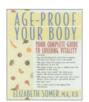
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Age-Proof Your Body: Your Complete Guide to Lifelong Vitality—Elizabeth Somer. The title of this book may seem sensational, but Somer is an accomplished nutritionist and her extensive research is evident. In this

compendium of the ways to maintain vitality and ward off age-associated ailments, Somer is careful to spell out the scientific foundation of her dietary and exercise-based suggestions, while also mindful of quality-of-life issues. The separation of hype from facts regarding nutritional supplements and quick-fix diets is a staple of her text. Morrow, 1998, 376 p., hard-cover, \$25.00.



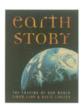
Amazon Journal: Dispatches From a Vanishing Frontier—Geoffrey O'Connor. With 10 journeys to the depths of the Amazon rain forest to his credit, O'Connor reflects on his experiences with Yanomami Indians and miners engaged in a modern-day gold rush. O'Connor's story turns out to be about

more than miners raping the land and victimizing the Yanomami. In fact, his own role as observer becomes murky as the story progresses. He unravels these intricacies as well as the effects wrought by humanitarians trying to help "save the rain forest." Originally published in hardcover in 1997. Plume, 1998, 378 p., paperback, \$13.95.



Cartographies of Danger: Mapping Hazards in America—Mark Monmonier. Focusing primarily on environmental hazards in the United States, be they weather phenomena, radon, or the placement of nuclear reactors, Monmonier defines this aspect of map-

making. Rather than present an atlas, he describes how hazard maps are constructed and explains how to glean information from them. How maps are sometimes misleading is also one of the author's favorite topics. Originally published in hardcover in 1997. U Ch Pr, 1998, 363 p., illus., paperback, \$15.00.



Earth Story: The Shaping of Our World—Simon Lamb and David Sington. Without the turnult of earthquakes, volcanoes, glaciers, and monsoons, Lamb and Sington contend that Earth could not sustain life. Their fascination with the history embedded in

ancient rocks is the impetus for this tour of 4 billion years of geologic change and a BBC documentary airing soon in the United States. They systematically progress from Earth's core outward, illustrating through lucid text and stunning color images the active geology that facilitated the origins of life and make Earth unique among the planets. Princeton U Pr, 1998, 240 p., color photos/illus., hardcover, \$29.95.



The Elements—John Emsley. This third edition includes the six newly appointed elements: 104-109. The alphabetical listings profiling each chemical element include physical, nuclear, and electronic data. This version includes foreign names of the elements, a guide to pronunciation, and information on health hazards and

toxicity. Tables of isotopes and minerals supplement the text. OUP, 1998, 292 p., paperback, \$29.95



The Fabric of Reality: The Science of Parallel Universes—and Its Implications—David Deutsch. The controversial multiverse theory holds that our universe is embedded in an infinite yl larger and more complex structure. Deutsch believes that this multiplicity of universes—

detectable through the astonishing phenomenon of quantum interference—is the key to a new way of looking at everything from weather to time travel and may be the first real Theory of Everything. Someday, he says, computers will be able to draw on their counterparts in parallel universes, significantly advancing the capabilities of artificial intelligence. Originally published in hardcover in 1997. Penguin, 1998, 390 p., illus., paperback, \$14.95.



Fresh Water—E.C. Pielou. The natural history of water courses through this volume. Its lyrical text offers a sweeping discourse on the hydrologic cycle and fresh water's various habitats, from ground to air to clouds to snow and ice. Only 2.6 percent of

Earth's 1.4 billion cubic kilometers of water is fresh, but its spread is vast and its chemical role profound. Pielou begins with an analysis of ground water and the flows under river beds, including aquifers. Then, she explores "rivers at work" and the obstacles to flow, such as ice and dams. Peculiarities of fresh water, such as cosmic snowballs, add further intrigue. U Ch Pr, 1998, 275 p., illus., hardcover, \$24.00.



The Staff and the Serpent: Pertinent and Impertinent Observations on the World of Medicine—Allen B. Weisse. Although physicians and students of medicine are Weisse's target audience, almost anyone intrigued by the profession should find both amusement and

provocation in this collection of essays that range from issues of ethics to medical research. Witty and anecdotal, the chapters include "Say It Isn't 'No'" (about getting research published) and "On Chinese Restaurants, Prolapsing Heart Valves, and Other Medical Conundrums" (which offers a comparative analysis of rubber galoshes and Chinese restaurants). S III Univ Pr, 1998, 147 p., hardcover, \$29.95.

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