters delineate how these insights can be used to help control emotions and cope with changing feelings, stress, and mental illness. OUP, 1994, 321 p., hardcover, \$25.00.

**Taylor's Master Guide to Gardening** — Frances Tenenbaum, ed. Specifically geared to American gardens, this comprehensive resource provides techniques for successfully planning, growing, and cultivating virtually every type of outdoor plant, including shrubs, trees, flowers, fruits, vegetables, and herbs. Divided into two sections, the book begins with more than 1,000 spectacular color photographs of various garden designs and methods. The first half also includes an encyclopedia of individual plants, featuring a color photograph of each and details of its botanical and common names, hardiness zone, and maximum height. A genus encyclopedia makes up the second half of the volume, along with techniques for growing each variety. HM, 1994, 612 p., color photos and illus., hardcover, \$60.00.



HarperPerennial, 1994, 443 pages, 5 1/4" x 8", paperback, \$12.00

Originally published in hardcover in 1993 and entitled *Healing Through Nutrition*

In this informative volume, designed as a reference for medical offices, libraries, and — most of all — for families, Dr. Werbach shows how nutrition can be both the cause and the cure for our most common illnesses. Distinguishing for the reader between clinically proven treatments and miracle cures that don't work, Werbach covers a broad range of dietary and nutritional healing plans. *Healing with Food* bridges the gap between general nutrition and disease-specific treatment, making it easy for you and your physician to choose the regimen that will best address your unique concerns from Acne and Alcoholism to Carpal Tunnel Syndrome and Cancer, Depression, Glaucoma, Herpes Simplex, Insomnia, Learning Disabilities, Obesity, Peptic Ulcers, all the way to the outbreak of Psoriasis.

*Healing with Food* teaches readers how to plan an individual healing diet, how to diagnose food sensitivities, and how to interpret the U.S.RDA into a meaningful nutritional guide. User-friendly appendixes offer a guide to Food Sources of Nutrients and A Brief Guide to Hydrochloric Acid Supplements, which are both integral elements of the nutritional healing diets.

— from HarperPerennial

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