## Beginnings of Ether as Anesthetic

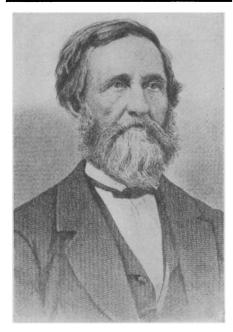
DR. LONG'S ORIGINAL PA-PER. Read before Georgia State Medical Society in 1852. Reprinted in Johns Hopkins Hospital Bulletin No. 78. Baltimore, 1896-97.

N the month of December, 1841, or January, 1842, the subject of the inhalation of nitrous oxide gas was introduced in a company of young men assembled at night in the village of Jefferson, Ga., and the party requested me to prepare them some. I informed them I had not the requisite apparatus for preparing or preserving the gas, but that I had an article (sul. ether) which would produce equally exhilarating effects and was as safe. The company were anxious to witness its effects, the ether was introduced and all present in turn inhaled. They were so much pleased with its effects that they afterwards frequently used it and induced others to do the same, and the practice soon became quite fashionable in the country and some of the contiguous counties.

On numerous occasions I inhaled ether for its exhilarating properties, and would frequently, at some short time subsequent to its inhalation, discover bruised or painful spots on my person which I had no recollection of causing and which I felt satisfied were received while under the influence of ether. I noticed my friends while etherized received falls and blows which I believed were sufficient to produce pain on a person not in a state of anæsthesia, and on questioning them they uniformly assured me that they did not feel the least pain from these accidents. Observing these facts I was led to believe that anæsthesia was produced by the inhalation of ether, and that its use would be applicable in surgical operations.

The first patient to whom I administered ether in a surgical operation was Mr. James M. Venable, who then resided within two miles of Jefferson, and at present lives in Cobb Co., Ga. Mr. Venable consulted me on several occasions in regard to the propriety of removing two small tumors situated on the back part of his neck, but would postpone from time to time having the operation performed, from dread of pain. At length I mentioned to him the fact of my receiving bruises while under the influence of the vapor of ether without suffering, and as I knew him

Dr. Crawford Long of Georgia discovered the anesthetic effects of ether while trying out its action as an intoxicant, but, recognizing the value of the properties he had found, he made, in 1842, a series of carefully controlled observations of its value in surgery. Due to his infrequent surgical cases and his determination to make certain of results that seemed too good to be true, the publication of these results, ten years later, came after the report from the Massachusetts General Hospital.



to be fond of and accustomed to inhale ether, I suggested to him the probability that the operations might be performed without pain, and proposed operating on him while under its influence. He consented to have one tumor removed, and the operation was performed the same evening. The ether was given to Mr. Venable on a towel, and when fully under its influence I extirpated the tumor.

It was encysted and about half an inch in diameter. The patient continued to inhale ether during the time of the operation, and when informed it was over, seemed incredulous until the tumor was shown him.

He gave no evidence of suffering during the operation, and assured me, after it was over, that he did not experience the least degree of pain from its performance. The operation was performed on the 30th March, 1842.

The second I performed on a patient etherized was on the 6th June, 1842, and was on the same person,

for the removal of the other small tumor. This operation required more time than the first, from the cyst of the tumor having formed adhesions to the adjoining parts.

The patient was insensible to pain during the operation until the last attachment of the cyst was separated, when he exhibited signs of slight suffering, but asserted after the operation was over that the sensation of pain was so slight as scarcefy to be perceived. In this operation the inhalation of ether ceased before the first incision was made. Since that time I have invariably desired patients, when practicable, to continue the inhalation during the time of the operation.

Having permitted such a length of time to elapse without making public my experiments in etherization, in order to show the correctness of my statements I procured the certificate of the patient on whom the first operation was performed, the certificate of two who were present at the time of the operation, and also those of his mother, brothers and sisters and a number of friends who heard him speak of the operations soon after they were performed. The Southern Medical and Surgical Journal contained but two of the certificates. I have a number of others which can be seen or read if desired by the Society. My third case was a negro boy who had a disease of a toe which rendered amputation necessary, and the operation was performed July 3rd, 1842, without the boy evincing the slightest sign of pain.

These were all the surgical operations performed by me during the year 1842 upon patients etherized, no other case occurring in which I believed the inhalation of ether applicable. Since '42 I have performed one or more surgical operations annually, on patients in a state of etherization.

I procured some certificates in regard to these operations, but not with the same particularity as in regard to the first operations, from the fact of my sole object in the publication being to establish my claim to priority of power of ether to produce anæsthesia. However, these certificates can be examined.

The reasons which influenced me in not publishing earlier are as follows: I was anxious. (turn to page 268)

## Morton's Work on Ether—Continued

considerable. Pulse at first 110, during sleep 96, afterwards 144; pupils dilated.

