

The Weekly Newsmagazine of Science

SCIENCE NEWS

September 2, 1995
Vol. 148, No. 10
Pages 145-160

Endangered *Ancient Species*



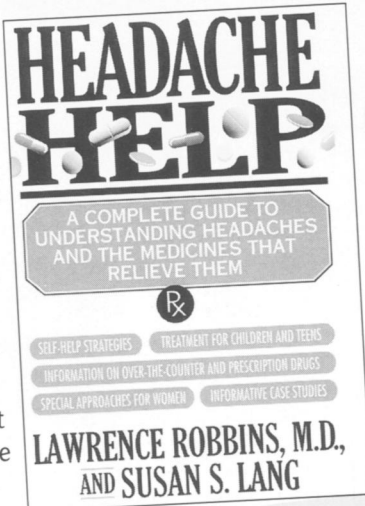
Despite a revolution in the past ten years in the understanding and treatment of headaches, they remain largely misunderstood and poorly treated. As headache specialist Dr. Lawrence Robbins writes, many sufferers spend enormous amounts of time and money on diagnostic tests and treatments and, if they don't work, "simply give up the search for effective headache therapy."

The goal of this book is to help you understand the full range of headache treatment options for your particular condition.

Special highlights:

- Self-help strategies, from relaxation exercises and biofeedback to massage and diet
- Helpful suggestions on how to describe the markedly different types of headache pain to your physician
- Details on the actions and side effects of hundreds of over-the-counter and prescription medications
- Discussions of nongenetic headaches, such as post-traumatic, exercise, and sinus, as well as TMJ and hangovers
- Hard-to-come-by clinical information on headaches in children, teens, women, and the elderly

— from Houghton Mifflin



Although more than 90% of chronic headache sufferers can find help, most endure the agony because they aren't aware of the full range of treatment options available.

To order by phone, call:
1-800-544-4565
(Visa or MasterCard only)

In D.C. area: 202-331-9653

Houghton Mifflin, 1995, 256 pages,
5 1/2" x 8 1/4", paperback, \$10.95

Science News Books, 1719 N Street, NW
Washington, DC 20036

HeadacheHelp

Please send _____ copy(ies) of *Headache Help*. I include a check payable to Science News Books for \$10.95 plus \$2.00 postage and handling (total \$12.95) for each copy. Domestic orders only.

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

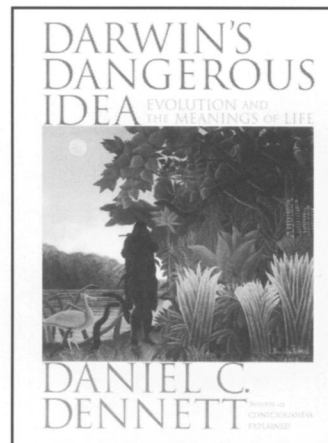
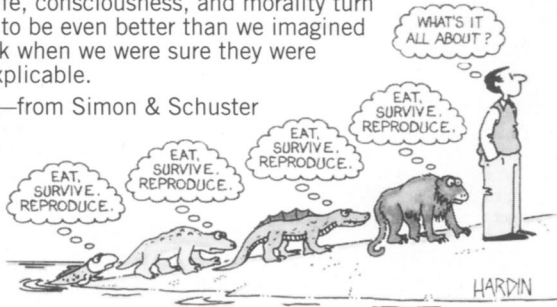
(used only for problems with order) RB2372

In this groundbreaking book, Daniel C. Dennett, the acclaimed author of *Consciousness Explained*, demonstrates the power of the theory of natural selection and shows how Darwin's great idea transforms and illuminates our traditional view of our place in the universe. He explains the scientific theory of natural selection in vivid terms, and shows how it extends far beyond biology.

Dennett lays out the current controversies about the origin of life, punctuated equilibrium, sociobiology, the evolution of language and culture, and evolutionary ethics. He exposes the philosophical—even religious—yearnings that have distorted disputes among scientists and laypeople alike. He challenges the views of some of the most famous scientists of our day, including Stephen Jay Gould and Roger Penrose, extending Darwin's vision with impeccable arguments to their often surprising conclusions.

There is nothing "sacred" in the traditional sense of the word, Dennett claims, but everything we have always held sacred is still of the greatest value—still morally important. Darwinism does not destroy meaning, but puts it on a new, better foundation. Dennett shows how the "miracles" of life, consciousness, and morality turn out to be even better than we imagined back when we were sure they were inexplicable.

—from Simon & Schuster



Order by phone for
faster service,
Call: 1-800-544-4565
(Visa or MasterCard Only)

In DC area:
202-331-9653

Simon & Schuster, 1995,
586 pages, 7 1/2" x 9 1/2",
hardcover, \$30.00

Science News Books

1719 N Street, NW, Washington, DC 20036

DarDangIdeaH

Please send me _____ copy(ies) of *Darwin's Dangerous Idea*. I include a check payable to Science News Books for \$30.00 plus \$2.00 postage and handling for each book (total \$32.00). Domestic orders only.

