



BLOOD—Donated to the Red Cross for the Army and Navy, it is whirled in this laboratory centrifuge at 2,500 revolutions per minute. This separates the plasma from red and white corpuscles.

PSYCHOLOGY

Mental Peace Needed

Armistice for hate and return from violence when the war ends is called as necessary for mental health as is cessation of hostilities.

➤ A RETURN from violence on the world's mental front will be necessary when the war finally ends, Dr. Raymond B. Fosdick, president of the Rockefeller Foundation, predicted in his annual report just issued.

"If, after the victory of the Allied powers, a psychiatrist could be called upon to prescribe for this sick world, he would undoubtedly say that it is as necessary to 'return from violence' on the mental front as it is to cease physical hostilities," Dr. Fosdick said. "The destructive war of the spirit must be stopped. There must be an armistice for hate. The world must slough off its mood of violence if it expects to have a rational, healthy future."

Spiritually this mental attitude of violence means emphasis upon antagonism rather than upon cooperation, and upon fear rather than faith, he explained. In-

tellectually it means that emotionalism takes the place of objectivity, and that propaganda is substituted for truth. In political and social life it means selfish partisanship instead of considerations of total interest, and the substitution of factional advantage for general welfare. In short, Dr. Fosdick said, the mental attitude of violence means the fragmentation of society, in which the whole is forgotten for its parts and the universal is lost in the partial.

"These tendencies, always present in human life, are augmented by the complicated structure of modern society," the report continued. "The size and scale of modern life have outrun man's experience, his patience and his capacity to understand. The complexity of the social and industrial order affords favorable opportunities for the concealment of injustice. Conscious of wrong, bewildered by

facts as well as propaganda, men slip into some segment of the total circle—some loyalty, however fragmentary, which seems to them intelligible. With distorted perspective their own special advantages and their small fraction of society become not parts of the whole, but the whole itself. They confuse love of freedom with their particular interest in freedom. To them whatever is justice for their faction is justice for all.

"When such a state of mind possesses a group, the employment of force as a means of gaining ends becomes a logical consequence.

"It is surely not too soon to discuss the problems of peace, which will prove even more difficult than the problems of war. Nor is it too soon to plan for the return from the mental attitude of violence and begin the formidable task which this about-face will involve. This is the task of the teachers, the philosophers, the clergy, the journalists, the statesmen, the poets, the novelists, the social scientists and all who search for universal values and totality of vision. Upon these men and women must rest the burden after the war for our mental disarmament, and for seeing that the welfare of mankind is not forgotten in the conflict of lesser loyalties."

Science News Letter, April 17, 1943

NUTRITION

Nutrition Foundation Further Protein Research

➤ RESEARCH on human requirements for the amino acids, which are building blocks of proteins in such foods as meat, milk, fish and eggs; on the problem of supplying suitable fats to the armed forces in all parts of the world; on food requirements in aviation and in desert warfare; and a search for varieties of common vegetables which contain the highest nourishing qualities are among the many studies sponsored by the Nutrition Foundation, Inc., in New York.

Progress in all of them is being made, Dr. Charles Glen King, scientific director, reported to the board of trustees of the Foundation which was organized just one year ago.

Grants totalling \$148,550 were authorized for the coming year, George A. Sloan, president of the Foundation, announced. During the year since its organization, he said, the Foundation has made research grants totalling \$316,000 to 40 universities.

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