



See our Web site at www.science newsbooks.org

Firefly 1999 543 pages 83/4" x 111/4" hardcover \$35.00

Order by phone for faster service! 1-800-266-5766 Dept. 1494

Visa, MasterCard, or American Express

Books Now The Virtual Bookstore

400 Morris Ave., Long Branch, NJ 07740 _copy(ies) of You Eat What Please send me You Are. I include a check payable to Books Now for \$35.00 plus \$4.95 postage and handling for the first book (total \$39.95). Add \$2.50 for postage and handling for each additional book.

Name	
Address	
City	
State	Zip
Daytime Phone	

What is dugag mahshi?

Where are ants considered a delicacy?

What group of people is thought to be responsible for bringing ice cream to North America?

> What does one serve at an "Israeli breakfast"? What item is an indispensable staple in Russian cuisine? What foods does St. Nicholas bring to the children in Switzerland?

YOU EAT WHAT YOU ARE offers answers to these questions while exploring culinary traditions of cultures around the world. In each case, food preferences reveal links with social and political histories, reli-

gious rituals, geographic factors, and domestic life. Understanding what people eat and how they cook provides a unique understanding of who they are and how traditions are passed from generation to generation.

Filled with fascinating details, this extraordinary book examines the history and traditions of meal patterns, eating customs, regional specialties, and distinctive methods of food preparation commonly used by more than 170 cultural groups around the world.

This volume includes:

- More than 100 regional maps
 - 55 sections covering more than 170 cultural groups
 - Up-to-date list of sources and references and a comprehensive index
 - Comprehensive glossaries of ingredients and dishes -from Firefly

A service of Science News Books

n April 1963, Richard P. Feynman gave a series of remarkable lectures at the University of Washington in Seattle. These three consecutive talks were classic Feynman—full of wit and wisdom—but their paperback subject matter was wholly unexpected: Feynman spoke not as a physicist but as a concerned fellow citizen, revealing his uncommon insights into the religious, political, and social issues of the day.

Now, at last, these lectures have been published under the collective title The Meaning of It All. Here is Feynman on mind reading, the laws of probability and statistics, Christian Science and the dubious effect of prayer on healing, and human interpersonal relationships. Here is the citizen-scientist on the dramatic effect simple engineering projects could have on the plague of poverty, the vital role creativity plays in science and religion, the efficacy of doubt and uncertainty in arriving at scientific truths, and the reasons that honest politicians can never be successful.

Many appreciate Feynman's contributions to 20th-century physics, and many

Books Now The Virtual Bookstore
400 Morris Ave., Long Branch, NJ 07740 Please send mecopy(ies) of <i>The Meaning of It All</i> . I include a check payable to Books Now for \$13.00 plus \$4.95 postage and handling for the first book (total \$17.95). Add \$2.50 for postage and handling for each additional book.
Name
Address

City

State

Daytime Phon

have read of his humorous antics, but until now, his human sensitive side has remained unknown. These remarkable lectures reveal for the first time the essential Feynman: reflective, amusing, and ever enlightening.

-from Perseus

ages

13.00

RICHARD P. FEYNMAN available in Thoughts of a Citizen-Scientist

> faster service! 1-800-266-5766

Order by phone for

Dept. 1494 Visa, MasterCard, or American Express

See our Web site at www.sciencenewsbooks.org

> A service of Science News Books

		Parama Paula 1000 122	
Zip		Perseus Books, 1998, 133 5" x 8", paperback, \$	
(used only for problems with order)	y 1330000		