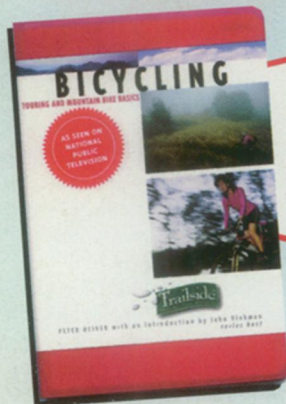
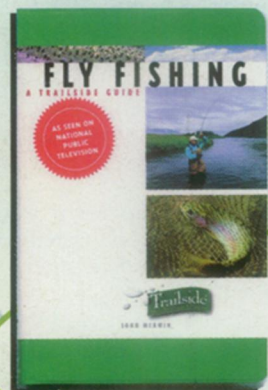


Make Your Own Adventure!



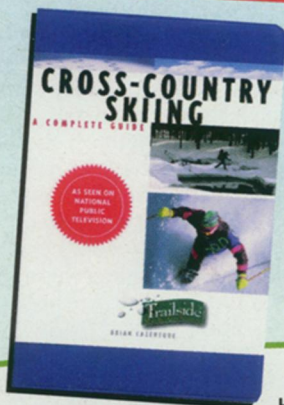
Have you ever wondered whether mountain biking or road touring might be the next great outdoor adventure in your life? Whether a daily spin on two wheels might be the best way to stay fit? No matter what your skill level, this book will rekindle childhood enthusiasm for one of the fastest-growing outdoor sports in America. Fully illustrated and inclusive of sections on basic and advanced mountain bike and touring technique, **BICYCLING** outlines the latest on bike designs and materials, along with proven tips on how to increase your cycling efficiency and pleasure while improving fitness. In short, all the information you need to transform yourself from someone who can ride a bike into a true cyclist can be found in these pages. 1995, 192 pages



Here, from one of the country's foremost anglers, is the first fly-fishing guide that gives you all you need to know—but no more. John Merwin tells you exactly what tackle is essential for success, then presents his step-by-step fly-casting course. With full-color illustrations, he teaches you the five knots no angler can be without. Next, he puts you on the water—whether a trout stream, a bass pond, or a bonefish flat off the Florida Keys—and gives you surefire ways to hook fish your first time out.

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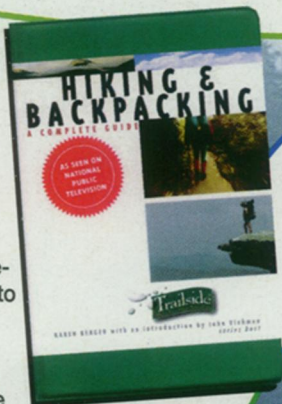
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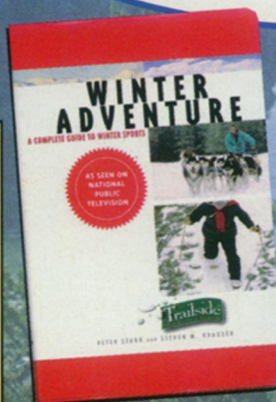
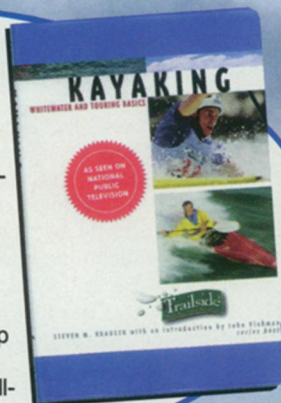
1995, 244 pages



Kayaking—is one of America's hottest aquatic sports. Yet many more people dream of adopting this unique craft than actually take paddle in hand. **KAYAKING** gives you the means and inspiration to take your first easy strokes through still water and the confidence to venture downriver.

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1995, 192 pages



This unique handbook covers over two dozen winter sports, from snowshoeing, snowboarding, and winter camping to dog sledding, skijoring, and animal tracking—even curling and barrel jumping. Every winter outdoorsperson will find something new here, whether it be glissading, snow volleyball, or kite skating, the newest, fastest sport on ice.

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