

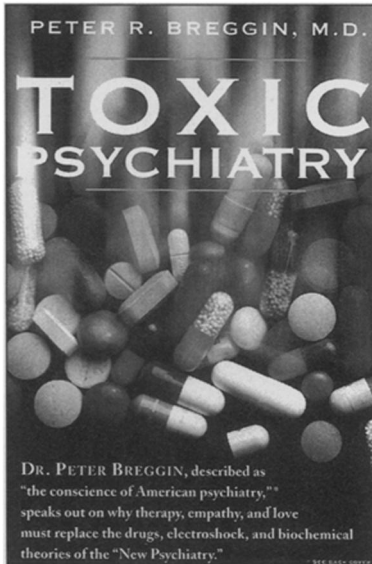
The Weekly Newsmagazine of Science

# SCIENCE NEWS

January 14, 1995  
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Pages 17-32



## Space 1995



Prozac, Xanax, Halcion, Haldol, Lithium. These psychiatric drugs—and dozens of other short-term “solutions” — are being prescribed by doctors across the country as a quick antidote to depression, panic disorder, obsessive-compulsive disorder, and other psychiatric problems. But at what cost?

In this searing, myth-shattering exposé, psychiatrist Peter T. Breggin, M.D., breaks through the hype and false promises surrounding the “New Psychiatry” and shows how dangerous, even potentially brain-damaging, many of its drugs and treatments are. He asserts that psychiatric drugs are spreading an epidemic of long-term brain damage; mental “illnesses” like schizophrenia, depression, and anxiety disorder have never been proven to be genetic or even physical in origin, but are under the jurisdiction of medical doctors; millions of children, elderly, and others are labeled with medical diagnoses and treated with authoritarian interventions, rather than being patiently listened to, understood, and helped.

*Toxic Psychiatry* sounds a passionate, much-needed wake-up call for everyone who plays a part, active or passive, in America’s ever-increasing dependence on harmful psychiatric drugs.

—from St. Martin’s Press

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St. Martin’s Press, 1994, 464 pages,  
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ToxicPsych

Please send \_\_\_\_\_ copy(ies) of *Toxic Psychiatry*. I include a check payable to Science News Books for \$15.95 plus \$2.00 postage and handling (total \$17.95) for each copy. Domestic orders only.

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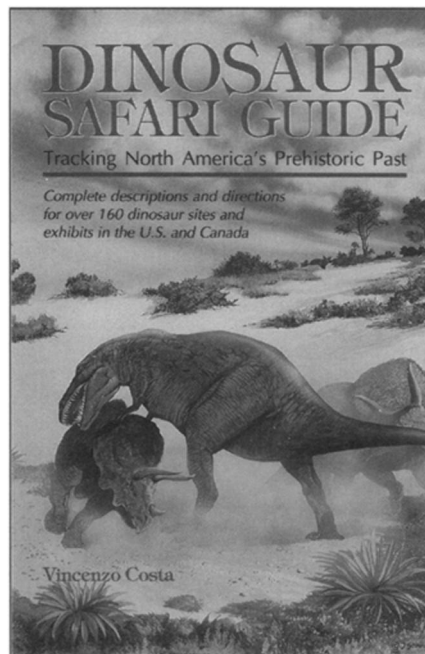
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# Two Best-Sellers from Elizabeth Marshall Thomas Now Available for One Low Price!

