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**The Asthma Sourcebook**—Francis V. Adams. A physician specializing in asthma imparts his knowledge about current and future treatments, including beta agonists and corticosteroids, for the benefit of the up to 13 million people in the United States who suffer from asthma. He also discusses methods of prevention, possible causes, the use of inhalers and nebulizers, and the effects of asthma on fitness enthusiasts. Lowell Hse, 1995, 206 p., b&w illus., hardcover, \$25.00.

**Beyond Death: The Chinchorro Mummies of Ancient Chile**—Bernardo T. Arriaza. Long before the ancient Egyptians, the Chinchorros, a primitive society of fisherman who lived 8,000 years ago mummified their dead. Based on the specimens recovered, it would seem that virtually every person who died was mummified. Because of the complex process of skinning, eviscerating, and reconstructing the corpse, these mummies are remarkably well preserved, a fact that helps researchers study everything from the cause of death to the way of life of these ancient people which is documented here. Smithsonian Bks, 1995, 176 p., color plates and b&w photos and illus., hardcover, \$39.95.

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**Dinosaur in a Haystack: Reflections in Natural History**—Stephen Jay Gould. In this collection of 35 essays originally published in *NATURAL HISTORY*, Gould sets forth his perspicacious views on a number of topics. Among them are his definition of when a new millennium begins, Hollywood's misrepresentation of Mary Shelley's *Frankenstein*, and the connection between Linnaeus and Erasmus Darwin (Charles Darwin's grandfather). Harmony, 1995, 480 p., b&w illus., hardcover, \$25.00.

**The Food Chronology: A Food Lover's Compendium of Events and Anecdotes, from Prehistory to the Present**—James Trager. This comprehensive and enjoyable sourcebook charts the emergence of agriculture as societies changed and as people altered their methods of growing, preparing, consuming, producing, and selling food and agricultural products. For example, Trager reveals that the seedling for the popular Red Delicious apple was found by accident in Iowa and that Jesuit missionaries introduced tempura-style cooking to Japan. H Holt & Co, 1995, 783 p., b&w illus., hardcover, \$40.00.

**Universe Down to Earth**—Neil de Grasse Tyson. In a primer that describes astronomical jargon as "terms that sound like diseases," Tyson provides a delightful romp through the often intimidating concepts of stellar evolution, the conservation of energy, the electromagnetic spectrum, gravity, thermodynamics, and the periodic table, among others. By using analogies that implement common experiences, Tyson makes the physical universe understandable to virtually anyone. Originally published in hardcover in 1994. Col U Pr, 1995, 277 p., paperback, \$14.95.

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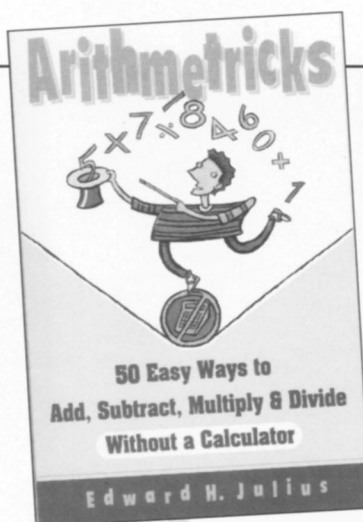
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John Wiley & Sons, 1995,  
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paperback, \$9.95  
Recommended for age 8 and up.



Because today's elementary school students are often allowed to use a pocket calculator in class, there has developed a new generation of button pushers who are largely alienated from numbers. Many kids are never required to learn the intricacies of numerical relationships, often needing only to know which keys to punch in order to get a correct answer.

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*Rapid Math Tips and Tricks*, 1992,  
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