The next patient was a healthylooking, middle-aged woman, who inhaled the vapor for four minutes; in the course of the next two minutes a back tooth was extracted, and the patient continued smiling in her sleep for three minutes more. Pulse 120. not affected at the moment of the operation, but smaller during sleep. Upon coming to herself, she exclaimed that "it was beautiful-she dreamed of being at home-it seemed as if she had been gone a month." These cases, which occurred successively in about an hour, at the room of Dr. Morton, are fair examples of the average results produced by the inhalation of the vapor, and will convey an idea of the feelings and expressions of many of the patients subjected to the process. Dr. Morton states that in upwards of two hundred patients, similar effects have been produced. The inhalation, after the first irritation has subsided, is easy, and produces a complete unconsciousness at the expiration of a period varying from two to five or six, sometimes eight minutes; its duration varying from two to five minutes; during which the patient is completely insensible to the ordinary tests of pain. The pupils in the cases I have observed have been generally dilated; but with allowance for excitement and other disturbing influences, the pulse is not affected, at least in frequency; the patient remains in a calm and tranquil slumber, and wakes with a pleasurable feeling. The manifestation of consciousness or resistance I at first attributed to the reflex function, but I have since had cause to modify this view.

It is natural to inquire whether no accidents have attended the employment of a method so wide in its application, and so striking in its results. I have been unable to learn that any serious consequences have ensued. One or two robust patients have failed to be affected. I may mention as an early and unsuccessful case, its administration in an operation performed by Dr. Hayward, where an elderly woman was made to inhale the vapor for at least half an hour without effect. Though I was unable at the time to detect any imperfection in the process, I am inclined to believe that such existed. One woman became much excited, and required to

be confined to the chair. As this occurred to the same patient twice, and in no other case as far as I have been able to learn, it was evidently owing to a peculiar susceptibility. Very young subjects are affected with nausea and vomiting, and for this reason Dr. M. has refused to administer it to children . . . .

The process is obviously adapted to operations which are brief in their duration, whatever be their severity. Of these, the two most striking are, perhaps, amputations and the extraction of teeth. In protracted dissections, the pain of the first incision alone is of sufficient importance to induce its use; and it may hereafter prove safe to administer it for a length of time, and to produce a narcotism of an hour's duration. It is not unlikely to be applicable in cases requiring a suspension of muscular action; such

as the reduction of dislocations or of strangulated hernia; and finally it may be employed in the alleviation of functional pain, of muscular spasm, as in cramp and colic, and as a sedative or narcotic.

It is natural to inquire with whom this invention originated. Without entering into details, I learn that the patent bears the name of Dr. Charles T. Jackson, a distinguished chemist, and of Dr. Morton, a skilful dentist. of this city, as inventors—and has been issued to the latter gentleman as proprietor.

It has been considered desirable by the interested parties that the character of the agent employed by them, should not be at this time announced; but it may be stated that it has been known to these gentlemen who have had occasion to avail themselves of it.

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## Long's Paper—Continued

before making my publication, to try etherization in a sufficient number of cases to fully satisfy my mind that anæthesia was produced by the ether, and was not the effect of the imagination or owing to any peculiar insusceptibility to pain in the persons experimented on.

At the time I was experimenting with ether there were physicians high in authority and of justly distinguished character who were the advocates of mesmerism, and recommended the induction of the mesmeric state as adequate to prevent pain in surgical operations. Notwithstanding thus sanctioned I was an unbeliever in the science, and of the opinion that if the mesmeric state could be produced at all it was only on those of strong imaginations and weak minds, and was to be ascribed solely to the workings of the patient's imagination. Entertaining this opinion, I was the more particular in my experiments in etheri-

Surgical operations are not of frequent occurrence in a country practice, and especially in the practice of a young physician, yet I was fortunate enough to meet with two cases in which I could satisfactorily test the anæsthesia power of ether. From one of these patients I removed three tumors the same day; the inhalation of ether was used only in the second operation, and was effectual in preventing pain, while the patient suffered severely from the extirpation of

the other tumors. In the other case I amputated two fingers of a negro boy; the boy was etherized during one amputation and not during the other; he suffered from one operation and was insensible during the other.

After fully satisfying myself of the power of ether to produce anæsthesia, I was desirous of administering it in a severer surgical operation than any I had performed. In my practice, prior to the published account of the use of ether as an anæsthetic, I had no opportunity of experimenting with it in a capital operation, my cases being confined, with one exception, to the extirpation of small tumors and the amputation of fingers and toes.

While cautiously experimenting with ether, as cases occurred, with the view of fully testing its anæsthetic powers and its applicability to severe as well as minor surgical operations, others more favorably situated engaged in similar experiments and consequently the publication of etherization did not "bide my time."

I know that I deferred the publication too long to receive any honor from the priority of discovery, but having by the persuasion of my friends presented my claim before the profession, I prefer that its correctness be fully investigated before the Medical Society. Should the society say that the claim, though well founded, is forfeited by not being presented earlier, I will cheerfuly respond, so mote it be.

Science News-Letter, April 26, 1930