

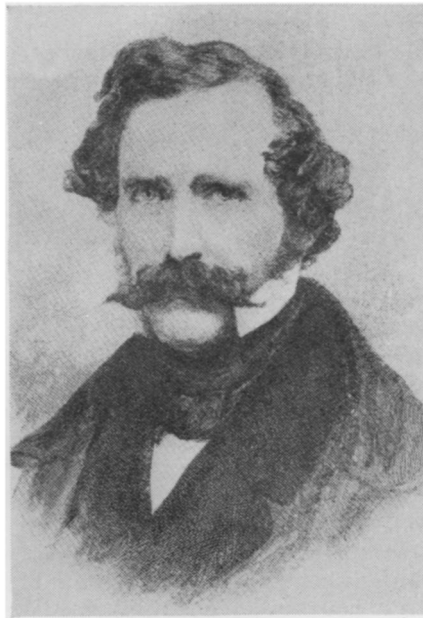
## — Two Classics of Science

*INSENSIBILITY DURING SURGICAL OPERATIONS PRODUCED BY INHALATION. Read before the Boston Society of Medical Improvement, November 9, 1846, an abstract having been previously read before the American Academy of Arts and Sciences, November 3, 1846. By Henry Jacob Bigelow, M. D., one of the Surgeons of the Massachusetts General Hospital. In the Boston Medical and Surgical Journal Vol. XXXV, No. 16. Wednesday, November 16, 1846.*

IT has long been an important problem in medical science to devise some method of mitigating the pain of surgical operations. An efficient agent for this purpose has at length been discovered. A patient has been rendered completely insensible during an amputation of the thigh, regaining consciousness after a short interval. Other severe operations have been performed without the knowledge of the patients. So remarkable an occurrence will, it is believed, render the following details relating to the history and character of the process, not uninteresting.

On the 16th of October, 1846, an operation was performed at the hospital, upon a patient who had inhaled a preparation administered by Dr. Morton, a dentist of this city, with the alleged intention of producing insensibility to pain. Dr. Morton was understood to have extracted teeth under similar circumstances, without the knowledge of the patient. The present operation was performed by Dr. Warren, and though comparatively slight, involved an incision near the lower jaw of some inches in extent. During the operation the patient muttered, as in a semi-conscious state, and afterwards stated that the pain was considerable, though mitigated; in his own words, as though the skin had been scratched with a hoe. There was, probably, in this instance, some defect in the process of inhalation, for on the following day the vapor was administered to another patient with complete success. A fatty tumor of considerable size was removed, by Dr. Hayward, from the arm of a woman near the deltoid muscle. The operation lasted four or five minutes, during which time the patient betrayed occasional marks of uneasiness; but upon subsequently regaining her consciousness, professed not only to have

Scientific discoveries never come singly. The North and the South share honors in the American discovery that inhalation of ether makes one insensible to pain. Dr. Morton, a New England dentist, in 1846 persuaded surgeons of the Massachusetts General Hospital to try out his method of deadening pain. They were so impressed with the new boon to the human race that one of them reported the results to his colleagues and published the account in a scientific journal.



felt no pain, but to have been insensible to surrounding objects, to have known nothing of the operation, being only uneasy about a child left at home. No doubt, I think, existed, in the minds of those who saw this operation, that the unconsciousness was real; nor could the imagination be accused of any share in the production of these remarkable phenomena. . . .

It remains briefly to describe the process of inhalation by the new method, and to state some of its effects. A small two-necked glass globe contains the prepared vapor, together with sponges to enlarge the evaporating surface. One aperture admits the air to the interior of the globe, whence, charged with vapor, it is drawn through the second into the lungs. The inspired air thus passes through the bottle, but the expiration is diverted by a valve in the mouth piece, and escaping into the apartment is thus prevented from vitiating the medicated vapor. A few of the ope-

rations in dentistry, in which the preparation has as yet been chiefly applied, have come under my observation. The remarks of the patients will convey an idea of their sensations.

A boy of 16, of medium stature and strength, was seated in the chair. The first few inhalations occasioned a quick cough, which afterwards subsided; at the end of eight minutes the head fell back, and the arms dropped, but owing to some resistance in opening the mouth, the tooth could not be reached before he awoke. He again inhaled for two minutes, and slept three minutes, during which time the tooth, an inferior molar, was extracted. At the moment of extraction the features assumed an expression of pain, and the hand was raised. Upon coming to himself he said he had had a "first-rate dream—very quiet," he said, "and had dreamed of Napoleon—had not the slightest consciousness of pain—the time had seemed long"; and he left the chair, feeling no uneasiness of any kind, and evidently in a high state of admiration. The pupils were dilated during the state of unconsciousness, and the pulse rose from 130 to 142.

A girl of 16 immediately occupied the chair. After coughing a little, she inhaled during three minutes, and fell asleep, when a molar tooth was extracted, after which she continued to slumber tranquilly during three minutes more. At the moment when force was applied she flinched and frowned, raising her hand to her mouth, but said she had been dreaming a pleasant dream and knew nothing of the operation.

A stout boy of 12, at the first inspiration coughed considerably, and required a good deal of encouragement to induce him to go on. At the end of three minutes from the first fair inhalation, the muscles were relaxed and the pupil dilated. During the attempt to force open the mouth he recovered his consciousness, and again inhaled during two minutes, and in the ensuing one minute two teeth were extracted, the patient seeming somewhat conscious, but upon actually awaking he declared "it was the best fun he ever saw," avowed his intention to come there again, and insisted upon having another tooth extracted upon the spot. A splinter which had been left, afforded an opportunity of complying with his wish, but the pain proved to be (*Turn to next page*)

## Morton's Work on Ether—Continued

considerable. Pulse at first 110, during sleep 96, afterwards 144; pupils dilated.