Name _____

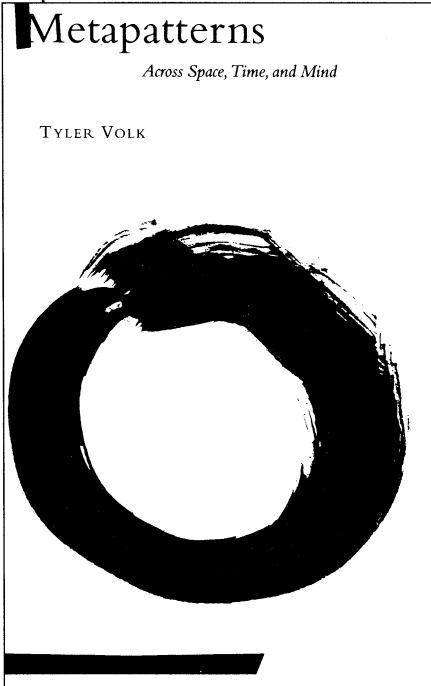
Address _____

City _____

State _____ Zip _____

Daytime Phone _____

(used only for problems with order) RB2376



Metapatterns

Across Space, Time, and Mind

TYLER VOLK

Columbia University Press, 1995,
296 pages, 6" x 9 1/4",
hardcover, \$24.95

IN THE INTERDISCIPLINARY TRADITION of Buckminster Fuller's work, Gregory Bateson's *Mind and Nature*, and Fritjof Capra's *Tao of Physics*, *Metapatterns* embraces both nature and culture, seeking out the grand-scale patterns that help explain the functioning of our universe.

Metapatterns begins with the archetypal patterns of space, both form building and relational. Tyler Volk then turns to the arrows, breaks, and cycles that infuse the workings of time. With artful dexterity, he brings together many layers of comprehension, drawing on an astounding range of material from art, architecture, philosophy, mythology, biology, geometry, and the atmospheric and oceanographic sciences.

Richly illustrating his metapatterns with a series of sophisticated collages prepared for this book, Volk offers an exciting new look at science and the imagination. As playful and intuitive as it is logical and explanatory, *Metapatterns* offers an enlightening view of the functional, universal forms in space, processes in time, and concepts in mind.

—from Columbia University Press

To order by phone from
Science News Books, call:

1-800-544-4565

(Visa or MasterCard only)

In D.C. area: 202-331-9653

Science News Books

MetaPattH

1719 N Street, NW
Washington, DC 20036

Please send me _____ copy(ies) of **Metapatterns**. I include a check payable to Science News Books for \$24.95 plus \$2.00 postage and handling for each book (total \$26.95). Domestic orders only.

Name _____

Address _____

City _____

State _____

Zip _____

Daytime Phone _____

(used only for problems with order) RB2374



To order by phone from
Science News Books, call:
1-800-544-4565
(Visa or MasterCard only)
In D.C. area: 202-331-9653

Garden Way Publishing, 1995, 166 pages,
6" x 9", paperback, \$9.95



Science News Books
1719 N Street, NW
Washington, DC 20036

DirtCheapGar

Please send me _____ copy(ies) of **Dirt-Cheap Gardening**. I include a check payable to Science News Books for \$9.95 plus \$2.00 postage and handling for each book (total \$11.95). Domestic orders only.

Name _____

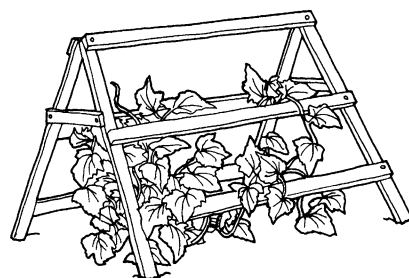
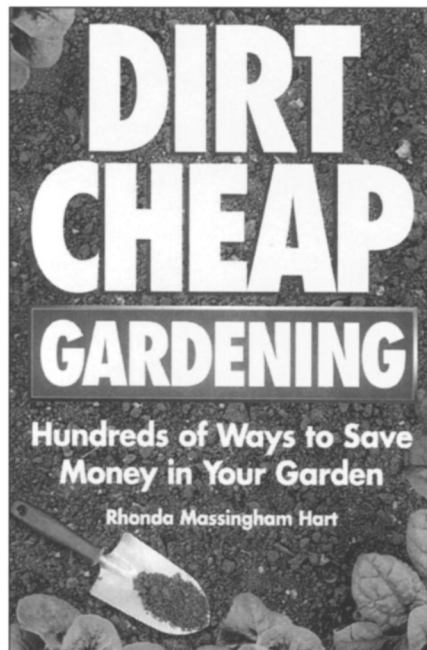
Address _____

City _____

State _____

Zip _____

Daytime Phone _____
(used only for problems with order) RB2373



Create the landscape of your dreams—from just a dirt-cheap investment!

Producing a beautiful yard and a bountiful garden doesn't have to cost a fortune. Gardeners really can "have it all," says Rhonda Massingham Hart, and they really can get something for nothing. In *Dirt-Cheap Gardening*, Hart shares years of practical experience and imaginative, time-tested ideas for saving money and cutting costs.

Dirt-Cheap Gardening offers a wealth of tips, tricks, and hints on how to:

- Identify and acquire useful tools
 - Institute low-cost ways of assuring healthy plants
 - Buy, save, and start seeds
 - Obtain plants for free—or at least as best buys
 - Find money-saving plant varieties
 - Create inexpensive garden accents and accessories
 - Evaluate which plants make a better investment than others
- from Garden Way Publishing