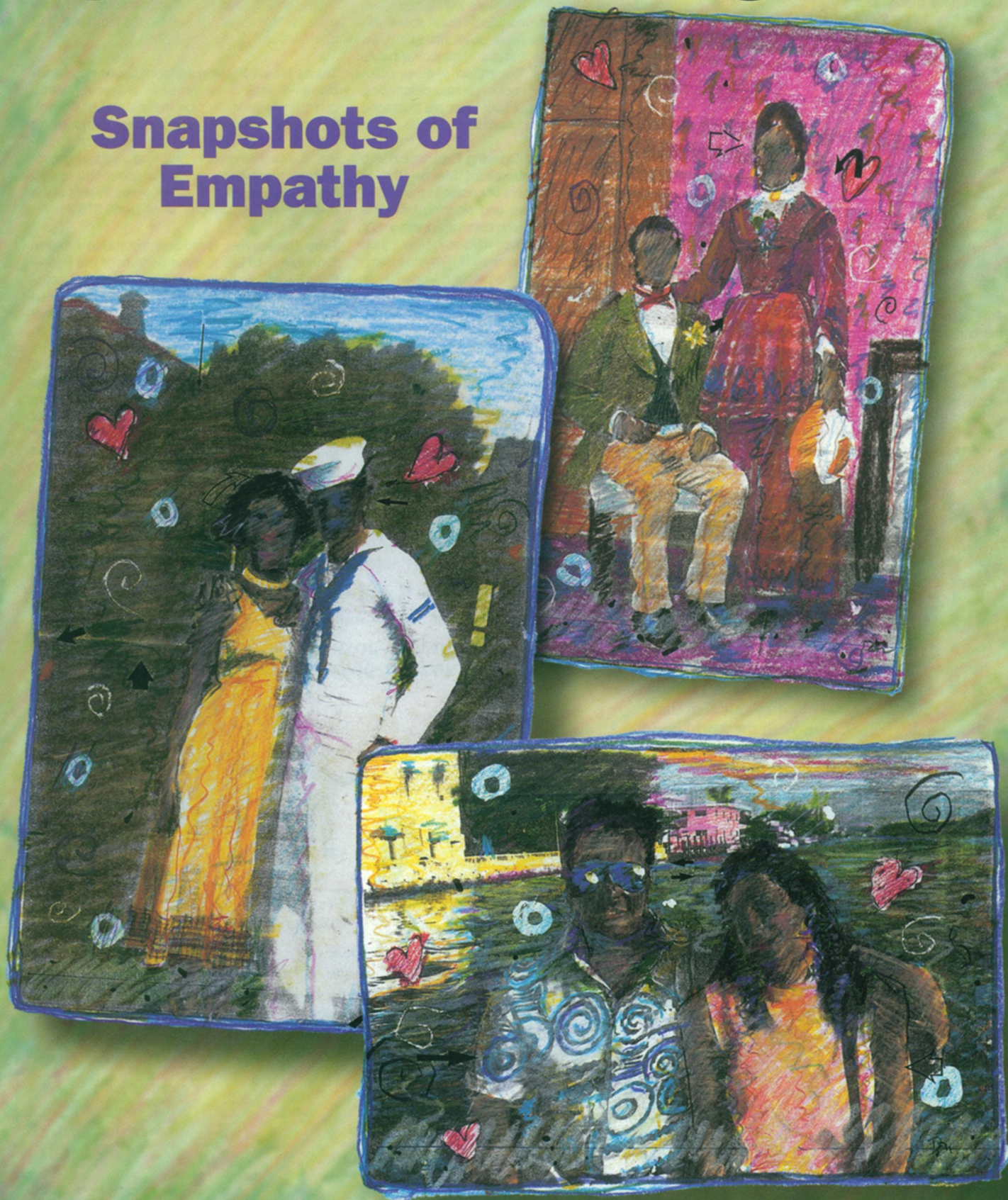


The Weekly Newsmagazine of Science

SCIENCE NEWS

March 23, 1996
Vol. 149, No. 12
Pages 177-192

Snapshots of Empathy



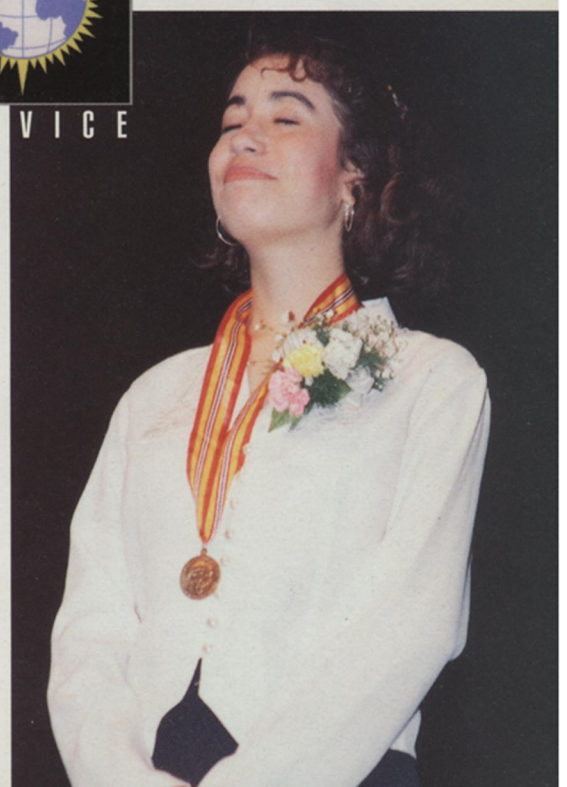


NYNEX[®]

**NYNEX is a proud sponsor of the
TEAM CATEGORY Grand Awards
at Science Service's 47th
International Science and
Engineering Fair (ISEF) in
Tucson, Arizona, May 5-11, 1996.**

**NYNEX is a great believer in
education and promoting the
advancement of science
among youth.**

**We invite you to join us in
sponsoring the future.**

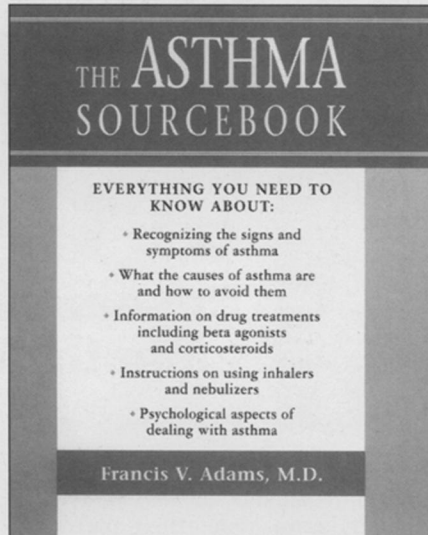


Asthma is a disease that affects as many as 13 million people in the United States. Yet despite the various drugs available to treat this condition, the number of asthma-related deaths has also increased. *The Asthma Sourcebook* is a comprehensive guide to the causes and treatments of this potentially fatal respiratory problem.

The Asthma Sourcebook explains how asthma occurs when the airways of the lung or bronchial tubes are narrowed. However, while several factors such as heredity, the immune system, allergies, the environment, and viruses may all trigger an asthma attack, the causes of asthma remain uncertain.

Wheezing, coughing, shortness of breath, and mucus production are all symptoms of a potentially dangerous asthmatic attack. Adams discusses ways to recognize the signs of an attack before it becomes severe. *The Asthma Sourcebook* explores the full range of medications that are used to stave off asthma attacks including bronchodilators such as B₂-Agonists. Adams also explains the proper technique for using devices such as inhalers and nebulizers that dispense asthma medications.

