# • First Glances at New Books

#### Nutrition

FOOD AND HEALTH—Henry C. Sherman-Macmillan, 296 p., \$2.50. In this book for the lay reader, an authority in nutrition presents the latest knowledge on this important subject and tells how this can be used by each individual to help in keeping himself healthy—not merely free from disease but in a state of "buoyant health." This highest state of health is attainable by adding proper eating habits to other good habits and to a good hereditary constitution, Dr. Sherman says. What constitutes proper eating habits and how they not only contribute to good health but also to a lengthening of life at its prime is set forth in simple, non-technical language.

Science News Letter, December 15, 1934

#### Astronomy

THE STARS FOR CHILDREN—Gaylord Johnson—Macmillan, 170 p., \$1.50. Guide to the stars and planets for children and for their parents who have to tell bundles of animated curiosity where the Big and Little Dippers are. Conversational style is used with much information supplied by the two characters Grandfather and Uncle Henry.

Science News Letter, December 15, 1934

## Communication

THE WORLD'S MESSENGERS—Hanson Hart Webster—Houghton Mifflin, 341 p., \$1.04. Children's book on communication in all its phases including: visual signals, radio, telephone, telegraph, newspapers and the mail. Many line drawings and photographs illustrate important points, while supplementary books are indicated at the end of each chapter.

Science News Letter, December 15, 1934

## Mineralogy

ORES AND INDUSTRY IN SOUTH AMERICA—H. Foster Bain and Thomas Thornton Read—Harper, 381 p., \$3.50. A valuable and readable guide to the riches of South America, written by two leading authorities on mining engineering and published for the Council on Foreign Relations as a part of its thorough and useful research into world

affairs. In addition to chapters devoted to particular countries, there are general discussions which are introductory and concluding chapters discussing the mineral resources, land and people, mine ownership and the future of the continent.

Science News Letter, December 15, 1934

## History of Science

THE ENDLESS QUEST, 3000 YEARS OF SCIENCE—F.W. Westaway—Blackie and Son, Ltd., London, 1080 p., 21s. Voluminous and comprehensive (one page for every three years) the chronological gantlet of science is run through fifty-five chapters. It is a useful book but Anglophile in its leanings. One looks in vain for references to such eminent American scientists as Gibbs, Agassiz, Cope and Marsh, while Sarton's illuminating work on the Middle Ages is not taken into account.

Science News Letter, December 15, 1934

#### Nutrition

NUTRITION—Margaret S. Chaney and Margaret Ahlborn—Houghton Mifflin, 436 p., \$3. A textbook for college students of home economics which stresses the relation of nutrition to health. A background of physiology and chemistry is assumed as a basis of the course for which this text is intended.

Science News Letter, December 15, 1934

## Astronomy

ASTRONOMICAL SOCIETY OF THE PACIFIC. LEAFLETS 1-50, Vol. 1—Commercial News Publishing Co., 206 p., \$2.25. Leaflets of the Astronomical Society of the Pacific (which originated from the cooperation of laymen and professional astronomers at the time of the sun's total eclipse visible in California in 1889) have been a useful service in the popularization of astronomy since they began to appear in 1925. Now there have been brought together into a compact volume the first fifty of these leaflets. This resulting volume will be an addition to any shelf of astronomical books.

Science News Letter, December 15, 1934

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### Biography

JÖNS JACOB BERZELIUS, AUTOBIO-GRAPHICAL NOTES—Trans. by Olof Larsell—Williams & Wilkins, 194 p., \$2.50. What any man thinks of his own life is interesting. What an outstanding figure in the development of the science of chemistry thinks about himself is doubly so. In this commendable translation from the Swedish, Berzelius is revealed not alone as a chemist but also as a physician, business man, teacher and politician. Few scientists today are so practically minded.

Science News Letter, December 15, 1934

## Electrical Engineering

PRACTICAL ELECTRICITY AND HOUSE WIRING—H. P. Richter—Frederick J. Drake, 183 p., \$1.50. Elementary book for students who wish to learn the basic principles of electricity in the home. The kind of a book all husbands need whose wives want new baseboard sockets installed or fuses in a hurry.

Science News Letter, December 15, 1934

### Biography

THORSTEIN VEBLEN AND HIS AMERICA—Joseph Dorfman—Viking Press, 556 p., \$3.75. The story of an amazing man and his and our amazing age, this is more than a biography and of no narrow sociological interest. Remember Technocracy? It was the somewhat misguided child of Veblen, the father. The tempestuous life of Veblen in its intellectual aspects is having an influence on economic action and thinking today.

Science News Letter, December 15, 1934

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