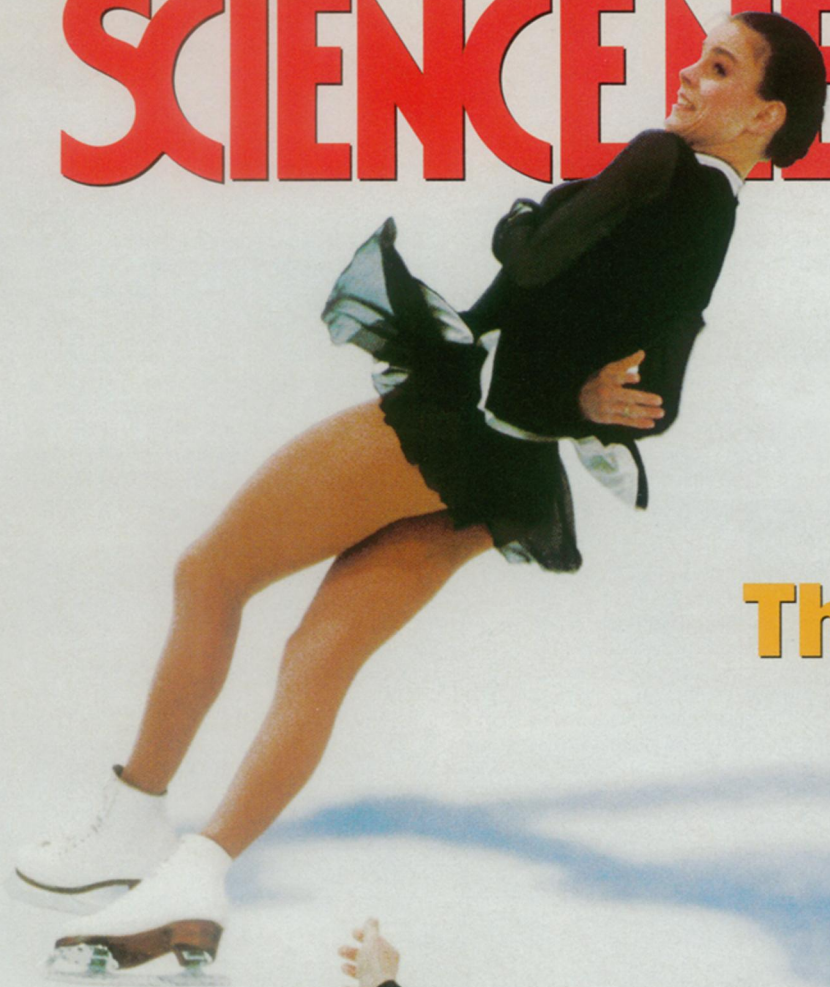


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The Grinkov Legacy



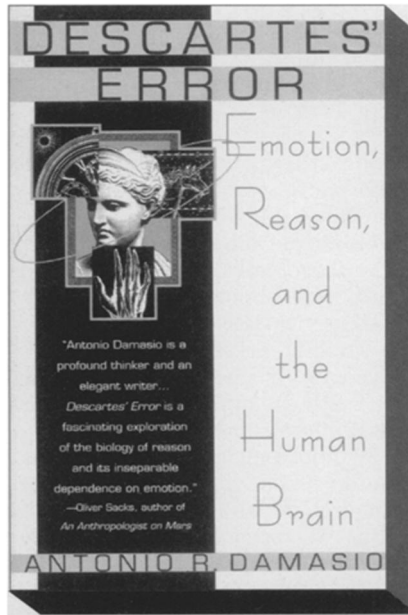
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Avon, 1994, 312 pages,
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In this wondrously lucid and engaging book, renowned neurologist Antonio R. Damasio demonstrates what many of us have long suspected: Emotions are not a luxury. Rather, emotions are essential to rational thinking.

Descartes' Error takes the reader on an enthralling journey of scientific discovery, starting with the peculiar case of Phineas Gage—a construction foreman who in 1848 survived a freak accident in which a 3 1/2 foot iron rod passed through his head. It continues with Damasio's experiences with modern-day patients affected by brain damage. Based on these cases, Damasio challenges the separation between reason and emotion that has served as the foundation of Western science and philosophy for centuries. Far from interfering with rationality, his research shows us, the absence of emotion and feeling can *break down* rationality and make wise decision making almost impossible. Damasio also offers a novel perspective on what feelings actually are: a direct view of our own body states, a link between the body and its survival-oriented regulations and consciousness.

Written with clarity, grace and a storyteller's talent, *Descartes' Error* will change forever the way we view the relationship between mind and body. —from Avon

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ADHD (attention deficit hyperactivity disorder)—and its treatment with the drug Ritalin—has become one of the most hotly debated health issues of the 1990s, with the controversy taking center stage in media accounts all over the country. But for the thousands of families of ADHD children, adolescents, and adults, it remains painfully difficult to get clear and authoritative answers to the many questions that this confusing disorder poses. *Beyond Ritalin* is based on hundreds of sources and over 30 years of research, and is the first book to explain in complete detail exactly how Ritalin affects individuals' social and organizational skills, distractibility, activity level, academic performance, and other areas of behavior.