Since allergies have been known to trigger asthma, *The Asthma Sourcebook* suggests simple ways to reduce allergens at home and work. Also included is information on asthma and pregnancy, childhood asthma, asthma and exercise, and occupational asthma. With appendices on where to go for allergy and asthma products, as well as listings of national asthma societies, *The Asthma Sourcebook* contains a full directory of information that asthmatics can turn to with further questions. — from Lowell House



Order by phone for faster service!
1-800-544-4565
 (Visa or MasterCard only)

In D.C. area: 202-331-9653

Lowell House, 1995, 206 pages,
 7½" x 9½", hardcover, \$25.00

Science News Books AsthmaSrcbkH
 1719 N Street, N.W.
 Washington, DC 20036

Please send me _____ copy(ies) of *The Asthma Sourcebook*. I include a check payable to Science News Books for \$25.00 plus \$2.00 postage and handling for each book (total \$27.00). Domestic orders only.

Name _____
 Address _____
 City _____
 State _____ Zip _____
 Daytime Phone _____

(used only for problems with order) RB2475

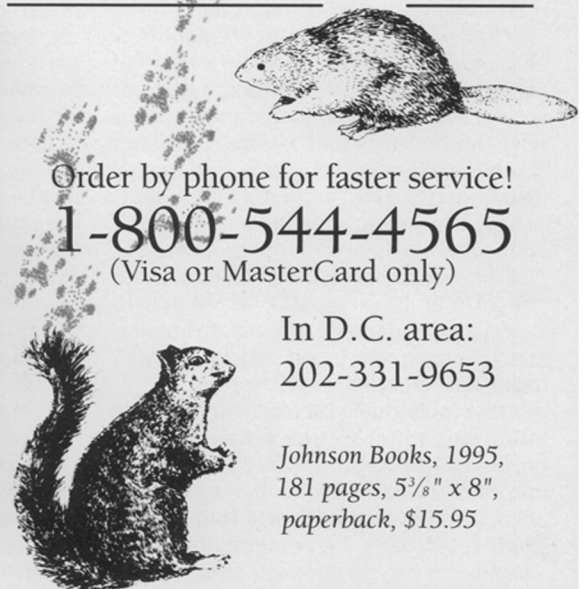
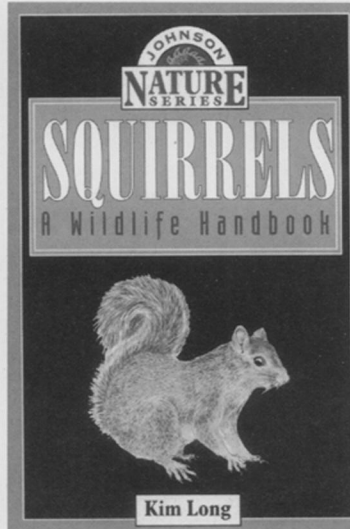
A combination of illustrated field guide, fact book, and folklore collection, *Squirrels* is a new kind of wildlife book. This concise, illustrated handbook identifies specific squirrels with color illustrations and gives comprehensive listings of vital statistics associated with each. It also presents an accurate, informative portrait of squirrels in their natural habitat, along with an examination of their relationship to humans.

Most U.S. residents live in cities. The closest many get to wildlife is observing animals in parks and yards—the favorite habitat of the tree squirrel. Yet for all of the frequency with which they are observed, squirrels and their behavior are little understood. What do squirrels eat? How do they keep their food caches from spoiling? What is the most aggressive squirrel? Are there any squirrel-proof bird feeders? What role did squirrels play in ancient mythology?

From social interactions with early American cultures—both Native Americans and European settlers—to their role in local ecosystems, *Squirrels* provides animal lovers with the complete picture.

- * Hoarding
- * Nest types
- * Predators
- * Favorite foods
- * Endangered species
- * Pest Control

—from Johnson Books



Order by phone for faster service!
1-800-544-4565
 (Visa or MasterCard only)

In D.C. area:
 202-331-9653

Johnson Books, 1995,
 181 pages, 5⅜" x 8",
 paperback, \$15.95

Science News Books Squirrels
 1719 N Street, NW, Washington, DC 20036

Please send me _____ copy(ies) of *Squirrels*. I include a check payable to Science News Books for \$15.95 plus \$2.00 postage and handling for each book (total \$17.95). Domestic orders only.

Name _____
 Address _____
 City _____
 State _____ Zip _____
 Daytime Phone _____

(used only for problems with order) RB2476