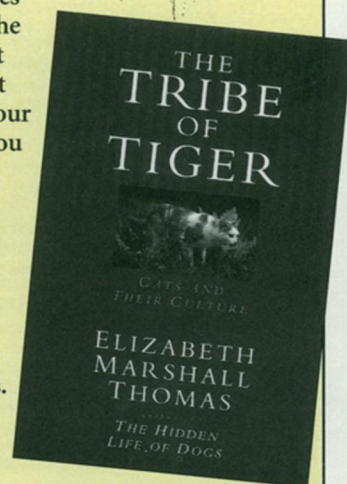
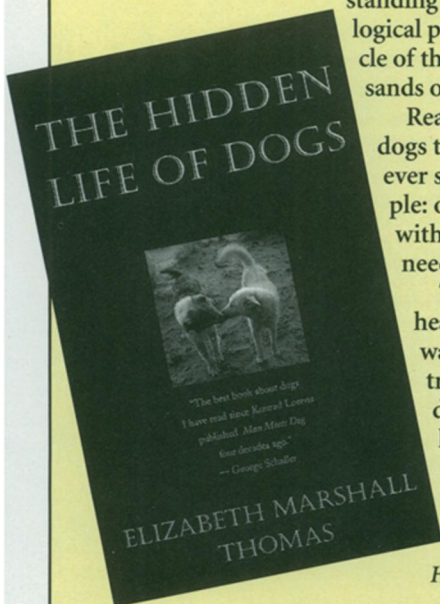
In this beautiful account of thirty years of living with dogs, wolves, and dingoes and of the ways their lives intertwined with her own, the novelist and anthropologist Elizabeth Marshall Thomas brings us a completely new understanding of dogs by writing a sort of deeply truthful ethological poem, a loving yet absolutely unsentimental chronicle of the lives of a dozen dogs based on hundreds of thousands of hours of observation.

Read this book, and you will learn more about how dogs think, and what dogs want, than you have ever suspected. What matters most to dogs? Simple: other dogs. But since dogs have been living with humans for thirty thousands years, "dogs need us more than we need them, and they know it."

*The Hidden Life of Dogs* is a poignant, entertaining, sometimes heartbreaking little book, vividly illustrated with drawings of the ways dogs behave. This is no training manual (Thomas doesn't train her dogs, but lets them train themselves), nor an abstract disquisition on canines. But whether or not a dog is part of your life, and no matter how much you think you know already, you will learn something new about dogs here — something no other book will tell you.

— from Houghton Mifflin

Houghton Mifflin, 1993, 148 pages, 5 1/4" x 8 1/4", hardcover, \$18.95



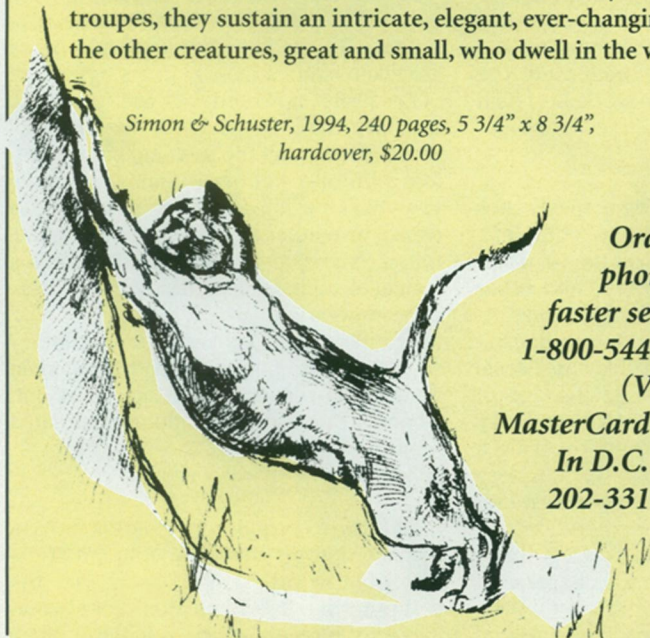
Elizabeth Marshall Thomas has an instinct for animals and for what makes them behave the way they do. This time her subject is felines—housecats and their wild siblings.

The story of this graceful, resourceful tribe begins with what cats are: meat-eaters, first and foremost. But as Thomas shows, within that stark equation abides an astonishing range of experience and expression. Contrary to popular belief, cats—even tigers—are not solitary beings, but are homebodies who "own" property much as we do and favor extended clans when food supplies permit. They communicate eloquently with one another and with us—although they interpret our idioms better than we do theirs. Most crucially, cats are, like us, individuals who—instinct notwithstanding—pass on, adapt, and invent codes of deportment as circumstances require.

Cats, in other words, have culture. Whether they live among us or in the wild, as solo hunters or in circus troupes, they sustain an intricate, elegant, ever-changing web of community with us, among themselves, and with the other creatures, great and small, who dwell in the world.

—from Simon & Schuster

Simon & Schuster, 1994, 240 pages, 5 3/4" x 8 3/4", hardcover, \$20.00



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