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**Glow-in-the-Dark
Octopus**

THE PROSTATE CURE

HARRY G. PREUSS, M.D.
and
BRENDA ADDERLY, M.H.A.

If you are a man suffering from the unpleasant, sometimes agonizing symptoms of prostate enlargement, you are not alone. By age 50, half of all normally virile men have some sign of the disease, called benign prostatic hyperplasia. And by age 80, a startling 90 percent of men will suffer significant symptoms, such as the need to urinate constantly, difficulty in urinating, incontinence, and bladder infections.

Harry Preuss, a professor of Medicine and Pathology at Georgetown University Medical Center, teams up with health-writer Brenda Adderly to provide a thoroughgoing overview of BPH, its symptoms and psychological effects, along with a seven-step program that may relieve the condition.

This program promotes a healthy prostate through healthy living and a nutritional supplement called Cernitin. Cernitin is a flower pollen extract that has been used to treat symptoms of BPH in millions of men around the world and is now becoming available in the United States. Preuss and Adderly present a historical account of the use of Cernitin, primarily in Europe, and data on its effectiveness in treating BPH.

With a detailed description of the symptoms of enlarged prostate, a thorough analysis of all available treatments for BPH, a complete guide to the history and efficacy of Cernitin, and an aggressive program that combines diet, exercise, and Cernitin, *The Prostate Cure* offers help to the millions of men suffering from prostate enlargement.

—from Crown Publishers

Crown Publishers, 1998, 251 pages
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“The great book of nature,” said Galileo, “can be read only by those who know the language in which it was written. And this language is mathematics.”

In *The Language of Mathematics*, Keith Devlin reveals the vital role mathematics plays in our eternal quest to understand who we are and the world we live in. More than just the study of numbers, mathematics provides us with the eyes to recognize and describe the hidden patterns of life—patterns that exist in the physical, biological, and social worlds without and the realm of ideas and thoughts within.

Taking the reader on a wondrous journey through the invisible universe that surrounds us—a universe made visible by mathematics—Devlin shows us what keeps a jumbo jet in the air; explains how we are able to view a football game on TV; and describes the mathematics that allow

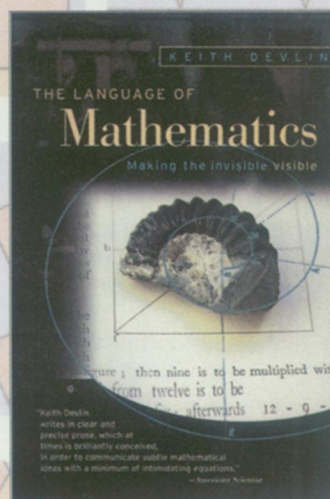
us to predict the weather, the behavior of the stock market, and the outcomes of elections. Microwave ovens, telephone cables, children’s toys, pacemakers, automobiles, and computers all operate on mathematical principles. Far from a dry and esoteric subject, mathematics is a rich and living part of our culture.

An award-winning author, Keith Devlin conveys both the historical development and the current breadth of mathematics without assuming any technical knowledge or ability on the part of the reader. He proves that the guiding principles of some of the most mysterious mathematical topics can be made comprehensible.

—from W.H. Freeman

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