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The Expression of the Emotions in Man and Animals—

Charles Darwin, introduction and commentary by Paul Ekman. A bestseller in 1872 and still current today, this study illustrates Darwin's breadth of expertise and literary skill as he explores the nature vs. nurture debate of nonverbal commu-

nication. Fascinated by facial expressions, Darwin ponders what those visual effects tell us about emotions. Why do we blush when we are embarrassed? How do we visually express fear? He considers why cats purr and dogs snarl. Ekman incorporates Darwin's original notes on the material and a number of images not originally published with the text. He also provides scientific updates on the subject matter. OUP, 1998, 472 p., b&w photos/illus., hardcover. \$30.00.



Facing and Fighting Fatigue:

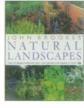
A Practical Approach—Benjamin H. Natelson. According to Natelson, nearly 10 percent of the population suffers from some type of chronic fatigue. His main concern is determining whether a patient is just tired or suffering from underlying stress or disease, such as

fibromyalgia. As he examines each possibility, he details the intricacies of sleep, the mysteries of chronic fatigue syndrome, and the relationship between exercise and exhaustion. While he does not promise cures, his coping mechanisms are plentiful. Yale U Pr, 1998, 211 p., paperback, \$15.00.



The Horned Dinosaurs: A Natural History—Peter Dodson. Incredibly comprehensive in scope, this text surveys the anatomy, biology, and geography of *Triceratops*—one of the last dinosaurs to walk Earth—and its horned, rhinoceroslike ceratopsian relatives. Methods of defense

are outlined, as are other controversial issues, including posture, gait, footprints, diet, sexual dimorphism, and the cause of the dinosaurs' disappearance. Originally published in hardcover 1997. Princeton U Pr, 1998, 346 p., color plates/b&w illus., paperback, \$19.95.



John Brookes' Natural Landscapes: How to Design, Build, and Plant Your Garden With Nature in Mind—John Brookes. Relying on hundreds of resplendent photographs portraying his ideas at work and color illustrations that detail their implementation,

garden designer Brookes offers a stunning array of suggestions for incorporating natural elements into landscape design in virtually every type of climate. General discussion about his philosophy prefaces the book. Dorling Kindersley, 1998, 192 p., color photos/illus., hardcover, \$29.95.



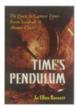
Music, the Brain, and Ecstasy: How Music Captures Our Imagination—Robert Jourdain. Jourdain covers virtually every aspect of our emotional and physical comprehension and enjoyment of music. He explains how the capacity for vocalization and hearing formed, then imparts the

physics of resonance and explains the anatomy of the inner ear. Moving toward understanding how melody, harmony, and rhythm work together to form compositions, he explores how the brain processes these sounds and how we are able to churn out new melodies. Originally published in hardcover in 1997. Avon, 1998, 377 p., b&w illus., paperback, \$12.50.



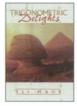
Sierra Nevada: The Naturalist's Companion—Verna R. Johnston. For 40 years, Johnston hiked and studied the Sierra. Updating the book she wrote on the subject in 1970, she examines the diverse heritage of the area and how it has changed. Home to Yosemite, Sequoia, and Kings

Canyon National Park, the Sierra Nevada draws thousands of visitors each year. Johnston helps those and armchair visitors alike understand and appreciate how each life zone changes with elevation and harbors an ecology including such elements as old growth sequoias, mountain meadows, warblers, and cougars. U CA Pr, 1998, 207 p., color plates, hardcover, \$29.95.



Time's Pendulum: The Quest to Capture Time—From Sundials to Atomic Clocks—Jo Ellen Barnett. A day on Earth has not always been 24 hours long, and digital clocks have not tracked every millisecond of time. Barnett maps the ways and means of humans in their

quest to chart time, whether to attend prayer sessions on a regular basis or catch the train passing through town without waiting all day. Beginning with the sundial and the long struggle to allow for changes in the amount of daylight, she glides through hundreds of years of change by way of the church bell, the pendulum, and modern atomic clocks. Plenum, 1998, 340 p., b&w illus., hard-cover, \$27.95.



Trigonometric Delights—Eli Maor. Maor finds gratification in exploring the more arcane aspects of mathematics: His last book was about the number e. This time, he escapes to the world of plane trigonometry—the black sheep of math, according to some. Maor does not shy away from

numbers or the trigonometrically ubiquitous sine and cosine, but clearly delineates his formulas and the procedures for solving them. He blends all of this with a historical outlook of the field dating back to Egyptian times and its relevance to other scientific pursuits. Princeton U Pr, 1998, 236 p., b&w illus., hardcover. \$24.95.

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