

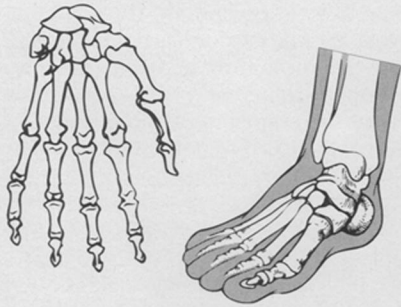
The Weekly Newsmagazine of Science

SCIENCE NEWS

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**Unnatural
Warming**

Fawcett Columbine, 1995, 407 pages, 5½" x 8¼", paperback, \$12.95



The *only* book that explains the many diseases called arthritis, with a pain management program and the latest information on:

- How to identify each major form of arthritis
- How to find the right specialist
- How arthritis drugs work
- How exercise can alleviate the pain and discomfort of arthritis

THE DUKE UNIVERSITY MEDICAL CENTER BOOK OF ARTHRITIS

David S. Pisetsky, M.D., Ph.D.
with Susan Flamholtz Trien

IF YOU ARE ONE OF THE NEARLY FORTY MILLION people in the United States who suffers from some form of arthritis, you are probably confused by the myths and misinformation surrounding the illness. Arthritis is, in fact, **not a single malady, but more than one hundred different diseases**, each with its own cause, symptoms, characteristic progression, and treatment. Here, at last, from the world-renowned Duke University Medical Center, is an authoritative, complete, and fully up-to-date home reference for arthritis sufferers. It tells you:

- Who gets arthritis, and when
- How to identify arthritic diseases in their early stages
- What to expect at a complete examination
- The actions and side effects of the primary drugs used to treat arthritis
- How to conduct an exercise program that is right for you
- How to alter your lifestyle and work habits to minimize your discomfort

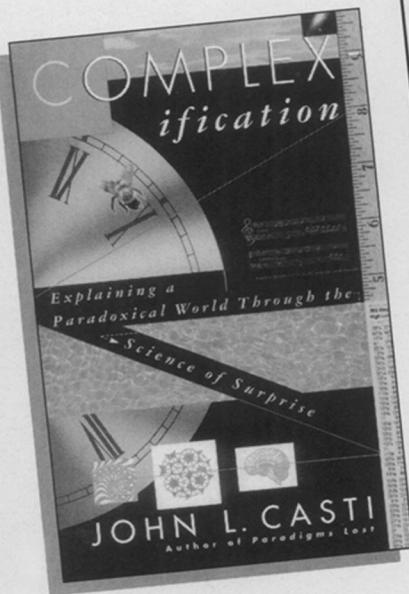
The Duke Basic Arthritis Program is designed to relieve the symptoms of arthritis and prevent its complications. Taking into account your lifestyle, job, emotional makeup, and physical abilities, the Duke Basic Arthritis Program allows for an individualized treatment program based on the use of nonsteroidal anti-inflammatory drugs, daily rest, physical therapy, good health habits, and adjustments in your daily routine. —from Fawcett Columbine

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HarperPerennial, 1995,
320 pages, 5¼" x 8",
paperback, \$13.00

- Why does time seem to fly on some occasions and drag at others?
- How does a butterfly in Brazil affect the weather in Alaska?
- Why does atonal music sound "worse" to most of us than traditional music?
- Why are some societies more prone to totalitarianism than others?

The science of complexity offers answers to these and dozens of other questions that beg the larger question of why our universe is so paradoxical. John L. Casti, renowned mathematician and science writer, shows directly, engagingly, and with a wealth of illustrations how complexity arises and how it works. He explores numerous phenomena in science, the arts, the economy, nature, and everyday life—from earthquakes to "damned if you do and damned if you don't" paradoxes to the origin of life itself—that have, until now, always eluded science's attempts to understand them. With authority and wit, this myth-shattering book shows how an emerging "science of surprise" is at last beginning to demystify some of the universe's most persistent mysteries.

