



FOOD FOR GERMS—Studies of the vitamin needs of the chick embryo and knowledge that the yolk sac keeps disease viruses nourished and growing led to an important cancer discovery.

research laboratory cannot, at present, do all of it. Part of it depends on the physicians, surgeons and radiologists who diagnose and treat the condition. The other, very large part of cancer-fighting must be done by lay men and women.

Discussing the effects of war on the fight against cancer, Dr. C. C. Little, managing director of the American Society for the Control of Cancer, has warned that "women all over the country must realize that in all probability cancer will continue to kill 10 to 50 times more of them each year than will the missiles delivered by the enemy from the sea, land and air combined."

Success in treating cancer by methods now available, in other words, the can-

cer patient's chance for recovery, depends on early diagnosis and treatment. A good many men and women now know this but do not take the vital step of consulting a doctor when symptoms of possible cancer first develop. In a recent study of patients entering the New Haven Hospital or Tumor Clinic, it was found that more than half delayed consulting their doctor for over a month because they did not think their symptoms serious enough.

This shows that the first battle in the war on cancer must still be fought on the home front. Preventing unnecessary sickness, keeping well or taking prompt

steps to get well quickly are important ways of helping win the military war. Remember, therefore, the danger signals of cancer: the lump or changed appearance of the breast; the unusual bleeding; the persistent indigestion; the sore that does not heal promptly; the mole or blemish on the skin that gets bigger or is frequently cut or rubbed. Consult your doctor promptly about any of these symptoms. Just because you and he are busier than ever is no reason for putting off the consultation over such symptoms, nor for putting off the annual or semi-annual medical examination that might detect cancer.

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PSYCHOLOGY

Specific Goal Needed

Achievement of peace requires more adequate study of psychology of Americans and other peoples. We need to see day by day pattern of life ahead.

► **INDIVIDUALISM**, the dominant trait of the American character today, as it was in Daniel Boone's time, is not enough by itself to see us through the present world conflict and help to build a post-war world fit to live in, Dr. Gardner Murphy, of the College of the City of New York, declared at the meeting of the American Orthopsychiatric Association in New York.

"The one thing that will carry us through now," he stated, "is a clear definition of the future to which we move. If our leaders cannot soon give us clearer and fuller objectives, we will have to make them up ourselves."

We must go beyond the Four Freedoms to a picture of the day by day pattern of our lives such that the life we see ahead is worth the cost, if we are to make the supreme sacrifices necessary to win the war and the peace.

"In every epoch of American history," Dr. Murphy reminded his audience, "men and women have been hard to budge, sure of themselves, until a direction was defined, a goal made clear. The issue in 1860 was a hodge podge of confusion. As one State after another seceded, the North hesitated. The one thing that carried the Union through those dark days of the Civil War was the simple and clear and ever repeated determination of Abraham Lincoln to save the Union no matter what the cost."

Analyzing the American character further to learn what can be expected of

us, Dr. Murphy said that we are individualists unwillingly turned into competitors who have also had grafted on our individualism a great deal of cooperativeness through clubs and social organizations, group work and democratically led camps and playgrounds.

Our American democracy is different from that of the Greeks, the Jews, the Dutch or other earlier organizers of democracy who were more community minded, Dr. Murphy pointed out. Most of us have only for an ideal the kind of democracy in which we struggle not for our individual selves but for a collective life shared by all. To act, however, as if that ideal were already among us in practice is, he said, unreal moralism which may do more harm than good.

The liberation of war energies among people such as we are, Dr. Murphy declared, is possible only by using an individualistic type of approach which shows clearly and constantly a type of world for which we as individuals are willing to make the supreme sacrifice. He concluded:

"The achievement of a peace in which not only safety but abundance of life will be made real is to a very large degree a question of more adequate study of our own psychology and that of other peoples."

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British soldiers are eating Idaho potatoes in North Africa.

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