

# Books

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**Animal Happiness** — Vicki Hearne. An animal trainer discusses her experiences and describes the keys to animal happiness. Most of her essays focus on dogs, but she also writes about tortoises, lions, frogs, cats, koi, and other animals. Characters such as Sarah, the scorpion that despised the holiday season, and a pig named Blaze that became uncomfortable as a house pet are among the many featured. Originally published in hardcover in 1994. Harper-Perennial, 1995, 238 p., paperback, \$12.00.

**The Consumer's Medical Desk Reference: Information Your Doctor Can't or Won't Tell You — Everything You Need to Know for the Best in Health Care** — Charles B. Inlander *et al.* As president of the nonprofit consumer advocacy group People's Medical Society, Inlander draws on the collective expertise of this organization to provide an all-encompassing survey of health care issues. From phone numbers to specific groundbreaking information on illnesses, from medical rights to data about unnecessary surgery, from second opinions to specific drugs and their uses, this well-referenced volume also provides hundreds of names, addresses, and telephone numbers of associations, state and federal agencies. Hyperion, 1995, 656 p., hardcover, \$24.95.

**How We Die: Reflections on Life's Final Chapter** — Sherwin Nuland. In vivid detail, Nuland explains what happens to a body as it succumbs to old age and six of the most common diseases, including Alzheimer's and cancer. His intention is to demystify the process of dying. In the process, he develops a moral philosophy. Personal accounts of the deaths of people close to the author help soften the material and produce compelling reading. Originally published in hardcover in 1993. Vin, 1995, 278 p., paperback, \$13.00.

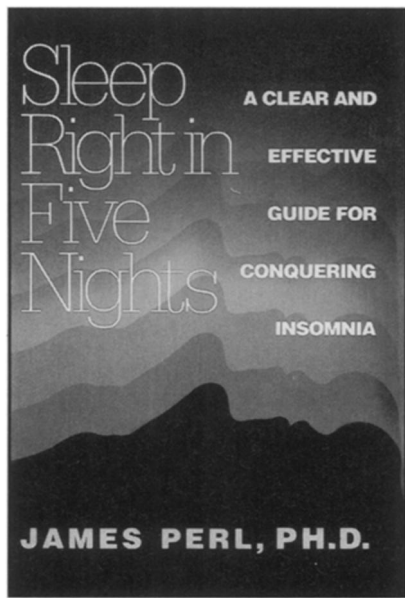
**The Man in the Ice: The Discovery of a 5,000-Year-Old Body Reveals the Secrets of the Stone Age** — Konrad Spindler. In 1991, two visitors to the Austrian Alps found the well-preserved remains of a Neolithic man sticking out of a glacier, where he had lain frozen for some 5,300 years. Spindler, the lead archaeologist studying the corpse and his belongings, uses the style of a forensic mystery to describe findings about the Ice Man, his physical condition at death, and what life was like for people like him 53 centuries ago. Harmony, 1994, 305 p., color photos and b&w illus., hardcover, \$25.00.

**PGP: Pretty Good Privacy** — Simson Garfinkel. Once, users of PGP were in violation of U.S. patent and export restrictions, but this program, designed to encrypt computer files, is now available to anyone interested in protecting E-mail and documents. Thorough in its scope, this guide provides the reader with necessary vocabulary, a history of cryptography and PGP, and an explanation of how to implement PGP for individual use with DOS and UNIX systems. O'Reilly & Assocs., 1995, 393 p., b&w illus., paperback, \$24.95.

**Time Detectives: How Archaeologists Use Technology to Recapture the Past** — Brian Fagan. Archaeologists analyze human collagen to reconstruct ancient diets or fossilized seeds and grains to understand long-ago climates in their quest to understand how our distant ancestors lived. Fagan takes readers on a journey through 15,000 years of human history as he explores some of archaeology's most significant finds in recent years, from the prepharaonic Egyptians to a newly discovered Maya city and the excavated gardens of colonial Annapolis, Md. S&S, 1995, 288 p., b&w plates and illus., hardcover, \$24.00.

**Vital Dust: Life as a Cosmic Imperative** — Christian de Duve. In an effort to retrace the 4-billion-year history of life on Earth, from the first biomolecules to the human mind and beyond, Nobel Prize-winning biochemist de Duve takes the reader through seven successive ages corresponding to seven levels of complexity. Arguing that life is the product of deterministic forces and that it will rise again if and when these conditions present themselves, he systematically weaves his way through his seven ages. He shows that chemical forces put life on track but that other mechanisms led inexorably to greater complexity and biodiversity. Basic, 1995, 362 p., hardcover, \$25.00.

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