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Behind the One-Way Mirror: Psychotherapy and Children—Katharine Davis Fishman. In this comprehensive treatise, a journalist probes the world of pediatric psychology. First addressing the upsurge in psychiatric disorders and treatment in children, she then focuses on what transpires in therapy sessions through first-hand observation. These encounters are discussed in detail, as are her interviews with the psychotherapists, psychopharmacologists, parents, and patients involved. Among the disorders discussed are hyperactivity, anxiety, eating disorders, autism, and depression. Bantarn, 1995, 558 p., hardcover, \$27.50.

The Chicken from Minsk—Yuri B. Chernyak and Robert M. Rose. This assortment of mathematical and scientific brainteasers, riddles, and problems is adapted from the questions posed in the Russian Olympiads and focuses more on how to think than what to think. Clues accompany each problem, and for the truly perplexed, answers are located in the back of the book. Basic, 1995, 191 p., b&w illus., paperback, \$10.00.

Container Gardening Through the Year—Malcolm Hillier. If you face space limitations or a desire to grow a variety of plants, container gardens could be for you. Hillier lauds such gardens in this profusely illustrated guide. He highlights the plants most suitable for containers during each month of the year and offers practical advice about what pots to use, where to locate them—inside and out—how to make the plants thrive, and how to make the most attractive container arrangement. Dorling Kindersley, 1995, 160 p., color photos, hardcover, \$24.95.

The Home Health Guide to Poisons and Antidotes—Carol Turkington. Information about more than 600 toxins found in plants, animals, foods, medications, and chemicals is listed alphabetically. Each entry details where the poison is found and how it can be transmitted, as well as symptoms of poisoning and treatments for it. Those toxins especially dangerous to children and animals are noted. Originally published in hard-cover in 1994 and titled *Poisons and Antidotes*. Facts on File, 1995, 372 p., paperback, \$12.95.

Homestead Year: Back to the Land in Suburbia—Judith Moffett. For a year, Moffett turned her 1 acre of land outside Philadelphia into a self-sustaining farm. This reprint of the journal she kept during that year illustrates the trials and tribulations of everything from finding the land and planting the garden to raising ducks in the pond she dug and canning the vegetables and fruits of her labor. Interesting reading for anyone wishing to live vicariously or for those interested in embarking on a similar venture. Lyons & Burford, 1995, 300 p., hardcover, \$22.95.

To order by Visa or MasterCard, call 1-800-544-4565 In D.C. Area: 202-331-9653 Listening to America: Twenty-Five Years in the Life of a Nation, as Heard on National Public Radio—Linda Wertheimer, ed. Through unarchived segments of National Public Radio (NPR) programming, some of the history of the world and of the radio network itself are recounted with the in-depth and insightful flair for which NPR is known. A collection of radio reports represents each of the past 25 years and touches on a number of events, from Nixon's trip to China to the fall of Saigon to the breakup of the Soviet Union. It also touches on more arcane subject matter, such as the report on chewing Wintogreen Life Savers in the dark. HM, 1995, 438 p., hardcover, \$24.95.

Rogue Asteroids and Doomsday Comets: The Search for the Million Megaton Menace That Threatens Life on Earth-Duncan Steel. An astronomer explores the impending doom to life on Earth posed by a comet collision like the one that recently hit Jupiter and that is believed to have killed off the dinosaurs. He cites many craters visible on Earth as evidence of the magnitude of asteroid attacks and follows the movements of several asteroids currently circling the planet. He suggests methods of tracking asteroids and proposes nuclear demolition of them if the possibility of collision arises. Concluding chapters offer interesting theories about the roles of Stonehenge and the pyramids of Egypt in past meteoric activity in the Taurid Complex. Wiley, 1995, 308 p., b&w plates, hardcover, \$24.95.

The Sea of Galilee Boat: An Extraordinary 2,000 Year Old Discovery—Shelley Wachsmann. After a drought lowered the level of the freshwater Sea of Galilee in 1985, a boat embedded in the mud flats became visible. Wachsmann details the discovery and relays a first-hand account of the harrowing excavation of this mostly intact ancient vessel, now believed to date to the time of Jesus or the Battle of Migdal between the Jews and the Romans. He inventories the contents and examines several possibilities regarding the ship's inhabitants and origin. Plenum, 1995, 420 p., b&w photos and illus., hardcover, \$24.95.

When Elephants Weep: The Emotional Lives of Animals—Jeffrey Moussaieff Masson and Susan McCarthy. Drawing from the work of hundreds of scientists and researchers, the authors cite numerous incidents and examples of wild and tame animals exhibiting love, suffering, jealously, joy, and compassion. Masson and McCarthy conclude by addressing the issue of anthropomorphism and the arguments posed by evolutionary biologists, which often deny the feelings of animals. Delacorte, 1995, 291 p., hardcover, \$23.95.

A Woman's Guide to Vitamins and Minerals—Sherry Wilson Sultenfuss and Thomas J. Sultenfuss. Emphasizing that nutritional and health requirements change as a woman ages, the authors present current data on the specific needs of an adult woman. Each vitamin and mineral is detailed according to its function and benefits, food sources, recommended doses particular to age and pregnancy, and warnings on toxicity and potential side effects. Other issues addressed include the benefits of herbs, hormone replacement therapy, menopause, osteoporosis, antioxidants, and breast cancer. Contemp Bks, 1995, 270 p., hardcover, \$16.95.

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