The next patient was a healthy-looking, middle-aged woman, who inhaled the vapor for four minutes; in the course of the next two minutes a back tooth was extracted, and the patient continued smiling in her sleep for three minutes more. Pulse 120, not affected at the moment of the operation, but smaller during sleep. Upon coming to herself, she exclaimed that "it was beautiful—she dreamed of being at home—it seemed as if she had been gone a month." These cases, which occurred successively in about an hour, at the room of Dr. Morton, are fair examples of the average results produced by the inhalation of the vapor, and will convey an idea of the feelings and expressions of many of the patients subjected to the process. Dr. Morton states that in upwards of two hundred patients, similar effects have been produced. The inhalation, after the first irritation has subsided, is easy, and produces a complete unconsciousness at the expiration of a period varying from two to five or six, sometimes eight minutes; its duration varying from two to five minutes; during which the patient is completely insensible to the ordinary tests of pain. The pupils in the cases I have observed have been generally dilated; but with allowance for excitement and other disturbing influences, the pulse is not affected, at least in frequency; the patient remains in a calm and tranquil slumber, and wakes with a pleasurable feeling. The manifestation of consciousness or resistance I at first attributed to the reflex function, but I have since had cause to modify this view.

It is natural to inquire whether no accidents have attended the employment of a method so wide in its application, and so striking in its results. I have been unable to learn that any serious consequences have ensued. One or two robust patients have failed to be affected. I may mention as an early and unsuccessful case, its administration in an operation performed by Dr. Hayward, where an elderly woman was made to inhale the vapor for at least half an hour without effect. Though I was unable at the time to detect any imperfection in the process, I am inclined to believe that such existed. One woman became much excited, and required to

be confined to the chair. As this occurred to the same patient twice, and in no other case as far as I have been able to learn, it was evidently owing to a peculiar susceptibility. Very young subjects are affected with nausea and vomiting, and for this reason Dr. M. has refused to administer it to children . . . .

The process is obviously adapted to operations which are brief in their duration, whatever be their severity. Of these, the two most striking are, perhaps, amputations and the extraction of teeth. In protracted dissections, the pain of the first incision alone is of sufficient importance to induce its use; and it may hereafter prove safe to administer it for a length of time, and to produce a narcotism of an hour's duration. It is not unlikely to be applicable in cases requiring a suspension of muscular action; such

as the reduction of dislocations or of strangulated hernia; and finally it may be employed in the alleviation of functional pain, of muscular spasm, as in cramp and colic, and as a sedative or narcotic.

It is natural to inquire with whom this invention originated. Without entering into details, I learn that the patent bears the name of Dr. Charles T. Jackson, a distinguished chemist, and of Dr. Morton, a skilful dentist, of this city, as inventors—and has been issued to the latter gentleman as proprietor.

It has been considered desirable by the interested parties that the character of the agent employed by them, should not be at this time announced; but it may be stated that it has been known to these gentlemen who have had occasion to avail themselves of it.

*Science News-Letter, April 26, 1930*

## Long's Paper—Continued

before making my publication, to try etherization in a sufficient number of cases to fully satisfy my mind that anæsthesia was produced by the ether, and was not the effect of the imagination or owing to any peculiar insusceptibility to pain in the persons experimented on.

At the time I was experimenting with ether there were physicians high in authority and of justly distinguished character who were the advocates of mesmerism, and recommended the induction of the *mesmeric state* as adequate to prevent pain in surgical operations. Notwithstanding thus sanctioned I was an unbeliever in the science, and of the opinion that if the mesmeric state could be produced at all it was only on those of strong imaginations and weak minds, and was to be ascribed solely to the workings of the patient's imagination. Entertaining this opinion, I was the more particular in my experiments in etherization.

Surgical operations are not of frequent occurrence in a country practice, and especially in the practice of a young physician, yet I was fortunate enough to meet with two cases in which I could satisfactorily test the anæsthesia power of ether. From one of these patients I removed three tumors the same day; the inhalation of ether was used only in the second operation, and was effectual in preventing pain, while the patient suffered severely from the extirpation of

the other tumors. In the other case I amputated two fingers of a negro boy; the boy was etherized during one amputation and not during the other; he suffered from one operation and was insensible during the other.

After fully satisfying myself of the power of ether to produce anæsthesia, I was desirous of administering it in a severer surgical operation than any I had performed. In my practice, prior to the published account of the use of ether as an anæsthetic, I had no opportunity of experimenting with it in a capital operation, my cases being confined, with one exception, to the extirpation of small tumors and the amputation of fingers and toes.

While cautiously experimenting with ether, as cases occurred, with the view of fully testing its anæsthetic powers and its applicability to severe as well as minor surgical operations, others more favorably situated engaged in similar experiments and consequently the publication of etherization did not "bide my time."

I know that I deferred the publication too long to receive any honor from the priority of discovery, but having by the persuasion of my friends presented my claim before the profession, I prefer that its correctness be fully investigated before the Medical Society. Should the society say that the claim, though well founded, is forfeited by not being presented earlier, I will cheerfully respond, so mote it be.

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