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Fans of Douglas Hofstadter, Daniel Dennett, and Richard Dawkins will revel in Aaron Lynch's groundbreaking examination of memetics—the new study of how ideas and beliefs spread. A meme is characterized by its capacity for displacing rival ideas and beliefs in an evolutionary drama that changes the way people think. Why do some beliefs spread throughout society while others dwindle to extinction? What drives those intensely held beliefs that spawn ideological and political debates on such issues as abortion?

Basic Books

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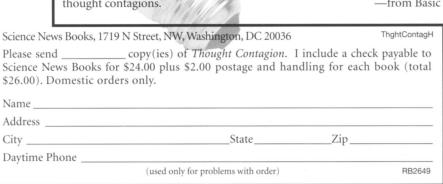
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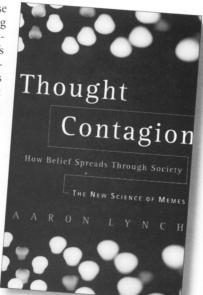
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By drawing on examples from everyday life, Lynch develops a conceptual basis for understanding memetics. Memes evolve by natural selection in a process similar to that of genes in evolutionary biology. What makes an idea a potent meme is how effectively it outpropagates other ideas. In memetic evolution, the "fittest ideas" are not always the truest or the most helpful, just the ones best at self-replication.

Thus, crash diets spread not because they confer lasting benefit, but because they cause alternating episodes of dramatic weight loss and slow regain. Each sudden thinning provokes onlookers to ask, "How did you do it?" thereby manipulating them to experiment with the diet and, in turn, spread it again. Lynch argues that certain beliefs spread like viruses and evolve like microbes. In its most revolutionary aspect, memetics asks not how people accumulate ideas, but how ideas accumulate people. Readers of this intriguing theory will be amazed to discover that many popular beliefs about family, sex, politics, religion, health, and war have succeeded by their "fitness" as —from Basic Books thought contagions.







John Wiley & Sons, 1996 310 pages, 61/4" x 91/2 hardcover, \$24.95

**Science News Books** 

What evidence led investigators to Ted Bundy, America's most infamous serial killer?

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Packed with enough mystery and intrigue to satisfy the most avid true-crime buff, the cases, from Bruno Hauptmann to John Wayne

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