

DEFENSE FOR NOCTURNAL TERRORS—Terrors of night haunt all anxious children. They feel better if they have their prized possessions at hand.

The boy's animals will keep watch for him during the night.

some cases, take it from a nursing bottle. Bedtime is one of the most important parts of the day. When it is possible to restore the ability to enjoy ten or more hours of unbroken sleep a long step has been taken toward calming the children's nervous strain, making them less anxious and less tense. For most of the children enter the school with a long history of insomnia and night terrors.

A bedtime snack helps to quiet the children down for the night. Then comes a story, during which some of the children drop off to sleep. But later there is a ritual which must be gone through by many of the youngsters. Some must arrange their clothing, some must count their animals, some must be tucked in in a special way. Nearly all have a special toy with which they must sleep, even the bigger boys and girls. No one laughs at them for it.

### **Learning Ability Necessary**

The treatment of a child is not considered completed until he can learn. He must be able, not only to succeed in the classroom, but to really want to learn on his own and to enjoy the classroom.

Most children enter the school with an active aversion to learning. This may be because of a fear of acquiring knowledge or a fear of competition and of being with other children. At the school, lessons are limited to not more than three and one-half hours in the classroom. There is no homework, no letter-writing or other outside assignments.

On the other hand much of the class time is spent in painting or drawing, in taking care of animals in the schoolrooms, and

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playing games when an assignment is finished. Every attempt is made to make learning pleasant and a satisfying experience to the child. He is permitted a good deal of choice in what he will learn, what books he will read.

Once the barriers against learning are overcome, the teachers at the school do not need to worry about the children. On the contrary, they have to be careful that they do not make too rapid progress and leave children of their age behind.

With small classes, individual attention and learning geared to the child's inclinations and abilities, most children easily make two or more years' academic progress in a single year's time.

Science News Letter, August 12, 1950

AGRICULTURE

# South's Land Will Rival Midwest's Loam

THE Deep South, land of cotton and tobacco, will some day be a competitor of the black loam belt of the Midwest in growing corn, hogs and cattle, a Department of Agriculture official predicted in Raleigh, N.C.

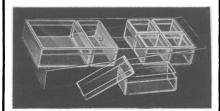
New knowledge of pasture crops and soils has brought profitable livestock enterprises to many areas of the South, Dr. Robert M. Salter, chief of the Bureau of Plant Industry, Soils and Agricultural Engineering, said at North Carolina College of Agriculture's annual farm and home week.

Boosts in the amount of feed crops able to be grown on Southern soils through scientific management, Dr. Salter reported, make feasible a livestock industry in the South three times its present size. This would mean the conversion to forage crops—clovers, grasses and legumes—of millions of acres of non-productive land, he said.

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