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Beyond Einstein: The Cosmic Quest for the Theory of Everything—Michio Kaku and Jennifer Thompson. Revised and updated to reflect the latest research in the quest for the theory of everything—initiated by Einstein yet just becoming feasible—this introductory text covers in lay terms the “superstring revolution,” in which Kaku has played a central role. The authors show how unified field theory applies to all areas of physics and how this revolution has influenced physics in general. Anchor, 1995, 224 p., paperback, \$12.95.

Chronicle of the Roman Emperors: The Reign-by-Reign Record of the Rulers of Imperial Rome — Chris Scarre. Biographies of the 56 principal emperors from Augustus to Constantine are combined with coin portraits, timelines that detail major events, and datafiles listing name at birth, full imperial title, and manner of death to provide a solid grounding in Roman history and the influence of each of these rulers on it. Thames Hudson, 1995, 240 p., color and b&w photos and illus., hardcover, \$29.95.

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The Columbia University College of Physicians and Surgeons Complete Home Medical Guide—Genell J. Subak-Sharpe, ed. This comprehensive and authoritative third edition outlines descriptions, treatments, and symptoms of more than 100 diseases, from the common cold to all types of cancer in an easy-to-use format. Sections on first aid, pediatrics, testing procedures, mental illness, and substance abuse are also included. Crown Pub Group, 1995, 932 p., b&w illus., hardcover, \$50.00.

The Good Servant: Making Peace with the Bomb at Los Alamos — Janet Bailey. Since the end of the Cold War, scientists at Los Alamos and similar facilities around the world have had to create new niches. This chronicle looks at some of the most compelling of these endeavors. Among them is a brain-mapping project that uses magnetoencephalography, “the hot dry rock experiment” that plans to harness the heat from Earth’s core as a new source of energy, and the Soviet-U.S. gallium experiment that focuses on isolating an elusive subatomic particle. S&S, 1995, 188 p., hardcover, \$22.00.

Handbook for Academic Authors — Beth Luey. Updated to include a chapter on nonfiction for a general audience, this thorough volume focuses not only on the mechanics of academic writing, but also on the logistics of finding a publisher, establishing a relationship, and negotiating a contract. The economics of publishing and the avenues available within electronic publishing are also explored. The author rounds out the volume with advice on revising a dissertation, submitting journal articles, writing an effective article, compiling anthologies, and writing a textbook. Cambridge U Pr, 1995, 312 p., paperback, \$14.95.

How to Think About Statistics—John L. Phillips Jr. This primer focuses on the underlying logic of statistical analysis and problem solving. Phillips shows how to assess the quantitative information in many common scenarios, from politics to education to advertising claims. The book comprises sections on mean, frequency distribution, correlation, and precision of inference. WH Freeman, 1996, 191 p., b&w illus., paperback, \$16.95.

In a Dark Wood: The Fight over Forests and the Rising Tyranny of Ecology—Alston Chase. Providing a great deal of background and insight into the environmental movement, both from within and from a political standpoint, Chase argues that biocentrists harbor unreasonable goals and hinder evolution. Structuring his book around the battle over the old-growth forests in the Pacific Northwest, he cites shortcomings within the environmental community, which saw a middle ground among people with like ideas erode into all-or-nothing agendas. HM, 1995, 535 p., hardcover, \$29.95.

Longitude: The True Story of a Lone Genius Who Solved the Greatest Scientific Problem of His Time—Dava Sobel. In an age old scientific tale, Sobel recounts clock-maker John Harrison’s quest to build an instrument to measure longitude at sea. Plagued by lost vessels and cargo, the British government offered a sizable reward to anyone able to produce such a tool. Harrison built a successful chronometer, but his accomplishment was overlooked by the government, which was heavily influenced by professional scientists and inventors also seeking the reward and recognition. Walker & Co., 1995, 184 p., hardcover, \$19.00.

Houghton Mifflin & Company, 1995,
624 pages, 8 1/4" x 10 3/4", paperback, \$19.95



The New
The Best-Selling Guide
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This book updates and expands upon most of the topics that appeared in the first edition, and adds a number of new ones as well. Here you'll find authoritative information on the potential protection against heart disease and cancer offered by antioxidants; new cholesterol testing guidelines; optimal calcium intakes for men and women; expanded vitamin and mineral charts; a comprehensive discussion of weight control, with recommendations on how to evaluate diet plans; a new (and more moderate) prescription for exercise that can contribute to vigorous, long life; how to treat and prevent low-back pain; updates on environmental and safety issues; and recent guidelines on mammograms and other screening tests — just to name a few of the hundreds of topics that are covered in the following pages.

As we noted in the first edition, this is not a reference book that should sit on your shelf until something goes wrong. The information . . . contains positive, practical guidelines you can take advantage of right away.

— from the Preface

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