—from HarperPerennial

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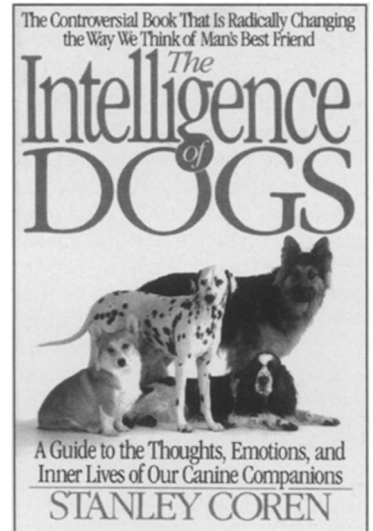
How Smart Is Your Dog?

If you've ever wondered what is really going on inside your dog's head, here is your chance to find out. In this remarkable new book, psychologist and prizewinning trainer Stanley Coren provides a startling new view of the intelligence of our oldest and closest animal companions.

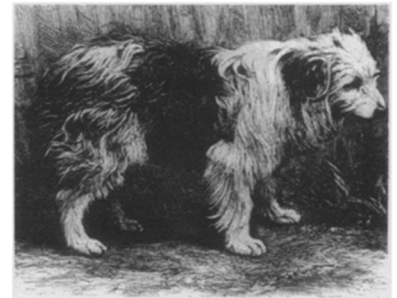
Do dogs really think? Are they conscious in the same way humans are? What is the nature of canine memory? Can dogs communicate with us — and, if so, how can we understand them? Do they have feelings such as guilt, loyalty, and jealousy? Do they experience joy and sorrow?

Drawing on the most recent scientific research, interviews with top breeders and trainers, and his own personal observations, Stanley Coren speculates on these and many other fascinating questions. He offers practical tips on how to evaluate your dog's intelligence, how to read your dog's body language, and how to tailor a training program to suit your dog's special needs. Here, too, are numerous lists and rankings of more than 100 breeds for obedience and working intelligence, as well as for specialized tasks such as hunting, home security, and companionship.

— from Bantam



Bantam, 1995, 271 pages, 6" x 9",
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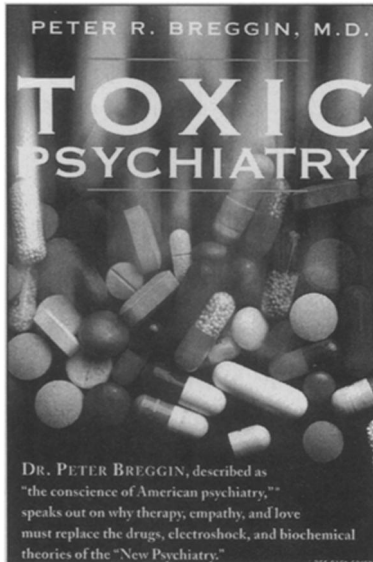
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Prozac, Xanax, Halcion, Haldol, Lithium. These psychiatric drugs—and dozens of other short-term “solutions” — are being prescribed by doctors across the country as a quick antidote to depression, panic disorder, obsessive-compulsive disorder, and other psychiatric problems. But at what cost?

In this searing, myth-shattering exposé, psychiatrist Peter T. Breggin, M.D., breaks through the hype and false promises surrounding the “New Psychiatry” and shows how dangerous, even potentially brain-damaging, many of its drugs and treatments are. He asserts that psychiatric drugs are spreading an epidemic of long-term brain damage; mental “illnesses” like schizophrenia, depression, and anxiety disorder have never been proven to be genetic or even physical in origin, but are under the jurisdiction of medical doctors; millions of children, elderly, and others are labeled with medical diagnoses and treated with authoritarian interventions, rather than being patiently listened to, understood, and helped.

Toxic Psychiatry sounds a passionate, much-needed wake-up call for everyone who plays a part, active or passive, in America's ever-increasing dependence on harmful psychiatric drugs.

—from St. Martin's Press

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St. Martin's Press, 1994, 464 pages,
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ToxicPsych

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