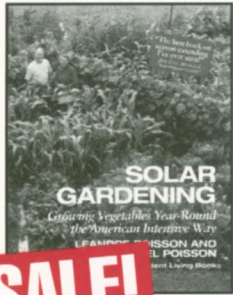


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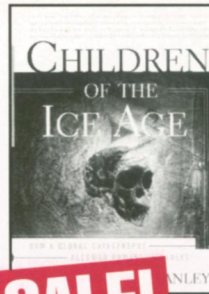


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—from Chelsea Green Publishing

Chelsea Green Publishing, 1994, 267 pages, 8 1/2" x 11", paperback, \$24.95 **SolarGarden**

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Steven Stanley argues that the confluence of environmental factors and developmental imperatives is the key to the mysteriously swift evolution from *Australopithecus* to *Homo*. In **CHILDREN OF THE ICE AGE**, Stanley shows how the human brain is tied to our species' slow maturation and "postnatal helplessness." This trade-off, indicates that no tree-dwelling species could develop large brains. But if abandoning the trees was an evolutionary requisite for large brains, what can explain why our ancestors would choose the far more dangerous grassy terrain of Africa in the first place? A catastrophic change in the global climate is the answer Stanley unfolds in this anthropological detective story.

—from Harmony Books

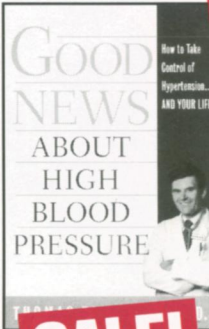
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Harmony Books, 1996, 278 pages, 5 1/2" x 8 1/2", \$25.00 **ChildIceAgeH**

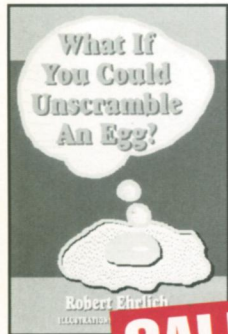
Hypertension most often produces no symptoms whatsoever. This "invisible disease," which plagues its victims for life, can lead to heart disease and strokes.

In **GOOD NEWS ABOUT HIGH BLOOD PRESSURE**, Pickering shows hypertension patients how to monitor their own blood pressure and make appropriate changes in lifestyle. He emphasizes the importance of other risk factors for heart disease, such as smoking, excess weight, and high cholesterol. Accessible and informative, Pickering discusses the possible impact of red wine, homocysteine, the obesity hormone leptin, and folic acid on high blood pressure.

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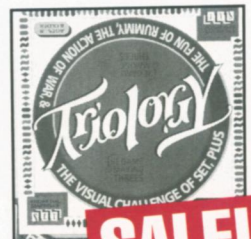
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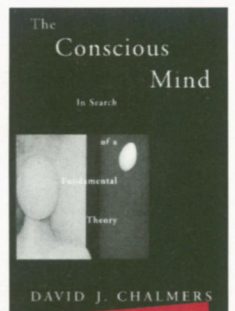
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