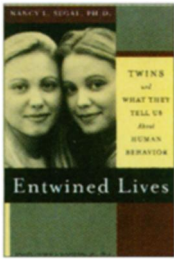


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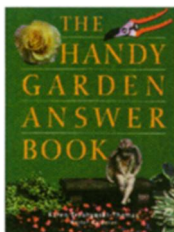
Entwined Lives: Twins and What They Tell Us About Human Behavior—Nancy L. Segal. Because twins share genetic predispositions and are generally exposed to many of the same experiences and nurturing techniques, they are providing enlightenment in the area of evolutionary psychology. At the Twin Studies Center

of the California State University at Fullerton, where Segal is director, scientists study many types of twins: identical, fraternal, separated at birth, conjoined, best friends, and worst enemies. In sharing a number of her revelatory case studies, Segal—herself a twin—offers insights about behavior and belief, nature versus nurture, patterns in language, and subliminal communication. Segal amply considers the controversies affecting her field, including cloning, fertility treatments, and homosexuality. Dutton, 1999, 396 p., b&w photos, hardcover, \$27.95



Get a Grip on Astronomy—Robin Kerrod. Get a Grip on Evolution—David Burnie. Facts interspersed with key words and definitions, as well as mini-biographies of key figures within the fields, fill these whimsical primers. The guides impart a general understanding of the history and key points of each field. For example, in the astronomy handbook, readers can learn all the constellations of the Southern Hemisphere as well as the principles of the steady state theory. In the evolution text, they can learn the fundamentals of Charles Darwin's theories on the origins of species and their underpinnings in the work of botanist Gregor Mendel and mathematician Ronald Fisher.

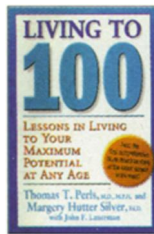
Both books, Times Bks, 1999, 192 p., paperback, \$14.95 each.



The Handy Garden Answer Book—Karen Troshynski-Thomas. Neophytes and accomplished horticultural enthusiasts alike can find answers to the more puzzling aspects of gardening among the 1,000 questions and answers in this volume. Organizing her work both by plant type and garden elements, Troshynski-Thomas offers involved responses to queries including: What is an LD₅₀ rating? How do I site a garden to improve plant hardiness? What are the benefits of clover? Are there any black plants? Visible Ink, 1999, 442 p., b&w photos/color plates, paperback, \$19.95.

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Living to 100: Lessons in Living to Your Maximum Potential at Any Age—Thomas T. Perls and Margery Hutter Silver, with John F. Lauerman. The founders of the New England Centenarian Study, who are both affiliated with the Harvard Medical School, report their findings. By concentrating on the mental, physical, and emotional health of more than 100 centenarians, Perls and Silver gleaned aspects of lifestyle that encourage vitality in old age. The results point to a hardy, active group of people whose condition defies most commonly held perceptions about the aged. Perls and Silver explain methods for how to age well. Basic, 1999, 284 p., illus., hardcover, \$25.00.



Maya: Sixth Edition—Michael D. Coe. Expanding upon the increasing volume of data about the indigenous people of Central America and Mexico, this revised introduction to the Maya incorporates artistic discoveries from the city of Copán and new translations of ciphers about political power. Coe's study spans the 9,000-year history of this tenacious group, from the seminomadic Indians of the Archaic period to the descendants who remain in modern Peru. Laden with photographs and illustrations of Mayan tools, crypts, statuary, and ornamentation, Coe's tour is visually informative as well. Thames Hudson, 1999, 256 p., color photos/b&w photos/illus., paperback, \$18.95.



Smart Guide to Healing Foods—Katharine Colton. In a straightforward style, this guide explores the benefits of certain vitamins and minerals, identifies the foods that harbor them, and then suggests how they influence a host of ailments. Tips for cooking and selecting the best ingredients are included within entries that discuss potential medicinal benefits of menu items. A concluding section details ailments and the foods and nutrients that have been proposed for preventing or treating them. Wiley, 1999, 179 p., paperback, \$10.95.



Time, Love, Memory: A Great Biologist and His Quest for the Origins of Behavior—Jonathan Weiner. The Pulitzer Prize-winning author of *The Beak of the Finch* follows up with this stellar biography of maverick biologist Seymour Benzer and his quest to define the foundations of behavior. A cohort of James Watson and Francis Crick, Benzer aided the two in breaking the genetic code and invented the genetic dissection of behavior. Since then, Benzer and his students at the California Institute of Technology have sought to explain the genetics of memory, emotion, and internal clocks. Throughout the past 40 or so years, Benzer's studies focused on fruit flies, with which we share an amazing array of genetic similarities. Weiner's compelling portrait tells how Benzer and his fruit flies bestow one of the most scientifically significant legacies of the century. Knopf, 1999, 300 p., b&w photos/illus., hardcover, \$27.50

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