The authors of *Beyond Ritalin*, who are acknowledged experts on attention deficit disorders, provide a complete road map and guide for coping with ADHD, addressing such important issues as:

- ⊗ *What medication can and cannot do for children, adolescents, and adults with attention deficits*
- ⊗ *The 10 most common myths surrounding Ritalin*
- ⊗ *Alternative medications and therapies*
- ⊗ *How to get an accurate diagnosis of ADHD*
- ⊗ *The difference between ADHD and other problems that resemble the disorder*
- ⊗ *Why medication should never be the only treatment for ADHD*
- ⊗ *Why Ritalin does not solve social problems*

The Garber-Spizman team has provided a complete checklist of ADHD symptoms, as well as charts, worksheets, and a comprehensive list of valuable resources and support groups to help readers implement the strategies that should be used along with medication to deal with all aspects of ADHD in home, school, and office environments. —from Villard

Facts About Medication and Other Strategies
for Helping Children, Adolescents,
and Adults with Attention Deficit Disorders

Beyond Ritalin

Stephen W. Garber, Ph.D., Marianne Daniels Garber, Ph.D.
and Robyn Freedman Spizman
Authors of *Is Your Child Hyperactive?* . . .

Villard
Books, 1996,
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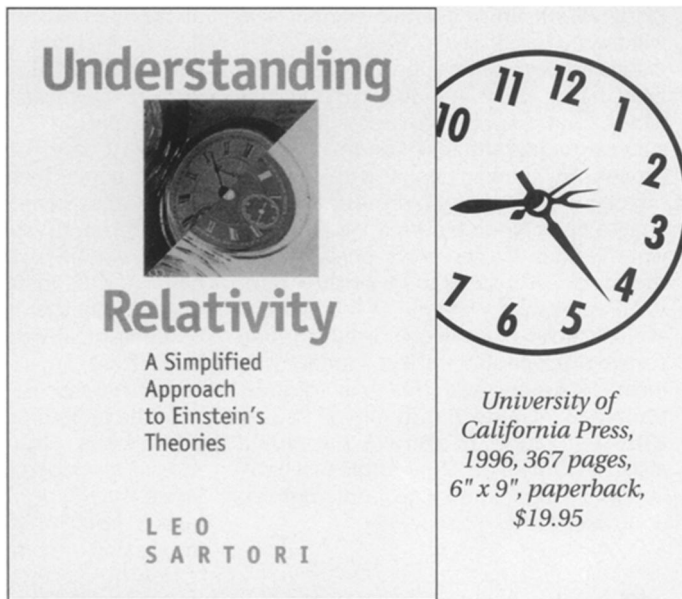
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This extraordinary guide makes Einstein's theory of relativity accessible to readers with a minimum knowledge of physics and algebra. Through effective diagrams and an emphasis on the logical structure of the theory, Leo Sartori clearly presents the relativistic concepts of time, space, and energy and makes understandable the aspects of the theory that seem counterintuitive.

Understanding Relativity includes an introduction to general relativity and cosmology, but focuses on special relativity. Sartori traces the historical development of the theory and carefully explains its implications. He explores illuminating paradoxes, including the famous twin paradox and the "pole-in-the-brain" paradox, and describes the Loedel diagram, which is an accessible, graphical approach to relativity. Students of the history and philosophy of science will welcome this concise introduction to one of the cornerstones of modern physics. —from University of California Press

"An extraordinarily well-written, well-researched, and carefully thought-out piece of work. . . . The discussions of the paradoxes of relativity and of cosmology are the best discussions of these topics at an elementary level that I have ever seen."

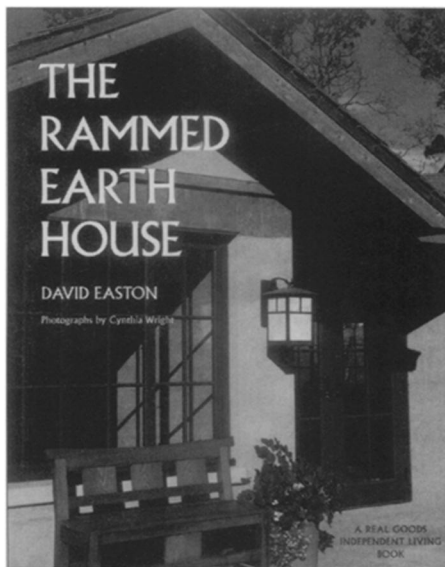
—Roger A. Freedman, University of California, Santa Barbara



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—from Chelsea Green

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