

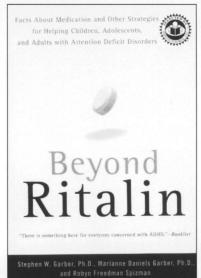
ADHD (attention deficit hyperactivity disorder)—and its treatment with the drug Ritalin—has become one of the most hotly debated health issues of the 1990s, with the controversy taking center stage in media accounts all over the country. But for the thousands of families of ADHD children, adolescents, and adults, it remains painfully difficult to get clear and authoritative answers to the many questions that this confusing disorder poses. Based on hundreds of sources and over 30 years of research, Beyond Ritalin is the first book to explain in complete detail exactly how Ritalin affects individuals' social and organizational skills, distractibility, activity level, academic performance, and other areas of behavior.

The authors of *Beyond Ritalin*, who are acknowledged experts on attention deficit disorders, provide a complete road map and guide for coping with ADHD, addressing such important issues as:

- Mhat medication can and cannot do for children, adolescents, and adults with attention deficits
- of The 10 most common myths surrounding Ritalin
- & Alternative medications and therapies
- of How to get an accurate diagnosis of ADHD
- ? The difference between ADHD and other problems that resemble the disorder
- 8 Why medication should never be the only treatment for ADHD
- Nhy Ritalin does not solve social problems

The Garber-Spizman team has provided a complete checklist of ADHD symptoms, as well as charts, worksheets, and a comprehensive list of valuable resources and support groups to help readers implement the strategies that should be used along with medication to deal with all aspects of ADHD in home, school, and office environments.

—from Villard



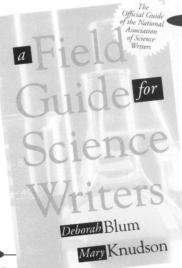
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