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SCIENCE NEWS

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The *Feminine* Advantage

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McDonnell Douglas recognizes the need to encourage and reward today's youth in exploring the sciences. We are proud to announce our sponsorship of the

Grand Awards categories

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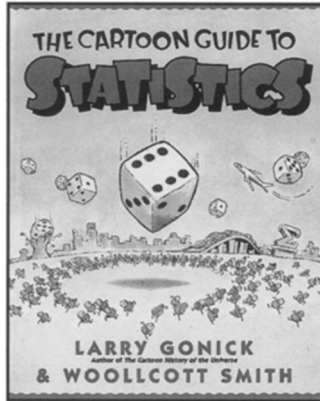
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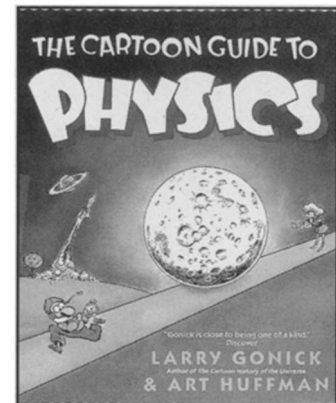
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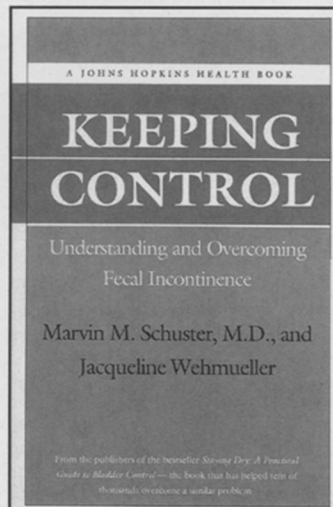
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Johns Hopkins University Press,
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People who live with fecal incontinence — a condition causing the involuntary loss of liquid or solid stool or gas at inappropriate times — often feel alone and isolated. These people should know that *two million* others in the United States have fecal incontinence.

Keeping Control is a compassionate, medically reliable, and thoroughly informative resource for anyone who wants to understand the causes of fecal incontinence, learn about important advances in treatment and management, and do something about the problem. Topics include:

- Understanding the digestive system and normal continence
- How to keep a symptom diary
- Working with your physician to find the cause of the problem
- What to expect during diagnostic tests
- Behavioral treatment techniques such as biofeedback and habit training
- Ways to cope when incontinence cannot be completely overcome
- When to consider surgery
- Effects on intimacy and sexual relations
- Special considerations for older people with incontinence
- Special considerations for children with incontinence, including a step-by-step bowel training program
- Products that can help when treatment is not entirely successful.

Keeping Control also includes a glossary of terms and valuable information about contacting support groups and using additional resources. An epilogue by Nancy Norton, founder of the International Foundation for Bowel Dysfunction, describes the personal challenge of living with fecal incontinence and explains how she and many others cope with the problem and live life to the fullest.

— from Johns Hopkins University Press

**HOW THE LEOPARD
CHANGED ITS SPOTS**
The Evolution of Complexity
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*Charles Scribner's Sons,
1994, 252 pages,
6 1/4" x 9 1/2", hardcover, \$23.00*

The "leopard" in the title of *How the Leopard Changed Its Spots* is the science of biology, today poised for a massive change in its theoretical perspective. Here Brian Goodwin, described by colleagues as "the poet of theoretical biology," proposes an alternative to the modern synthesis of Darwinism and twentieth-century genetics. Goodwin rigorously and clearly demonstrates the flaws in the quasi-religious fervor with which Darwin's theory of natural selection is defended, and presents another, equally powerful engine for the origin and diversity of species.

The consequences of this altered perspective are both scientific and metaphorical. The images of Darwinism that color so much of modern life — survival of the fittest, selfish genes, survival strategies, "a war of all against all" — are incomplete, says Goodwin. If we regard organisms as more than survival machines, they take on an intrinsic value, with worth in and of themselves. Darwinism has short-changed us, scientifically and ethically, for more than a century. This book demonstrates that organisms are every bit as cooperative as they are competitive, as altruistic as they are selfish, as creative and playful as they are destructive and repetitive. Erudite and dazzling, at once a brilliant application of the laws of physics to the study of life, an exposition of the powerful force — *not* Darwinian selection — that shapes life on earth, and a meditation on the evolution of complex forms, it is certain to be the science book of the year.

— from Charles Scribner's Sons

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• Heart bypass

What the surgeon does and why



Robert M. Youngson, M.D.,
with The Diagram Group

Nothing is more daunting than facing the prospect of surgery. Whether the patient is yourself or a loved one, you are bound to have many questions about the operation the doctor has recommended — concerns that even the most attentive and thorough doctor might be too busy to address completely.

The Surgery Book is a dependable, comprehensive sourcebook that answers these important medical questions. Designed for the layperson, the book explains the seventy-three most common surgical operations, delivering the information that every well-informed patient needs to know in a clear, easy-to-understand format. For each operation, it answers these crucial questions:

- Why is the operation necessary?
- What does the surgeon hope to accomplish?
- How is the operation performed?
- How long will post-operation recovery take, and will there be pain or other side effects?

The book also explains what every patient should know about each of the most common diagnostic and surgical tests. It also covers blood transfusion, tissue and organ transplantation, and bone marrow transplant, in addition to giving readers a thorough introduction to operating-room procedures, staff, and equipment.

Written by a leading surgeon and thoroughly illustrated with more than 350 step-by-step drawings, *The Surgery Book* allays patients' fears and anxieties, and helps them become fully informed about their upcoming experience in the operating room.

— from *St. Martin's Press*

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